SD Park & Recreation

CALIFORNIA COAST CREDIT UNION

Official financial partner of the City of San Diego

City of San Diego

PARKS FIT SAN DIEGO

Park & Recreation Department

Walk, Run, Roll, or Swim 30 Miles between June 13th to August 13th

SWIM **RUN/WALK** **ROLL**

PLEASE SEE BACK OF FLYER FOR MORE INFORMATION

City of San Diego
PARKS FIT SAN DIEGO
Park & Recreation Department

Parks Fit San Diego 2016

Challenge: Walk, Run, Roll or Swim 30 miles between June 13, 2016 and August 13, 2016
Reward: Get fit, stay healthy & receive a Parks Fit San Diego t-shirt!

Join this year's Parks Fit San Diego program by visiting any City of San Diego Park and Recreation Department facility (recreation center, pool, nature center, activity center or golf course) for a free and easy enrollment process. Choose one activity or mix it up. Track your miles and turn them in by the due date for your Parks Fit San Diego t-shirt!

Sign up at your local recreation center or at www.SDRecConnect.com

Kickoff Event

1 Mile Fun Run & Eat Fit in the Park
Date: Saturday, June 18, 2016
Time: 8:00 AM to 10:00 AM
Location: Morley Field
2221 Morley Field Dr., San Diego, CA 92104

Great Raffle Prizes at all Events!

Finale Event

SAN DIEGO PARKS FIT 5K

5K Run/Walk & Family Celebration
Date: Saturday, August 13, 2016
Time: 7:30 AM to 10:30 AM
Location: NTC Park
2455 Cushing Rd., San Diego, CA 92106
Fee: $5.00
Please register at Cabrillo Rec. Center
3051 Canon St., San Diego, CA 92106
or at www.SDRecConnect.com
ActiveNet #: 24791

AS A RECIPIENT OF FEDERAL FUNDS, THE CITY OF SAN DIEGO CANNOT DISCRIMINATE AGAINT ANYONE ON THE BASIS OF RACE, COLOR, GENDER, RELIGIOUS CREED, MARITAL STATUS, SEXUAL ORIENTATION, ANCESTRY, NATIONAL ORIGIN, AGE, MENTAL OR PHYSICAL DISABILITY, MEDICAL CONDITION (INCLUDING HIV, AIDS & AIDS-RELATED COMPLEX). IF ANYONE BELIEVES HE OR SHE HAS BEEN DISCRIMINATED AGAINST, HE OR SHE MAY FILE A COMPLAINT ALLEGING THE DISCRIMINATION WITH EITHER THE CITY OF SAN DIEGO PARK AND RECREATION DEPARTMENT (CONTACT THE DISTRICT MANAGER @ 619-235-1155 OR THE OFFICE OF EQUAL OPPORTUNITY, U.S. DEPARTMENT OF THE INTERIOR, WASHINGTON, D.C. 20240. THIS INFORMATION IS AVAILABLE IN ALTERNATIVE FORMATS UPON REQUESTS.