

## 12U Flag Football

Paradise Hills Recreation Center. 6610 Potomac Street, San Diego 92139



Days: Varies Times: Varies

Ages: 10-12 Years

Fee: \$25.00 Code: 96755

\*Practices and Games will be held at Penn Athletic Field

Participants will learn the fundamentals of football in an organized fashion, with safety as a main element of consideration. The skills sets developed will include passing, receiving, blocking, offensive and defensive position play, and an overall athletic development in flag football.

For more information contact Paradise Hills Recreation Center at (619) 527-3419





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