



Aquatics Schedule Effective April 11, 2025

This document is updated on a periodic basis. Please call the pool for the most accurate hours.

Lap Swim- Spring 2025							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Allied Gardens*	8am - 12pm 2pm - 7pm	2:00 pm - 5:00 pm	8am - 12pm 2pm - 7pm	2:00 pm - 5:00 pm	8am - 12pm 2pm - 7pm	12pm-4pm	
Bud Kearns*	11:30 am - 7:00 pm	10:15 am - 8:00 pm	11:30 am - 7:00 pm	10:15 am - 8:00 pm	11:30 am - 7:00 pm	10:15am - 12:45pm 1:45pm - 3:30pm	
Carmel Mountain	7am - 6pm	10:00 am - 6:00 pm	7am - 6pm	10:00 am - 6:00 pm	7am - 6pm	12:00 pm - 4:00 pm	
Carmel Valley	3:00 pm - 6:00 pm	3:00 pm - 6:00 pm		3:00 pm - 6:00 pm			10:00 am - 2:00 pm
City Heights	2:00pm- 6:30pm	2:00pm- 6:30pm	2:00pm- 6:30pm	2:00pm- 6:30pm	2:00pm- 6:30pm		11:00am- 3:00pm
Clairemont	Pool Closed for Renovations October 26, 2024 - Summer 2025						
Colina Del Sol		11:00 am - 6:00 pm		11:00 am - 6:00 pm		12:00 pm - 4:00 pm	
Kearny Mesa	Pool Closed for Emergency Maintenance April 8, 2025						
Martin Luther King Jr.	Pool Closed for Renovations November 4, 2024 - Summer 2025						
Memorial	10:00 am - 4:00 pm	1:00 pm - 4:00 pm	1:00 pm - 4:00 pm	1:00 pm - 4:00 pm	10:00 am - 4:00 pm	12:00 pm - 4:00 pm	
Ned Baumer	1:30 pm - 2:45 pm	9 am - 11 am 1:30pm - 2:45pm	1:30 pm - 2:45 pm	9 am - 11 am 1:30pm - 2:45pm	1:30 pm - 2:45 pm		
Swanson		11:00 am - 3:00 pm	11:00 am - 3:00 pm	11:00 am - 3:00 pm	11:00 am - 3:00 pm	11:30 am - 3:45 pm	
Standley	7:00 pm - 8:30 pm	7:00 am - 2:00 pm	7:00 pm - 8:30 pm	7am - 11am 12pm - 2pm			11:00 am - 5:00 pm
Tierrasanta	11:30 am-3:30 pm 4:00pm-8:00 pm	1:30 pm - 5:00 pm	11:30 am-3:30 pm 4:00pm-8:00 pm	1:30 pm - 5:00 pm	11:30 am-3:30 pm 4:00pm-8:00 pm		
Vista Terrace	2:00 pm - 6:00 pm	2:00 pm - 6:00 pm		2:00 pm - 6:00 pm	2:00 pm - 6:00 pm		

* Limited lanes at certain times of day. Please call ahead.

Pool Closed May 21, May 26, June 7, June 19, July 4

See next page for Recreation Swim Hours

Recreational Swim- Spring 2025							
	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>	<i>Sunday</i>
Allied Gardens	9:30am-12pm 2pm - 4 pm	2:00 pm - 4:00 pm	9:30am-12pm 2pm - 4 pm	2:00 pm - 4:00 pm	9:30am-12pm 2pm - 4 pm	12pm-4pm	
Bud Kearns	12:00 pm - 3:00 pm		12:00 pm - 3:00 pm		12:00 pm - 3:00 pm	10:15am - 12:45pm 1:45pm - 3:30pm	
Carmel Mountain						12:00 pm - 4:00 pm	
Carmel Valley (Main Pool Only)							12:00 pm - 2:00 pm
City Heights**	2:00pm- 5:00pm	2:00pm- 5:00pm	2:00pm- 5:00pm	2:00pm- 5:00pm	2:00pm- 5:00pm		11:00am- 3:00pm
Clairemont	Pool Closed for Renovations October 26, 2024 - Summer 2025						
Colina Del Sol		12:30 pm - 5:00 pm		12:30 pm - 5:00 pm		1:30 pm - 4:00 pm	
Kearny Mesa	Pool Closed for Emergency Maintenance April 8, 2025						
Martin Luther King Jr.	Pool Closed for Renovations November 4, 2024 - Summer 2025						
Memorial*	1:00 pm - 4:00 pm	1:00 pm - 4:00 pm	1:00 pm - 4:00 pm	1:00 pm - 4:00 pm	1:00 pm - 4:00 pm	12:00 pm - 4:00 pm	
Ned Baumer	1:15 pm - 2:45 pm	1:15 pm - 2:45 pm	1:15 pm - 2:45 pm	1:15 pm - 2:45 pm	1:15 pm - 2:45 pm		
Swanson		1:00 pm - 3:00 pm	1:00 pm - 3:00 pm	1:00 pm - 3:00 pm	1:00 pm - 3:00 pm	1:00 pm - 3:45 pm	
Standley***	7:00 pm - 8:30 pm		7:00 pm - 8:30 pm				12:00 pm - 5:00 pm
Tierrasanta (Main Pool Only)	1:00 pm - 3:30 pm	3:00 pm - 5:00 pm	1:00 pm - 3:30 pm	3:00 pm - 5:00 pm	1:00 pm - 3:30 pm		
Vista Terrace	2:00 pm - 6:00 pm	2:00 pm - 6:00 pm		2:00 pm - 6:00 pm	2:00 pm - 6:00 pm		

* Limited lanes at certain times of day. Please call ahead.

**Operation of the slides & children's pool is dependent on multiple factors. Please call ahead.

***Shallow end only

Pools closed May 21, May 26, June 7, June 19, July 4

See next page for Water Fitness Hours

Water Fitness - Spring 2025							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Allied Gardens	8:00 am - 9:00 am	5:30 pm - 6:30 pm	8:00 am - 9:00 am	5:30 pm - 6:30 pm	8:00 am - 9:00 am	3:00pm-4:00pm	
Bud Kearns**		9:00 am - 10:00 am**		9:00 am - 10:00 am**			9:00 am - 10:00 am**
Carmel Mountain	9:15 am - 10:15 am		9:15 am - 10:15 am		9:15 am - 10:15 am	10:15 am - 11:15 am	
Carmel Valley	3:00 pm - 4:00 pm	3:00 pm - 4:00 pm		3:00 pm - 4:00 pm			11:00 am - 12:00 pm
City Heights	5:30pm-6:30pm		5:30pm-6:30pm				11:00am-12:00pm
Clairemont	Pool Closed for Renovations October 26, 2024 - Summer 2025						
Colina Del Sol		11:15a-12:15p		11:15a-12:15p		12:15 pm - 1:15 pm	
		5:30-6:30pm		5:30-6:30pm			
Kearny Mesa	Pool Closed for Emergency Maintenance April 8, 2025						
Martin Luther King Jr.	Pool Closed for Renovations November 4, 2024 - Summer 2025						
Memorial	10:00 am - 11:00 am				10:00 am - 11:00 am		
Ned Baumer							
Swanson		11:00 am - 12:00 pm*	11:00 am - 12:00 pm	11:00 am - 12:00 pm*	11:00 am - 12:00 pm	11:30 am - 12:30 pm	
Standley**		9:30 am - 10:30 am**		9:30 am - 10:30 am**			11:00 am - 12:00 pm
Tierrasanta**	12:00 pm - 1:00 pm		12:00 pm - 1:00 pm		12:00 pm - 1:00 pm		
Vista Terrace		4:30 pm - 5:30 pm		4:30 pm - 5:30 pm			

*Arthritis class

**Deep end only

Pools closed May 21, May 26, June 7, June 19, July 4

Water Fitness Admission Fees:

\$ 5.00 /Class

\$ 39.00 /10 Classes

ALL PARTICIPANTS MUST SIGN A WAIVER PRIOR TO THE START OF CLASS