



"We Provide Healthy, Sustainable, and Enriching Environments for All"

OFFICE HOURS

Ocean Beach Recreation Center

4726 Santa Monica Ave • San Diego, CA 92107 (619) 531-1527

Cynthia Comacho, Center Director III Matt Ensminger, Assistant Center Director Monday Through Thursday: 10:00 to 9:00 pm

Friday: 10:00 – 7:00 pm Saturday: 9:00 am – 4:00 pm

Sunday: Closed

Cabrillo Recreation Center

3051 Canon St. • San Diego, CA 92106 (619) 531-1534

Ron Agustin, Center Director III

Melissa Parker, Assistant Center Director

Monday: 12:30 to 8:30 pm

Tuesday Through Thursday: 12:00 to 8:00 pm

Friday: 10:00 to 6:00 pm Saturday: 9:00 am to 2:00 pm

Sunday: Closed

Robb Field Athletic Area

2525 Bacon Street • San Diego, CA 92107 (619) 531-1563

Matt Ryan, Center Director III

Andre Delaverdac, Assistant Center Director Monday through Thursday: 12:00 pm to 9:00 pm

Friday: 12:00 to 8:00 pm

Saturday/Sunday: 8:00 am to 4:00 pm

Robb Field Skate Park Operating Hours

Monday through Sunday: 10:00 am to Dusk

PARKS & RECREATION DEPARTMENT FALL 2018

Robb Field • Ocean Beach • Cabrillo

PROGRAM GUIDE

Sept 1st - Nov 30th

Community & Neighborhood Parks

NTC Park • 2455 Cushing Rd. (Cabrillo)
Point Loma • 1049 Catalina Blvd. (Cabrillo)
Cabrillo North Mini Park • 3232 Trumbull St. (Cabrillo)
Cabrillo South Mini Park • 1032 Leroy St. (Cabrillo)

OB Elementary Joint Use • 4741 Santa Monica Ave. Dusty Rhodes • 2500 Sunset Cliffs Blvd. (OB) Bill Cleator • 2312 Famosa Blvd. (OB) Plumosa Mini Park • 2130 Poinsettia Dr. (OB) Collier Park • 2351 Soto St. (OB) Dana Jr. High Joint Use • 1775 Chatsworth Blvd. (OB)

Civita Park • 7960 Civita Blvd. • (Robb Field)

Ocean Beach Gymnasium Hours

	Pickle Ball	Open Gym
Monday	10:00-2:00 pm	
Tuesday		
Wednesday	10:00-2:00 pm	
Thursday		
Friday	10:00-2:00 pm	
Saturday		9:00-4:00 pm
Sunday	Closed	Closed

Holiday Facility Closures

September 3rd (Labor Day) November 12th (Veterans Day) November 22nd (Thanksgiving Day)

Area Managers

Tyler Canales • Downtown/NTC (619)235-5294

Angelina Black • Ocean Beach/Robb Field (619)531-1528

Peninsula Fall Classes/Events

SITE	SPECIAL EVENTS	CODE	DAY	TIME	AGES	FEE
ОВ	*Halloween Carnival	N/A	Oct. 27 th	2:00-5:00pm	All	Free
SITE	SPORTS	CODE	DAY	TIME	AGES	FEE
ОВ	Basketball Skills Clinic (Nov)	55648	Sat	9:00-10:00am	7-13	\$20/4-Week
OB	*Flag Football League-10U	55649	Tue/Thurs/Sat	3:30-5:30pm	8-10	\$20/season
ОВ	*Flag Football League-12U	55650	Tue/Thurs/Sat	3:30-5:30pm	10-12	\$20/season
Cabrillo	*Flag Football League-10U	55650	Tue/Thurs/Sat	3:30-5:30pm	8-10	\$20/season
Cabrillo	*Flag Football League-12U	55650	Tue/Thurs/Sat	3:30-5:30pm	10-12	\$20/season
ОВ	Pee Wee Soccer(Sept)	54440	Wed	3:00-3:50pm	4-7	\$18/5-Week
ОВ	Pee Wee Soccer(Oct)	54441	Wed	3:00-3:50pm	4-7	\$18/5-Week
NTC	Pee Wee Soccer(Sept)	55803	Fri	4:15-5:15pm	4-6	\$18/5-Week
NTC	Pee Wee Soccer(Oct)	55804	Fri	4:15-5:15pm	4-6	\$18/5-Week
NTC	Soccer 101(Sept)	55815	Fri	5:15-6:15pm	6-9	\$18/5-Week
NTC	Soccer 101(Oct)	55816	Fri	5:15-6:15pm	6-9	\$18/5-Week
ОВ	Volleyball Clinic (Oct)	55647	Sat	9:00-10:00am	7-13	\$20/4-Week
Cabrillo	Tee Ball(Sept)	55811	Sat	10:00-11:00am	4-6	\$15/6-Week
Cabrillo	Tee Ball(Oct)	55812	Sat	10:00-11:00am	4-6	\$15/6-Week
Robb	Disc Golf(Oct)	55722	Tue	4:00-5:00pm	8-15	\$13/4-Week
Robb	Learn to Play Lacrosse-Boys (Sept)	56019	Tue	4:00-5:15pm	5-8	\$13/6-Week
Robb	Learn to Play Lacrosse-Boys (Sept)	56020	Tue	4:00-5:15pm	8-15	\$13/6-Week
Robb	Learn to Play Lacrosse-Girls (Sept)	56021	Wed	4:00-5:15pm	8-15	\$13/6-Week
SITE	Arts and Culture	CODE	DAY	TIME	AGES	FEE
OB	Blue Wave Tae Kwon Do (Sept)	54405	Mon/Wed	5:00-7:00pm	5+	\$35/Month
OB	Blue Wave Tae Kwon Do (Oct)	54410	Mon/Wed	5:00-7:00pm	5+	\$35/Month
ОВ	Blue Wave Tae Kwon Do (Nov)	54411	Mon/Wed	5:00-7:00pm	5+	\$35/Month
Cabrillo	Arts and Crafts (Sept)	55808	Mon	4:30-5:30pm	4-13	Free
Cabrillo	Arts and Crafts (Oct)	55809	Mon	4:30-5:30pm	4-13	Free
Robb	Ceramics (Sept)	55510	Thurs	3:30-4:30pm	6-11	\$13/4-Week
Robb	Ceramics (Oct)	55511	Thurs	3:30-4:30pm	6-11	\$13/4-Week
Robb	Ceramics (Nov)	55512	Thurs	3:30-4:30pm	6-11	\$13/4-Week
OB	Parent and Children Arts and Crafts(Sept)	54438	Wed	11:00-12:00pm	3-5	\$10/5-Week
OB	Parent and Children Arts and Crafts(Oct)	54439	Wed	11:00-12:00pm	3-5	\$10/5-Week
OB	Spa Day (Sept)	54442	Fri	2:30-4:00pm	6-11	\$5/5-Week
OB	Spa Day (Oct)	54443	Fri	2:30-4:00pm	6-11	\$5/5-Week
ОВ	Youth Photography and Scrapbooking (Sept)	54444	Thurs	1:00-2:15pm	8-11	\$5/5-Week
ОВ	Youth Photography and Scrapbooking (Oct)	54445	Thurs	1:00-2:15pm	8-11	\$5/5-Week
Cabrillo	Dance to Evolve-Magical Munchkins (Sept)	55819	Sat	9:30-10:15am	2-3	\$237/15- Week
Cabrillo	Dance to Evolve-Magical Munchkins(Sept)	55820	Sat	9:30-10:15am	2-3	\$123/7-Week

SITE	ARTS AND CULTURE	CODE DAY		TIME	AGES	FEE	
Cabrillo	Dance to Evolve-Magical Munchkins (Oct)	55821	Sat	9:30-10:15am	2-3	\$140/8-Week	
Cabrillo	Dance to Evolve-Tiny Movers (Sept)	55823	Sat	10:20-11:15am	3-41/2	\$237/15- Week	
Cabrillo	Dance to Evolve-Tiny Movers (Sept)	55824	Sat	10:20-11:15am	3-41/2	\$123/7-Week	
Cabrillo	Dance to Evolve-Tiny Movers (Oct)	55825	Sat	10:20-11:15am	3-41/2	\$140/8-Week	
ОВ	Creative Movement and Expression Dance (Sept)	54413	Sat	10:30-11:15am	5-10	\$54/4-Week	
ОВ	Creative Movement and Expression Dance (Oct)	54414	Sat	10:30-11:15am	5-10	\$54/4-Week	
ОВ	Creative Movement and Expression Dance (Nov)	54415	Sat	10:30-11:15am	5-10	\$44/3-Week	
ОВ	Creative Movement and Expression Dance (Sept)	54423	Sat	9:00-10:15am	3-5	\$54/4-Week	
ОВ	Creative Movement and Expression Dance (Oct)	54424	Sat	9:00-10:15am	3-5	\$54/4-Week	
ОВ	Creative Movement and Expression Dance (Nov)	54425	Sat	9:00-10:15am	3-5	\$44/3-Week	
OB	Baking for Kids(Sept)	54429	Thurs	2:00-3:15pm	6-8	\$18/5-Week	
OB	Baking for Kids(Oct)	54430	Thurs	2:00-3:15pm	6-8	\$18/5-Week	
OB	Cooking for Kids(Sept)	54427	Wed	4:30-6:00pm	8-13	\$25/5-Week	
OB	Cooking for Kids(Oct)	54428	Wed	4:30-6:00pm	8-13	\$25/5-Week	
Robb	Mini Chefs(Sept)	55513	Fri	4:30-5:30pm	5-10	\$13/5-Week	
Robb	Mini Chefs(Nov)	55515	Fri	4:30-5:30pm	5-10	\$13/5-Week	
ОВ	Lego Club (Sept)	54434	Mon	2:30-3:30pm	6-12	\$5/5-Week	
ОВ	Lego Club (Oct)	54435	Mon	2:30-3:30pm	6-12	\$5/5-Week	
ОВ	Lego Club Mini (Sept)	54436	Mon	11:00-12:00pm	3-5	\$5/5-Week	
ОВ	Lego Club Mini (Oct)	54437	Mon	11:00-12:00pm	3-5	\$5/5-Week	
SITE	GENERAL RECREATION	CODE	DAY	TIME	AGES	FEE	
Cabrillo	After-school/Seasonal Camps	*	Mon-Fri	*	5-12	*	
Robb	Spooky Treasure Hunt(Oct)	55723	Fri	4:30-5:30pm	5-11	\$13/4-Week	
OB	Kids' Day Out (Sept)	54431	Sat	10am-3pm	6-12	\$13/Day	
ОВ	Kids' Day Out (Oct)	54432	Sat	10am-3pm	6-12	\$13/Day	
ОВ	Kids' Day Out (Nov)	54433	Sat	10am-3pm	6-12	\$13/Day	
Robb	Fitness Club	*	All	*	16+	*	
SITE	ADULT CLASSES	CODE	DAY	TIME	AGES	FEE	
ОВ	Adult Pottery & Clay Sculpture(Sept)	54446	Mon	1:00-4:00pm	15+	\$60/month	
ОВ	Adult Pottery & Clay Sculpture(Oct)	54447	Mon	1:00-4:00pm	15+	\$60/month	
ОВ	Adult Pottery & Clay Sculpture(Nov)	54448	Mon	1:00-4:00pm	15+	\$60/month	
ОВ	Adult Pottery & Clay Sculpture(Sept)	54449	Thurs	1:00-4:00pm	15+	\$60/month	
ОВ	Adult Pottery & Clay Sculpture(Oct)	54450	Thurs	1:00-4:00pm	15+	\$60/month	
OB	Adult Pottery & Clay Sculpture(Nov)	54451	Thurs	1:00-4:00pm	15+	\$60/month	

On-line at SDRecConnect.com or visit the corresponding office during normal business hours

Class Registration

Registration for all classes is on a first come, first served basis. We accept all major credit cards, checks or cash (exact change required). You must register at the Recreation Center where your class is scheduled or online at www.SDRecConnect.com. Registration fees must be paid by the first class of the session/month. Participants that have not paid by the second class will not be permitted to participate until fees are paid. To find your class use the Activity Number listed in this program.

There is a \$25.00 service fee for all returned checks.

A liability waiver, photo and birth certificate are required when registering for youth sports.

Registration Hours

Cabrillo: Monday: 12:30-6:00 pm

Tuesday through Friday 12:00 - 6:00 pm

Robb Field: Monday through Friday 12:00 – 8:00 pm

Sat/Sun: 8:00 am-4:00 pm

Ocean Beach: Monday through Thursday 12:30 – 7:00 pr

Friday: 10:30 am-2:00 pm Sat: 10:00 am-2:00 pm

TRANSACTION/ CREDIT CARD FEES

All registrations are subject to a \$2 Transaction fee. All credit card transaction will be charged a 3% processing fee. Rates are established by the service provider and are nonrefundable.

Therapeutic Recreation Services

The City of San Diego Park & Recreation
Therapeutic Recreation Services (TRS) program
provides sports, recreation, leisure, and outreach
services to San Diegans with physical, mental
and emotional disabilities. Services include
therapeutic recreation programs and adaptive
sports opportunities, which address the special
needs of individuals with disabilities. A limited
amount of Inclusion Aides are available at each
neighborhood recreation centers. Please call
Therapeutic Recreation Services at least three
weeks before the program start date to schedule
assistance.

For more information, please call 619-525-8247 or 619-525-8249.

Park Permits and Facility Rentals

Our Recreation Centers and Parks are a great venue to hold meetings, birthday parties and special events. The Recreation Centers include amenities such as meeting rooms, kitchens, picnic shelters, multi-purpose fields and gymnasiums. All park users must obtain a Park Use Permit five (5) days in advance for any equipment in the park (e.g. jumpers, generators, canopies, etc.).

*Permits are by Appointment Only

Recreational Refunds and Transfer Policy

Written refund applications must be submitted, using the City form, in person at the facility where the program occurs. Refunds will be processed in accordance with the following policy:

Classes - refund requests will be granted based on the following requirements:

- Full refund of the registration feeapplication submitted at least 3 calendar days prior to the first-class meeting.
- 2. 75% of the registration fee-application submitted less than 3 calendar days prior to the first class.
- 3. No refund or transfer will be issued for requests submitted later than 24 hours after the first-class meeting.

Camps-refund requests will be granted based on the following requirements:

- 1. Full refund of the registration feeapplication submitted at least 10 calendar days prior to the first-class meeting.
- 2. 50% of the registration fee-application submitted less than 10 calendar days prior to day of camp.
- 3. No refund or transfer-less than 48 hours from the start of camp.

Leagues (individual registration only)-refund requests will be granted based on the following requirements:

- 1. Full refund of the registration feeapplication submitted at least 10 calendar days prior to the first scheduled practice.
- 2. 50% of the registration fee-application submitted less than 10 calendar days prior to the first scheduled practice.
- 3. No refund or transfer-after the first scheduled practice has started.

Swimming Lessons - No refunds unless swimming lessons are canceled by City staff.

- 1. Transfer to another class may be permitted by the Pool Manager, in their sole discretion.
- 2. No refunds granted for emergency closures due to pool contamination.

One-day Activity/Field Trips-refund requests will be granted based on the following requirements:

1. Full refund of the activity fee- application submitted 20 business days prior to the activity or field trip.

No refunds-requests submitted less than 20 business days prior to the Activity or field trip.



Flag Football

The City of San Diego Parks and Recreation Department is committed to providing a safe, fun and skill-developing Youth Sports Programs for children. The programs are designed to foster the development of leadership, sportsmanship, and teamwork, while creating learning opportunities and experience for all participants. The City of San Diego Parks and Recreation Department believes in "Everybody Plays" philosophy and highly encourages fair play through draft processes.

The youth flag football program is designed to develop and enhance players' fundamental skills on passing, catching, and defensive ability in a friendly and team-oriented environment. The program is for children ages 8 to 16 years old, and teams are divided into age divisions. All players will be playing a minimum of 10 plays or downs per game. Qualified teams will get a chance to participate in the City-Wide tournament hosted by the S.P.O.R.T.S. Committee at the end of the season.

Price: \$20.00 (Standard charge)

Ages: At least 8 but less than 12 & Coed

Spaces: 15 openings per team

Registration Dates:

• Standard registration opens: Aug 18, 2018 10am

- Last day for standard registration: Sep 27, 2018 6pm
- Internet registration opens: Aug 18, 2018 10am
- Last day for Internet registration: Sep 27, 2018 6pm

Practice: Tuesdays and Thursdays starting

Sept 13th

Games: Saturdays, Location T.B.D.



Robb Field Fitness Club

A state of the art facility that features: treadmills, step mills, upright life-cycles, recumbent life cycles, universal equipment, free weights, abs bench, elliptical trainers, and satellite television. For more info, visit www.robbfitness.com or call the Fitness Club @ 619-224-2997



Robb Field Fitness Club Hours of Operation:

Monday-Thursday 8:00AM-9:00PM Friday 8:00AM-8:00PM Sat & Sun 8:00AM-4:00PM

ActiveNet Online Registration Fitness Club:

Visit <u>SDReConnect.com</u> and enter "fitness Club" as the key words in the search engine. Then filter results for Robb Athletic Field to view all fitness membership options.

Cabrillo Homework Helper

Children are welcome to bring their homework to the Cabrillo Recreation Center to obtain assistance on school assignments. Our knowledgeable staff members are current college students that are well-equipped to assist your young student in various academic subjects.

Homework assistance is a **FREE** program.

This is an open session that does not provide child supervision. This program is on a first come, first serve basis. Registration is not required.

When: Monday to Thursday from 2:30-5:30







School Daze Camp

The Cabrillo School Daze camp offers a variety of recreational experiences for children ages 5 to 12 years old. Camp is conveniently located in the Point Loma area and held in well-equipped surroundings. Daze Camp offers sports activities, arts and crafts, games, field trips, and more. The goal of our camp is to provide a safe, fun and active environment. Our highly qualified and enthusiastic staff wants your children to experience the endless benefits of a great camp. Core hours are from school dismissal to 6:00pm. All participants must be picked up from Cabrillo Recreation Center by 6:00pm.

*Please note that guardians will be invoiced for any late pickups past 6pm at a rate of \$1 per minute.

School pickups are available at: Cabrillo, Dana, Loma Portal, Silvergate, Sunset View, and Dewey. *Camp availability and all pickup service <u>must</u> be made in advance with Camp director, Walter Heyward.

Ages: Kindergarten – 6th grade Days: Monday through Friday

Camp Hours: 2pm - 6pm (12pm - 6pm on Minimum Day)

Cost:

Weekly (5 days) = \$110.00*

Weekly (4 days) = \$90.00* (short week due to holidays)

Daily (regular)= \$25.00 Daily (Minimum)= \$30.00



*Sibling rates are available; however, registration must be completed in office.

First time registration must be completed in office at the Cabrillo Recreation Center.

Camp Director: Walter Heyward
For more information, please Call 619.316.7552
Please register at www.SDRecConnect.com

9	SDRecCo	nnect.co	om Activity C	Code for Daze	Camp (Fa	all- 2018	3)	
	Week of	Sent /th			Week of S	ent 10th		
4-Sep	54948	\$25		10-Sep	54962	\$25	Π	
5-Sep	54949	\$25		11-Sep	54957	\$25		
6-Sep	54953	\$30	Minimum Day	12-Sep	54958	\$25		
7-Sep	54954	\$30	Iviiiiii Bay	13-Sep	54959	\$30	Minimum Day	
, σερ	3.33.	ψSG		14-Sep	54960	\$25	iviiiiii zay	
Weekly	54955	\$90	Sibling \$70	Weekly	54961	\$110	Sibling \$90	
,		Sept 17th	3 7 7	1100111	Week of Sept 24th			
17-Sep	54970	\$25		24-Sep	54981	\$25	Π	
18-Sep	54973	\$25		25-Sep	54982	\$25		
19-Sep	54974	\$25		26-Sep	54984	\$25		
20-Sep	54976	\$30	Minimum Day	27-Sep	54985	\$30	Minimum Day	
21-Sep	54977	\$25	,	28-Sep	54987	\$25	,	
Weekly	54978	\$110	Sibling \$90	Weekly	54988	\$110	Sibling \$90	
,		of Oct. 1	3.	,	Week o	•	3.	
1-Oct	54992	\$25		8-Oct	55002	\$25		
2-Oct	54994	\$25		9-Oct	55003	\$25		
3-Oct	54995	\$25		10-Oct	55004	\$25		
4-Oct	54997	\$30	Minimum Day	11-Oct	55006	\$30	Minimum Day	
5-Oct	54998	\$25		12-Oct	55007	\$25		
Weekly	54999	\$110	Sibling \$90	Weekly	55008	\$110	Sibling \$90	
	Weeko	f Oct.15			Week o	Oct.22		
15-Oct	55037	\$25		22-Oct	55044	\$25		
16-Oct	55038	\$25		23-Oct	55045	\$25		
17-Oct	55039	\$25		24-Oct	55046	\$25		
18-Oct	55040	\$30	Minimum Day	25-Oct	55047	\$30	Minimum Day	
19-Oct	55041	\$25		26-Oct	55048	\$25		
Weekly	55042	\$110	Sibling \$90	Weekly	55049	\$110	Sibling \$90	
	Week o	f Oct. 29			Weeko	f Nov.5		
29-Oct	55061	\$25		5-Nov	55074	\$25		
30-Oct	55062	\$25		6-Nov	55075	\$25		
31-Oct	55063	\$25		7-Nov	55076	\$25		
1-Nov	55064	\$30	Minimum Day	8-Nov	55072	\$30	Minimum Day	
2-Nov	55065	\$25		9-Nov	55073	\$25		
Weekly	55066	\$110	Sibling \$90	Weekly	55077	\$110	Sibling \$90	
	Week o	f Nov.13		Wee	k of Nov.19-Tl	nanksgivin	g Camp	
13-Nov	55079	\$25		19-Nov	55352	\$40	Camp	
14-Nov	55080	\$25		20-Nov	55353	\$40	Camp	
15-Nov	55081	\$25	Minimum Day	21-Nov	55354	\$40	Camp	
16-Nov	55082	\$30						
\A/s = 1:1	FF003	400	C:hl:== 670					
Weekly	55083	\$90	Sibling \$70					
20.11		f Nov.26	1	2 -:			(40)246 757	
26-Nov	55086	\$25		Camp Dire	ctor- Walter F	ieyward: (6	19)316-7552	
27-Nov	55087	\$25						
28-Nov	55088	\$25			ion Questions,			
29-Nov	55089	\$30	Minimum Day	C	enter Director		tin	
30-Nov	55090	\$25	01111		Phone: (619	•		
Weekly	55091	\$110	Sibling \$90	Eı	mail: ragustin@	g)sandiego	.gov	

Robb Field Spooky Treasure Hunt

In this four-week program, participants will spend the first three weeks making costumes, prizes, and props to prepare for the spooky treasure hunt during the fourth week. Children will have the opportunity to express their creativity and make some new friends as they prepare for and embark on this spooky adventure!

Where: Robb Field Recreation Center When: Fridays in October, 4:30-5:30 pm



Ocean Beach Halloween Carnival

Bring the Family and Friends out to the OB Annual Halloween Carnival. There will be carnival games, a costume contest, activities, music, food, and more! *Everyone gets a treat!*

Wristbands will be sold for \$2.00 which will be good for all activities and games (food sold separately)

Date: Saturday October 27th, 2018

Time: 2:00-5:00pm

Location: Ocean Beach Recreation Center 4726 Santa Monica Ave. San Diego, CA, 92107

Phone Number: (619)531-1527

Bring: Halloween Bag for prizes and treats, wear a costume for a chance to win an award in Costume Contest!

Costume Contest Times:





