



Pacific Beach Senior 55+ Weekly Walk

Wednesday mornings @ 9am



Description: Walking is a low impact, fun way to meet people, while building strength and endurance. Walks will rotate throughout various areas of Pacific Beach, Bays, and Parks.

Register online at sdreconnect.com and search Pacific Beach Senior or call the Recreation office.

Contact Pacific Beach Recreation Center for questions at **858.581.9927**

COST: FREE

CODE: 103785