

**FOR IMMEDIATE RELEASE**

Sunday, December 22, 2019

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### **Update on Suspicious Death in the Tecolote Canyon Park**

**San Diego** - On December 21, 2019, a white female was found deceased near a hiking trail in Tecolote Canyon Park. The San Diego County Medical Examiner's Office took custody of the woman's body and performed an autopsy to determine the cause of death.

The investigation revealed the woman committed suicide. She has been identified as a 22-year-old from San Diego. Investigators have been in contact with her family and her name will not be publicly released.

This time of year can be difficult for anyone who suffers from mental illness. We encourage those battling mental distress to seek help from anyone available to them. For immediate assistance, call 911 or our non-emergency number at 619-531-2000 or 858-484-3154. You can also call the National Suicide Prevention Lifeline at 1-800-273-TALK (8255). We encourage friends and family to reach out to those they know have difficulty during the holidays.

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