Per the San Diego County Public Health Order in response to the COVID-19 pandemic, please follow the protocols below for enjoying our parks and trails.

Do not visit the parks or trails if you have any COVID-19 symptoms including cough, fever, sore throat, etc.

Maintain physical distancing of a minimum of 6 feet (1.8 meters) at all times.

Do not shake hands or engage in any unnecessary physical contact.

Wearing a face covering over your nose and mouth is required.

Avoid crowded areas.

Please check [www.sandiego.gov/status](http://www.sandiego.gov/status) or scan the QR code for updates regarding closures and restrictions. If you see something that needs attention, please submit to [AskParks@sandiego.gov](mailto:AskParks@sandiego.gov) or the Get It Done app.