

# PARADISE HILLS FLAG FOOTBALL LEAGUE

Players will learn the fundamentals of ball control, running and good sportsmanship. Practice and game schedules will vary. Practices will be held at Skyline Hills Recreation Center

Call: (619)-527-3419 For more Information

**SEASON: FALL 2024**

**\$35.00/SEASON**

**MONDAY & WEDNESDAY**

**10U**

**AGES: 8-10 YRS**

**TIME: 4:30-5:30**

**ACTIVITY CODE:**

**115547**

**12U**

**AGES: 10-12 YRS**

**TIME: 5:30-6:30**

**ACTIVITY CODE:**

**115548**