

**SAN DIEGO POLICE DEPARTMENT  
ORDER**

**DATE/TIME:** JUNE 1, 2020 1845 HRS  
**NUMBER:** OR 20-22  
**SUBJECT:** MORATORIUM ON THE APPLICATION OF THE CAROTID  
RESTRAINT  
**COST CENTER:** 1914000001  
**SCOPE:** ALL MEMBERS OF THE DEPARTMENT  
**DEPARTMENT PROCEDURE AFFECTED:** [1.04](#), [1.08](#)

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Effective immediately, all Department members shall cease the application of the carotid restraint. Department members are trained to use force to overcome resistance and shall continue to use the appropriate level of force, when necessary. De-escalation shall always be the first technique used, whenever possible.

If you have any questions, please contact Lt. Shawn Takeuchi at [Stakeuchi@pd.sandiego.gov](mailto:Stakeuchi@pd.sandiego.gov).

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Please read at squad conferences and give a copy to all personnel.