

Pacific Highlands Ranch Recreation Center
5977 Village Center Loop Road, San Diego, CA 92130
(858) 538-8184 **www.sandiego.gov**

Fall 2023

Holiday Closures:

September 4, 2023 for Labor Day
November 11, 2023 for Veteran's Day
November 24, 2023 for Thanksgiving

Hours of Operation:

Monday:	10am to 8pm
Tuesday:	9am to 8pm
Wednesday:	9am to 9pm
Thursday:	9am to 8pm
Friday:	9am to 7pm
Saturday:	9am to 3pm
Sunday:	Closed

Hours subject to change with
little to no notice.

"To provide healthy,
sustainable, and enriching
environments for all."

Pacific Highlands Ranch Parks

Facilities

Pacific Highlands Ranch Recreation Center is a City of San Diego Parks and Recreation facility and is free and open to the public during designated hours. Amenities include:

- Pump Track
- Indoor multipurpose courts
- Skate Plaza
- Multipurpose meeting rooms
- Playground
- Large and Small Dog Parks
- Outdoor Table Tennis
- Covered picnic areas with barbeques
- Outdoor basketball courts
- Multipurpose fields
- Joint Use
- Outdoor Fitness Stations

PARK RULES

- No Glass bottles or containers
- No Balloons (helium or other)
- No Styrofoam
- No Golfing
- No Littering
- No Smoking
- Dogs must be on leash at all times
- No overnight camping or parking

AED (AUTOMATIC EXTERNAL DEFIBRILLATOR)

An AED is located inside the Recreation Center lobby.

Pacific Highlands Ranch Parks

Del Sur Neighborhood Park

15820 Paseo Montenero

San Diego, CA 92127

Solana Ranch Park

13605 Pacific Highlands Ranch Pkwy

San Diego, CA 92130

South Village Neighborhood Park

14756 Via Azul

San Diego, CA 92127

Torrey Del Mar Neighborhood Park

7693 McGonigle Terrace

San Diego, CA 92130

Torrey Meadows Neighborhood Park

13499 Torrey Meadows Dr

San Diego, CA 92129

PARK USE INFORMATION

City of San Diego staff issues Park Use Permits for the above listed areas for activities including, but not limited to, sports field use, gazebo reservations, party jumpers, special events, outdoor fitness classes, personal trainers, tour guides, sports groups, dog classes, practices, and shows. All commercial and non-profit entities that charge participants for their service must submit a permit application and pay the Opportunity Fund Fee and any additional applicable park use fee.

Please contact the Pacific Highlands Ranch Recreation Center office at 858-538-8184 for availability and more information.

Pacific Highlands Ranch Community Recreation Group:

The Pacific Highlands Ranch Community Recreation Group is a group of concerned citizens who advise the Parks and Recreation staff on community matters. Meetings are open to the public and your participation is encouraged. The Pacific Highlands Ranch Recreation Group meets quarterly on the first Tuesday of March, June, September and December at 7:00pm

Where to Start/Get Involved!

Registration for Fall 2023 Classes begins on August 19 2023 at 10am.

Steps to Register for Classes

Log on at www.SDRecConnect.com.

First Time Customers:

1. Click "Create an Account".
2. Fill out "New Account Request" form completely for the primary responsible person, including all required fields
3. Click Submit (or Submit and Add Family Member to add family members). Upon completion, an email will be sent to the email address provided.
4. Check your email for a confirmation message with a special first-time activation link. You will not be able to use your new account until you've used this special link. Note: it's possible this email will go to your "spam" folder, so check carefully. To avoid duplication, be sure to let others in your household know you've set up the account.

Returning Customers:

1. Click the "Sign In" or "My Account" button.
2. Enter your login (email address) and password.

PROCESSING FEES ARE INCLUDED

All registration and reservation fees include a non-refundable 3.56% processing fee.

RECREATIONAL PROGRAMS REFUND AND TRANSFER POLICY

Written refund applications must be submitted, using the Application for Miscellaneous Refund Form (COM-6), in person at the facility where the program occurs. Refunds will be processed in accordance with the following policy:

1) Refund Policy Exclusions:

- **A 3.56% processing fee will be deducted from all refunds**
- No refund or transfer for non-attendance at any class
- No credits to account
- No refunds for costumes or equipment
- Activity fees less than \$10.00 will not be refunded

2) Classes: Refund is based on the date that the written application is submitted.

- 96.5% refund – 3 or more calendar days prior to the first day of the class
- 75% refund – less than 3 calendar days prior to the first day of class
- No refund for requests submitted more than 24 hours after the first day of class

3) Camps: Refund is based on the date that the written application is submitted.

- 96.5% refund – 10 or more calendar days prior to the first day of camp
- 50% refund – less than 10 calendar days prior to the first day of camp
- No refund or transfer for requests less than 48 hours prior to the first day of camp

**For more information, refer to the complete Recreational Programs Refund and Transfer Policy attached to all receipts.*

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(858) 538 - 8184 www.sandiego.gov

Fall 2023

Fall Break Camp

November 20 to 22

9:00am to 12:00pm

Ages 6 to 12

\$50

Join us for a half day spring break camp filled with games, crafts and fun activities. Please bring a water bottle, snack and sunscreen.

Register on www.SDRecConnect.com using code #109468

Contact the Recreation Center for more information 858-538-8184

The City of San Diego is committed to providing an equitable and inclusive environment for all individuals. Consistent with these principles and applicable laws, it is the City's policy not to discriminate on the basis of any protected classification, including age, ancestry, color, creed, physical or mental disability, gender, gender identity, gender expression, genetic information, marital status, medical condition, veteran or military status, national origin, pregnancy (including childbirth, breastfeeding, or related medical conditions), religion, religious beliefs or observance, religious creed, sex, sex stereotype, sexual orientation, transgender status or transitioning, or any other classification protected by federal, state, or local law (including being perceived or regarded as or associated with any protected classification). If anyone believes they have been discriminated against, they may file a complaint alleging the discrimination with either the City of San Diego, Parks and Recreation Department District Manager at 619-235-1133, or the California Department of Fair Employment and Housing (DFEH) at (800)884-1684. This information is available in alternative formats upon request.

Staff Led Programs

Register on SDRecConnect.com by searching the 6 digit Registration Code.
City Staff members are background checked and CPR/First Aid Certified.



Toddler Time

Tuesdays: 9:30am-11:30am
Ages 0-5 years \$10 per month

September 5, 12, 29, 26: #108891
October 3, 10, 17, 24: #108892
October 31, November 7, 14, 28: #109270



Toddlers will have the opportunity to engage in social activities with children of their age. Participants will enjoy developmentally appropriate active play, building blocks, books, and many more fun activities. **Caretakers must be present at all times.**



Little Artists

Wednesdays: 9:15am-10:00am
Ages 3-5 years \$10 per month

September 6, 13, 20, 27: #108889
October 4, 11, 18, 25: #108890
November 1, 8, 15, 29: #109271



Toddlers will have a blast creating fun art projects each week. Projects will use a variety of different types of mixed media and be the perfect addition to your fridge. **Caretakers must supervise their toddler at all times. Younger siblings are allowed to accompany caretaker so toddler can attend class.**



Story Time

Fridays: 9:15am-10:00am
Ages 3-5 years FREE

September 1, 15, 29: #109287
October 13, 20: #109288
November 3, 17: #109289



Toddlers are invited to participate in Story Time and activities. Age appropriate stories will be told by enthusiastic staff while participants play games or work on an activity. Activities will use a variety of mediums each meeting. **Caretakers must be present at all times.**

Staff Led Programs

Register on [SDRecConnect.com](https://sdrecconnect.com) by searching the 6 digit Registration Code.
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Intro to Mahjong

Fridays: \$10 per session



Ages 6-12 years

4:45am to 5:45pm

Ages 13-17 years

5:45am to 6:45pm

September 8, 15, 22, 29:

October 13, 20, 27, November 3:

September 8, 15, 22, 29:

October 13, 20, 27, November 3:

#109265

#109267

#109266

#109268

Join us for an introduction to the strategy game of Mahjong. All youth are welcome to challenge their knowledge, skill, and ability with other beginning players. A fun inspired atmosphere will encourage friendly competition and learning.



Pee-Wee Sports

Saturdays: 9:15am to 10:00am

Ages 5-7 years

\$10 per session

September 9, 16, 23, 30:

October 14, 21, 28, November 4:

#109416

#109418



Participants will have the opportunity to learn to play common sports in an environment geared towards fun and community. Each meeting will host a different sport or yard game. **Caretakers must be present at all times.**

Pickleball Tournament

Coming Fall 2023!

Join us for male and female team tournaments. Two player teams. Be on the lookout for more information on registration and tournament dates.

Call 858-538-8184 for more information.



Contractual Programs

Register on www.SDRecConnect.com by searching the 6 digit code.

Program contractors are background checked, provide worker's compensation coverage for all employees, have a business license and carry insurance.



Dance To EvOLvE

Session 1: 6 weeks September 14 to October 19
\$116.00 session
Session 2: 7 weeks October 26 to December 14
 (No class November 23)
\$136.00 session



Class	Time	Description	Ages
Tiny Movers Tap/Ballet Session 1 #109697 Session 2 #109698	Thurs. 3:45-4:40pm	<p>A combination class of tap and ballet and dance games for kids. This energetic and expressive class will have your Tiny Mover learning basic dance and motor skills musicality and rhythm to reach class goals in fun, creative ways. Classes start with tap and then transition into ballet each week.</p> <p>This is the first independent class for kids as families watch from outside of the room. This class is great for both boys and girls.</p>	3 to 4.5 years
Beat Breakers Hip Hop Session 1 #109699 Session 2 #109700	Thurs. 4:45-5:40pm	<p>This fun, high-energy dance class enables boys and girls to let loose while developing creativity, coordination, musicality, and listening skills. Activities include hip hop and dance games in a non-stop action-packed class that will have you movin' to the beats!</p> <p>All music and moves are age appropriate</p>	4 to 7 years
Star Shiners Tap/ Ballet Session 1 #109702 Session 2 #109703	Thurs. 5:45-6:40pm	<p>Keep your Star Shiner moving in this tap and ballet combination class. This progressive class introduces curriculum goals through fun movement allowing your dancer to be challenged while expressing themselves. Classes start with tap and then transition into ballet each week. Dancers develop dance, listening, and coordination skills, including an emphasis on ballet terminology and technique.</p>	4.5 to 6 years



Open Play

Open Play is for anyone to come and play for FREE.
No Registration Required

Open Play is available for Badminton, Basketball, Pickleball, and Volleyball.

The latest Open Play schedule can be found at:

<https://www.sandiego.gov/sites/default/files/pacifichighlandsopenplay.pdf>

No practices, clinics, lessons, training, club meetups or other organized activities during this times.
Notify the site supervisor to reserve space for an organized activity.

Mahjong

Thursdays 12pm-3pm

Open Play. No Registration Required.



Kudos and Concerns Box

Do you like what is happening at the Recreation Center? Do you see areas where we could improve? Do you have an idea for a program or special event that would benefit the community? We invite you to share your praise, concerns and ideas with us. The box is located in the Recreation Center lobby.

P&R Resources

The City of San Diego Parks and Recreation Department has opportunities for everyone.

Volunteers Needed

Ongoing opportunities are available at recreation centers, pools, and regional parks throughout the City. As well as with age-well and therapeutic recreation programs. If you would like to volunteer, please see staff for more information.

Volunteer Office: 619-533-4017.

Individuals with Special needs

All activities accommodate people with disabilities. Upon availability, Therapeutic Recreation Services Department will provide additional assistance from recreation staff requiring a three week advance notice. An assessment will be determined if one-on-one aide is needed. Therapeutic Recreation Services is a Citywide program that provides recreation opportunities for people with disabilities. More information is available by calling **Therapeutic Recreation Services at 619-525-8247 or 619-525-8249TTD.**