#### Summary of Dental Benefits and Coverage Disclosure Matrix (SDBC)

#### **Part I: GENERAL INFORMATION**

Insurer Name: Anthem Blue Cross Life and Health Insurance Plan Name: Essential Choice PPO

Company

Policy Type: PPO Insurer Phone #: 844-729-1565

Effective Date: Beginning on or after 01/01/2024 Insurer Website: www.anthem.com/ca

THIS MATRIX IS INTENDED TO BE USED TO HELP YOU COMPARE COVERAGE BENEFITS AND WHAT YOU WILL PAY FOR COVERED SERVICES. THIS IS A SUMMARY ONLY AND DOES NOT INCLUDE THE PREMIUM COSTS OF THIS DENTAL BENEFITS PACKAGE. PLEASE CONSULT YOUR EVIDENCE OF COVERAGE AND DENTAL CONTRACT FOR A DETAILED DESCRIPTION OF COVERAGE BENEFITS AND LIMITATIONS. FOR MORE INFORMATION ABOUT YOUR COVERAGE, VISIT THE INSURER WEBSITE AT www.anthem.com/ca OR CALL.

#### THIS MATRIX IS NOT A GUARANTEE OF EXPENSES OR PAYMENT.

#### **Part II: DEDUCTIBLES**

Deductible	In-Network	Out-of-Network	
Dental	\$50 per individual/\$150 per family	\$50 per individual/\$150 per family	
Orthodontia	None	None	

- The deductible applies to all services except Preventive, Diagnostic, and Orthodontia.
- A **deductible** is the amount you are required to pay for covered dental services each plan year before the plan begins to pay for the cost of covered dental treatment.
- **In-network services** are dental care services provided by dentists or other licensed dental care providers that contract with your plan to provide dental services.
- Out-of-network services are dental care services provided by dentists or other licensed dental care providers that have not contracted with your plan.

# Part III: MAXIMUMS PLAN WILL PAY

Maximums	In-Network	Out-of-Network
Annual Maximum	\$3,000	\$3,000
Lifetime or Annual	\$3,000	\$3,000
Maximum for		
Orthodontia		

- **Annual maximum** is the maximum dollar amount your policy will pay toward the cost of dental care within a specific period of time, usually a consecutive 12-month or calendar year period. Not all services accrue to the annual maximum.
- **Lifetime maximum** means the maximum dollar amount your policy providing dental benefits will pay for the life of the enrollee. Lifetime maximums usually apply to specific services, such as orthodontic treatment.

# **Part IV: WAITING PERIODS**

**Waiting Periods:** A waiting period is the amount of time that must pass before you are eligible to receive benefits or services for all or certain dental treatments. **There is no waiting period.** 

#### Part V: WHAT YOU WILL PAY

All copayments and coinsurance costs shown in this chart apply after your deductible has been met, if a deductible applies. The Common Dental Procedures fit into one of the following applicable categories: Preventive & Diagnostic, Basic or Major. The Benefit Limitations and Exclusions column includes common limitations and exclusions only. For a full list, see the full disclosure document referenced in the Benefit Limitations and Exclusions column.

Common Dental Procedures	Category	In-Network	Out-of- Network	Benefit Limitations and Exclusions
Oral Exam	Preventive & Diagnostic	0% Deductible does not apply	0% Deductible does not apply	2 per calendar year For Limitations and Exclusions, refer to the Covered Services; Preventive Care section of your Certificate of Coverage.
Bitewing X-ray	Preventive & Diagnostic	0% Deductible does not apply	0% Deductible does not apply	No limits

Common Dental Procedures	Category	In-Network	Out-of- Network	Benefit Limitations and Exclusions
				For Limitations and Exclusions, refer to the Covered Services; Preventive Care section of your Certificate of Coverage.
Cleaning	Preventive & Diagnostic	0% Deductible does not apply	0% Deductible does not apply	2 per calendar year For Limitations and Exclusions, refer to the Covered Services; Preventive Care section of your Certificate of Coverage.
Filling	Basic	10%	15%	No limits For Limitations and Exclusions, refer to the Covered Services; Basic Restorative Services section of your Certificate of Coverage.
Extraction, Erupted Tooth or Exposed Root	Basic	10%	15%	1 per lifetime per tooth For Limitations and Exclusions, refer to the Covered Services; Basic Restorative Services section of your Certificate of Coverage.
Root Canal	Basic	10%	15%	1 per lifetime per tooth For Limitations and Exclusions, refer to the Covered Services; Endodontic Services section of your Certificate of Coverage
Scaling and Root Planing	Major	40%	50%	No limits For Limitations and Exclusions, refer to the Covered Services; Periodontal Services section of your Certificate of Coverage.
Ceramic Crown	Major	40%	50%	1 per 60 months per tooth For Limitations and Exclusions, refer to the Covered Services; Major Restorative Services section of your Certificate of Coverage.
Removable Partial Denture	Major	40%	50%	1 per 60 months per tooth For Limitations and Exclusions, refer to the Covered Services; Prosthodontic Services section of your Certificate of Coverage.

Common Dental Procedures	Category	In-Network	Out-of- Network	Benefit Limitations and Exclusions
Extraction, Erupted Tooth with Bone Removal	Basic	10%	15%	1 per lifetime per tooth For Limitations and Exclusions, refer to the Covered Services; Basic Restorative Services section of your Certificate of Coverage.
Orthodontia	Orthodontia	50% Deductible does not apply	50% Deductible does not apply	Adult and Dependent Children Coverage For Limitations and Exclusions, refer to the Covered Services; Orthodontics section of your Certificate of Coverage.

## **Part VI: COVERAGE EXAMPLES**

THESE EXAMPLES DO NOT REPRESENT A COST ESTIMATOR OR GUARANTEE OF PAYMENT. The examples provided represent commonly used services in the categories of Diagnostic and Preventive, Basic and Major Services for illustrative purposes and to compare this product to other dental products you may be considering. Your actual costs will likely be different from those shown in the chart below depending on the actual care you receive, the prices your providers charge and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and the summary of excluded services under the plan.

Dana Has a Dental Appointment with a	Sam Needs a Tooth Filled	Maria Needs a Crown	
New Dentist			
New patient exam, x-rays (FMX) and	Resin-based composite – one surface,	Crown – porcelain/ceramic substrate	
cleaning	posterior		

Dana's Visit	Dana's Cost	Sam's Visit	Sam's Cost	Maria's Visit	Maria's Cost
Total Cost of Care	In-network: \$400	Total Cost of Care	In-network: \$150	Total Cost of Care	In-network: \$1,300
	Out-of-network:		Out-of-network:		Out-of-network:
	\$550		\$200		\$1,750
Deductible	In-network: Not applicable	Deductible	In-network: \$50	Deductible	In-network: \$50
			Out-of-network:		Out-of-network:
	Out-of-network:		\$50		\$50
	Not applicable				
Annual Maximum (Plan Will Pay)	In-network: \$3,000	Annual Maximum (Plan Will Pay)	In-network: \$3,000	Annual Maximum (Plan Will Pay)	In-network: \$3,000
(Flair Will Fay)	Out-of-network:	(Flail Will Fay)	Out-of-network:	(Flait Will Fay)	Out-of-network:
	\$3,000		\$3,000		\$3,000
	\$3,000		\$3,000		\$3,000
Patient Cost	In-network: 0%	Patient Cost	In-network: 10%	Patient Cost	In-network: 40%
(copayment or		(copayment or		(copayment or	
coinsurance)	Out-of-network:	coinsurance)	Out-of-network:	coinsurance)	Out-of-network:
,	0%	,	15%	,	50%
In this example,	In-network: \$0	In this example,	In-network: \$60	In this example,	In-network: \$550

Dana's Visit	Dana's Cost	Sam's Visit	Sam's Cost	Maria's Visit	Maria's Cost
Dana would pay (includes copays/coinsurance and deductible, if applicable):	Out-of-network: \$0	Sam would pay (includes copays/coinsurance and deductible, if applicable):	Out-of-network: \$72.50	Maria would pay (includes copays/coinsurance and deductible, if applicable):	Out-of-network: \$900
Summary of what is not covered or subject to a limitation:	Exam covered 2 per calendar year. X-ray covered 1 per 3 calendar years. Cleaning covered 2 per calendar year.	Summary of what is not covered or subject to a limitation:	No limits.	Summary of what is not covered or subject to a limitation:	Covered 1 per 60 months per tooth.