

Aquatics Schedule Effective April 11, 2025

This document is updated on a periodic basis. Please call the pool for the most accurate hours.

Lap Swim- Spring 2025							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Allied	8am - 12pm	2:00 pm -	8am - 12pm	2:00 pm -	8am - 12pm	12pm-4pm	
Gardens*	2pm - 7pm	5:00 pm	2pm - 7pm	5:00 pm	2pm - 7pm		
Bud Kearns*	11:30 am -	10:15 am -	11:30 am -	10:15 am -	11:30 am -	10:15am - 12:45pm	
	7:00 pm	8:00 pm	7:00 pm	8:00 pm	7:00 pm	1:45pm - 3:30pm	
Carmel	7am - 6pm	10:00 am -	7am - 6pm	10:00 am -	7am - 6pm	12:00 pm -	
Mountain	7aiii - Opiii	6:00 pm		6:00 pm		4:00 pm	
Carmel	3:00 pm -	3:00 pm -		3:00 pm -			10:00 am -
Valley	6:00 pm	6:00 pm		6:00 pm			2:00 pm
City Heights	2:00pm-	2:00pm-	2:00pm-	2:00pm-	2:00pm-		11:00am-
City Heights	6:30pm	6:30pm	6:30pm	6:30pm	6:30pm		3:00pm
Clairemont	Pool Closed for Renovations October 26, 2024 - Summer 2025						
Calina Dal Cal		11:00 am -		11:00 am -		12:00 pm -	
Colina Del Sol		6:00 pm		6:00 pm		4:00 pm	
Kearny Mesa	Pool Closed for Emergency Maintenance April 8, 2025						
Martin Luther King Jr.	Pool Closed for Renovations November 4, 2024 - Summer 2025						
Memorial	10:00 am -	1:00 pm -	1:00 pm -	1:00 pm -	10:00 am -	12:00 pm -	
	4:00 pm	4:00 pm	4:00 pm	4:00 pm	4:00 pm	4:00 pm	
Ned Baumer	1:30 pm -	9 am - 11 am	1:30 pm -	9 am - 11 am	1:30 pm -		
	1.50 pm	9 am - 11 am	1.30 piii -	9 am - 11 am	1:30 pm -		
Ned Baumer	2:45 pm	1:30pm - 2:45pm	2:45 pm	1:30pm - 2:45pm	2:45 pm		
			•			11:30 am -	
Swanson		1:30pm - 2:45pm	2:45 pm	1:30pm - 2:45pm	2:45 pm	11:30 am - 3:45 pm	
Swanson		1:30pm - 2:45pm 11:00 am -	2:45 pm 11:00 am -	1:30pm - 2:45pm 11:00 am -	2:45 pm 11:00 am -		11:00 am -
	2:45 pm	1:30pm - 2:45pm 11:00 am - 3:00 pm	2:45 pm 11:00 am - 3:00 pm	1:30pm - 2:45pm 11:00 am - 3:00 pm	2:45 pm 11:00 am -		11:00 am - 5:00 pm
Swanson Standley	2:45 pm 7:00 pm -	1:30pm - 2:45pm 11:00 am - 3:00 pm 7:00 am - 2:00 pm	2:45 pm 11:00 am - 3:00 pm 7:00 pm -	1:30pm - 2:45pm 11:00 am - 3:00 pm 7am - 11am 12pm - 2pm	2:45 pm 11:00 am -		
Swanson	2:45 pm 7:00 pm - 8:30 pm	1:30pm - 2:45pm 11:00 am - 3:00 pm 7:00 am - 2:00 pm	2:45 pm 11:00 am - 3:00 pm 7:00 pm - 8:30 pm	1:30pm - 2:45pm 11:00 am - 3:00 pm 7am - 11am 12pm - 2pm	2:45 pm 11:00 am - 3:00 pm		
Swanson Standley	2:45 pm 7:00 pm - 8:30 pm 11:30 am-3:30 pm	1:30pm - 2:45pm 11:00 am - 3:00 pm 7:00 am - 2:00 pm 1:30 pm -	2:45 pm 11:00 am - 3:00 pm 7:00 pm - 8:30 pm 11:30 am-3:30 pm	1:30pm - 2:45pm 11:00 am - 3:00 pm 7am - 11am 12pm - 2pm 1:30 pm -	2:45 pm 11:00 am - 3:00 pm 11:30 am-3:30 pm		

^{*} Limited lanes at certain times of day. Please call ahead.

Pool Closed May 21, May 26, June 7, June 19, July 4

See next page for Recreation Swim Hours

	Recreational Swim- Spring 2025						
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Allied	9:30am-12pm	2:00 pm -	9:30am-12pm	2:00 pm -	9:30am-12pm	12pm-4pm	
Gardens	2pm - 4 pm	4:00 pm	2pm - 4 pm	4:00 pm	2pm - 4 pm		
Bud Kearns	12:00 pm -		12:00 pm -		12:00 pm -	10:15am - 12:45pm	
Dua Kearris	3:00 pm		3:00 pm		3:00 pm	1:45pm - 3:30pm	
Carmel						12:00 pm -	
Mountain						4:00 pm	
Carmel Valley							12:00 pm -
(Main Pool Only)							2:00 pm
City Heights**	2:00pm-	2:00pm-	2:00pm-	2:00pm-	2:00pm-		11:00am-
city Heights	5:00pm	5:00pm	5:00pm	5:00pm	5:00pm		3:00pm
Clairemont		Pool Close	d for Renovati	ions October 2	26, 2024 - Sum	mer 2025	
		10.00		10.00		1.00	
Colina Del Sol		12:30 pm -		12:30 pm -		1:30 pm -	
		5:00 pm		5:00 pm		4:00 pm	
Kearny Mesa	Pool Closed for Emergency Maintenance April 8, 2025						
Martin Luther	Pool Closed for Renovations November 4, 2024 - Summer 2025						
King Jr.	1.00	1.00		1.00		10.00	
Memorial*	1:00 pm -	1:00 pm -	1:00 pm -	1:00 pm -	1:00 pm -	12:00 pm -	
	4:00 pm	4:00 pm	4:00 pm	4:00 pm	4:00 pm	4:00 pm	
Ned Baumer	1:15 pm -	1:15 pm -	1:15 pm -	1:15 pm -	1:15 pm -		
	2:45 pm	2:45 pm	2:45 pm	2:45 pm	2:45 pm		
Swanson		1:00 pm -	1:00 pm -	1:00 pm -	1:00 pm -	1:00 pm -	
J. 113011		3:00 pm	3:00 pm	3:00 pm	3:00 pm	3:45 pm	
Standley***	7:00 pm -		7:00 pm -				12:00 pm -
	8:30 pm		8:30 pm				5:00 pm
Tierrasanta	1:00 pm -	3:00 pm -	1:00 pm -	3:00 pm -	1:00 pm -		
(Main Pool Only)	3:30 pm	5:00 pm	3:30 pm	5:00 pm	3:30 pm		
Vista Terrace	2:00 pm -	2:00 pm -		2:00 pm -	2:00 pm -		
	6:00 pm	6:00 pm		6:00 pm	6:00 pm		

^{*} Limited lanes at certain times of day. Please call ahead.

Pools closed May 21, May 26, June 7, June 19, July 4

See next page for Water Fitness Hours

^{**}Operation of the slides & children's pool is dependent on multiple factors. Please call ahead.

^{***}Shallow end only

	Water Fitness - Spring 2025						
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Allied	8:00 am -	5:30 pm -	8:00 am -	5:30 pm -	8:00 am -	3:00pm-	
Gardens	9:00 am	6:30 pm	9:00 am	6:30 pm	9:00 am	4:00pm	
Bud Kearns**		9:00 am -		9:00 am -			9:00 am -
Bud Keums		10:00 am**		10:00 am**			10:00 am**
Carmel	9:15 am -		9:15 am -		9:15 am -	10:15 am -	
Mountain	10:15 am		10:15 am		10:15 am	11:15 am	
Carmel	3:00 pm -	3:00 pm -		3:00 pm -			11:00 am -
Valley	4:00 pm	4:00 pm		4:00 pm			12:00 pm
City Heights	5:30pm-		5:30pm-				11:00am-
City Heights	6:30pm		6:30pm				12:00pm
Clairemont	Pool Closed for Renovations October 26, 2024 - Summer 2025						
Colina Del Sol		11:15a-12:15p		11:15a-12:15p		12:15 pm -	
Colina Del Sol		5:30-6:30pm		5:30-6:30pm		1:15 pm	
Kearny Mesa	Pool Closed for Emergency Maintenance April 8, 2025						
Martin Luther King Jr.	Pool Closed for RenovationsNovember 4, 2024 - Summer 2025						
Memorial	10:00 am -				10:00 am -		
iviemoriai	11:00 am				11:00 am		
Ned Baumer							
Swanson		11:00 am -	11:00 am -	11:00 am -	11:00 am -	11:30 am -	
Swanson		12:00 pm*	12:00 pm	12:00 pm*	12:00 pm	12:30 pm	
Standley**		9:30 am -		9:30 am -			11:00 am -
		10:30 am**		10:30 am**			12:00 pm
Tierrasanta**	12:00 pm -		12:00 pm -		12:00 pm -		
rierrusuntu	1:00 pm		1:00 pm		1:00 pm		
Vista Terrace		4:30 pm -		4:30 pm -			
		5:30 pm		5:30 pm			

*Arthritis class

**Deep end only

Pools closed May 21, May 26, June 7, June 19, July 4

Water Fitness Admission Fees:

\$ 5.00 /Class \$ 39.00 /10 Classes

ALL PARTICIPANTS MUST SIGN A WAIVER PRIOR TO THE START OF CLASS