

**SAN DIEGO POLICE DEPARTMENT  
ORDER**

**DATE/TIME:** JUNE 17, 2020 1715 HRS  
**NUMBER:** OR 20-25  
**SUBJECT:** PROHIBITION ON APPLICATION OF THE CAROTID  
RESTRAINT  
**COST CENTER:** 1914000001  
**SCOPE:** ALL MEMBERS OF THE DEPARTMENT  
**DEPARTMENT PROCEDURE AFFECTED:** [1.04](#), [1.08](#)

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Effective immediately, all sworn Department members shall cease the application of the carotid restraint. This Order reflects a permanent change to the Department's use of force options. Department members are trained to use force to overcome resistance and shall continue to use the appropriate level of force, when necessary. De-escalation shall always be the first technique used, whenever possible.

Department Procedure 1.08 has been rescinded and Department Policy 1.04 will be modified to reflect these changes.

This Order supersedes Department Order 20-22, issued on June 1, 2020.

If you have any questions, please contact Sgt. Mike Belz at [Mbelz@pd.sandiego.gov](mailto:Mbelz@pd.sandiego.gov).

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Please read at squad conferences and give a copy to all personnel.