Get Involved

By getting involved with your local organizations, you may have a better idea of how to properly prepare.

Community Emergency Response Teams (CERT)
CERT San Diego team members learn to take life-saving action to help families, neighbors, and businesses get through the first few hours or days after an emergency.
San diego.gov/fire/services/cert/

San Diego Police Department
Volunteer with the San Diego Police Department’s Retired Senior Volunteer Patrol (RSVP), Volunteers in Policing (VIP), or Crisis Intervention team to keep neighborhoods safe.
San diego.gov/police/recruiting/volunteer.shtml

InfraGard San Diego
The InfraGard San Diego Members Alliance assists in mitigating criminal- and terrorist-based threats and losses, providing a “force multiplier” for the FBI and DHS.
infragardsd.org

Resources
For more information on preparing for an emergency, visit these sites:

- The City of San Diego
  Office of Homeland Security
  Sandiego.gov/ohs

- Discover hazards in your area
  Myhazards.caloes.ca.gov/

- Know your level of wildfire hazard
  Readysandiego.org/wildfire-hazard-map

- California Office of Emergency Services
  Caloes.ca.gov

- Wireless Emergency Alerts
  Calalerts.org

- FEMA preparedness resources
  Ready.gov

- NOAA National Weather Service Watches and Warnings
  Wrh.noaa.gov/sgx

- American Red Cross preparedness resources:
  PrepareSanDiego.org

Social Media:
Facebook.com/cityofsandiego
Twitter.com/cityofsandiego

Be Prepared
It’s important to be prepared to deal with emergencies and disasters of various types, and to take action.

By following the steps included in this guide, you can ensure that your family and your community are well prepared when disasters strike.

The City of San Diego

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Alternative formats available
Your family may not be together when a disaster strikes, so it’s important to develop a Family Disaster Plan in advance. Consider:

- How will you contact one another?
- How will you get back together?
- Do you have an out-of-state contact to coordinate with if local lines are busy?
- What will you do in different situations?

**Plan an evacuation route**

Choose two places to meet after a disaster:

1. Right outside your home, in case of a sudden emergency, such as a fire.
2. Outside your neighborhood, in case you cannot return home or are asked to evacuate your neighborhood, such as a library or community center.

**Know where to get emergency information:**

Register your cellphone and email with Alert San Diego
sandiego.gov/ohs/stayinformed

Get County-wide emergency information and download the San Diego Emergency App
sdcountyemergency.com

Listen to KOGO 600 AM and KLSD 1360 AM radio stations

Dial 2-1-1 for more regional resources

Follow @CityofSanDiego on Twitter

Visit SanDiego.gov

Watch CityTV on Channel 24 (Cox/Time Warner) or 99 (AT&T)

Watch local news for official press conferences

**Make A Plan**

**Build A Kit**

Everyone should have some basic supplies on hand in order to survive for **at least three days** after an emergency occurs.

**Your kit should include at minimum:**

- Water: 1 gallon per person per day
- Food: 3 day supply of non-perishables
- Radio and extra batteries (or a hand-crank powered radio)
- Flashlight and extra batteries
- First aid kit
- Whistle to signal for help
- Dust masks
- Moist towelettes and garbage bags for sanitation
- Wrench or pliers to turn off utilities
- Local maps
- Medications
- Pet supplies
- Copies of important documents

**Be Informed**

For more information on how to make a plan, go to:
ready.gov/make-a-plan

For more information on how to build a kit, go to:

For more information on how to be informed, go to:

saniego.gov/ohs/stayinformed

sdcountyemergency.com

SanDiego.gov