



Increasing Access to Healthcare and Healthy Foods Working Group

HITEC Center, Family Health Centers of San Diego

5160 Federal Blvd. San Diego, CA 92105

Oct. 19, 2017, 3-5 p.m.

Meeting Notes

In Attendance: Harder + Co, San Diego Promise Zone, AmeriCorps VISTA, San Diego County HHSA, Home Start, Project New Village, Family Health Centers SD, San Ysidro Health Center, National Conflict Resolution Center (NCRC)

Welcome and Introductions

Co-Chair Tina Emmerick called meeting together. Group members discussed something they do for their personal health.

Announcements

The City will host an informational meeting for partners interested in USDA Community Food Projects Grants.

Review of Working Group Meeting No. 6 - September

The September meeting primarily focused on Subgoal B of the logic model. Changes have been made in activities, and the logic model was reformatted to list partners specifically serving individual action items.

The group discussed bike rack items, such as reviewing impactful food system policies and grant education resources and assigning tasks to members. Partners from other groups will be invited to speak about key cross-sections such as education- and job-focused health initiatives.

Logic Model Draft Review

Subgoal 6a: Build resident capacity and leadership through the creation of healthy foods choices and accessible food system that can be seen and experienced in a transformed, built environment. Reduce rates of chronic disease by leveraging AB551 to grow urban farming.

Suggestions:

- Engagement:
 - The group is going to look to include the Diamond Business Improvement District because it focuses a lot on healthy food retail policies.
 - Community planning meetings will also be a good resource for Activity 5 under this subgoal for engaging families and planning community gardens

Questions/Action Items:

- Group will reach out to San Diego Unified School District, and the City's Department of Environmental Health Services to discuss land use policies and certified food access points.
- Faith-based organizations and restaurant associations will also be looked into as a potential resources for engagement.

Subgoal 6b: Champion practices and policies that promote a healthy food system (e.g., land use policies for healthy retail/urban agriculture/active transportation). Utilize City Capital Improvements Program projects and other local initiatives to prioritize infrastructure spending within the San Diego Promise Zone (SDPZ).

Suggestions:

- The group reviewed Subgoal B quickly and agreed to leave the changes made last month.

Subgoal 6c: Improve residents' health through access to healthcare insurance, access to mental health services, access to appropriate care and support of continuum of care. Outreach and enrollment coordinators will distribute information and offer free application assistance in health clinics located in the SDPZ.

Suggestions:

- Activity 1: Define the SDPZ resident health coverage status (including mental health)
 - Community health statistics will need to work to get community data down to the SDPZ level. The group may look at ZIP code data that is available to ensure capturing all health clinics that serve SDPZ residents.
- Activity 2: Outreach to SDPZ residents and educate on healthcare enrollment options
 - Health centers should already be educating patients on health care enrollment options, funding for health centers was supported during economic downturn.
 - Because of grants regarding enrollment outreach requiring feedback from awarded institutions, we can easily gather data on how many people are newly enrolled.
 - Every individual clinic has the percentage of its clinic area that is covered by healthcare.
- Activity 3: Support SDPZ residents' ability to maintain healthcare coverage
 - The group will need to review the output number of patients renewing their health insurance as it exceeds the SDPZ population numbers.
 - This activity will be combined into Activity 2.
- Activity 4: Capture data related to the number of application assistance sessions provided and the number of successful enrollments achieved
 - Application assistance sessions will also be combined into Activity 2 as an output measurement of the activity.
- Activity 5: Foster and enhance connections between health providers, schools and community groups to promote consistent messaging on disease prevention and access to care
 - Group will add in messaging for stigma reduction of mental health, HIV and other

physical health conditions.

- Appropriate care is related to knowing when to go in for checkups and when to go to a primary care provider instead of the ER, and working to reduce no shows.
- May want to move consistent messaging and really focus on collaboration and leveraging
- Questions/Action Items:
 - How many access points are in the zone? SDPZ will work with San Diego County to get a number.
 - Can residents get physical care and mental health services in the same place?
 - Do specialists need to be accessed outside the zone?
 - Is there anything we can do in 10 years as far as access to appropriate care? Can we find providers to staff up systems and existing health sites?

Subgoal 6d: Increase community supports and opportunities for physical activity (active living) (NEW)

Suggestions:

- Phrasing:
 - Change phrasing to “Increase community supports and opportunities for active living”
 - Physical activity will be captured in active living
- Active transportation:
 - Active transportation is walking or biking to where you need to go. Under a mile is considered easily walkable; 3-5 miles is considered easily bikeable for abled bodied persons.
 - The group will need to engage transportation for promotions of public transport.
 - The Creating a Priority of Safety Working Group will be an important addition to the conversation around infrastructure leading to more active transportation. Walkability scoring is a huge cross thread.
 - The SDPZ will connect with the City's Sustainability team to get information on its transportation initiatives as well to see if any of our partners can support them.
- Questions/Action Items:
 - The group will keep these activities on the back burner until the SDPZ is more established but will keep their eyes open for possible funding opportunities that could further these efforts.

Updates

Fiscal Mapping:

- Announcement/Rationale: Fiscal mapping will be sent out to each partner organization to identify potential opportunities for technical assistance and partnerships on future grant applications.
- Feedback: Group was responsive and looked forward to technical assistance opportunities.

All Partner Meeting and Grant Workshop

- The next All Partner Meeting will be held in late January in tandem with a grantwriting and grant-alignment workshop to address working group members' desires for easier collaboration.

Next Steps and Closing

At the next meeting, the group will look over the outcomes and outputs more closely now that activities have been identified. The December meeting will be cancelled.

Next Meeting Date:

HITEC Center, Family Health Centers of San Diego

Nov. 16, 2017, 3-5 p.m.