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Get Involved

By getting involved with your local organizations, you may have a better idea of how to properly prepare.

Community Emergency Response Teams (CERT)

CERT San Diego team members learn to take life-saving action to help families, neighbors, and businesses get through the first few hours or days after an emergency.

[Sandiego.gov/fire/services/cert/](http://sandiego.gov/fire/services/cert/)

San Diego Police Department

Volunteer with the San Diego Police Department's Retired Senior Volunteer Patrol (RSVP), Volunteers in Policing (VIP), or Crisis Intervention team to keep neighborhoods safe.

[Sandiego.gov/police/recruiting/volunteer.shtml](http://sandiego.gov/police/recruiting/volunteer.shtml)

InfraGard San Diego

The InfraGard San Diego Members Alliance assists in mitigating criminal- and terrorist-based threats and losses, providing a "force multiplier" for the FBI and DHS.

infragardsd.org



Resources

For more information on preparing for an emergency, visit these sites:

The City of San Diego
Office of Homeland Security
[Sandiego.gov/ohs](http://sandiego.gov/ohs)

Discover hazards in your area
[Myhazards.caloes.ca.gov/](http://myhazards.caloes.ca.gov/)

Know your level of wildfire hazard
[Readysandiego.org/wildfire-hazard-map](http://readysandiego.org/wildfire-hazard-map)

California Office of Emergency Services
[Caloes.ca.gov](http://caloes.ca.gov)

Wireless Emergency Alerts
[Calalerts.org](http://calalerts.org)

FEMA preparedness resources
[Ready.gov](http://ready.gov)

NOAA National Weather Service Watches and Warnings
[Wrh.noaa.gov/sgx](http://wrh.noaa.gov/sgx)

American Red Cross preparedness resources:
[PrepareSandiego.org](http://prepareSandiego.org)

Social Media:
[Facebook.com/cityofsandiego](https://www.facebook.com/cityofsandiego)
[Twitter.com/cityofsandiego](https://twitter.com/cityofsandiego)

Be Prepared



It's important to be prepared to deal with emergencies and disasters of various types, and to take action.

By following the steps included in this guide, you can ensure that your family and your community are well prepared when disasters strike.

The City of
SAN DIEGO

1

Make A Plan

Your family may not be together when a disaster strikes, so it's important to develop a Family Disaster Plan in advance. Consider:

- How will you contact one another?
- How will you get back together?
- Do you have an out-of-state contact to coordinate with if local lines are busy?
- What will you do in different situations?

Plan an evacuation route

Choose two places to meet after a disaster:

1. Right outside your home, in case of a sudden emergency, such as a fire.
2. Outside your neighborhood, in case you cannot return home or are asked to evacuate your neighborhood, such as a library or community center.



For more information on how to make a plan, go to: [ready.gov/make-a-plan](https://www.ready.gov/make-a-plan)

2

Build A Kit

Everyone should have some basic supplies on hand in order to survive for **at least three days** after an emergency occurs.



Your kit should include at minimum:

- ✓ Water: 1 gallon per person per day
- ✓ Food: 3 day supply of non-perishables
- ✓ Radio and extra batteries (or a hand-crank powered radio)
- ✓ Flashlight and extra batteries
- ✓ First aid kit
- ✓ Whistle to signal for help
- ✓ Dust masks
- ✓ Moist towelettes and garbage bags for sanitation
- ✓ Wrench or pliers to turn off utilities
- ✓ Local maps
- ✓ Medications
- ✓ Pet supplies
- ✓ Copies of important documents

3

Be Informed

Know where to get emergency information:

Register your cellphone and email with **Alert San Diego**
sandiego.gov/ohs/stayinformed

Get County-wide emergency information and download the San Diego Emergency App
sdcountyemergency.com

Listen to **KOGO 600 AM** and **KLSD 1360 AM** radio stations

Dial 2-1-1 for more regional resources

Follow [@CityofSanDiego](https://twitter.com/CityofSanDiego) on Twitter

Visit SanDiego.gov

Watch **CityTV** on **Channel 24** (Cox/Time Warner) or **99** (AT&T)

Watch local news for official press conferences

