

Special Events

HALLOWEEN CARNIVAL

Bring the whole family and have a HOWLING good time!

Date: October 19th, 2018 Time: 5pm-7pm

No admission charge, free games and Costume Contest.



Open Gym

Pickleball

Pickleball is a fun game that is played on a badminton court with the net lowered to 34 inches at the center. It is played with a perforated plastic baseball (similar to a whiffle ball) and wood or composite paddles. It is easy for beginners to learn, but can develop into a quick, fast-paced, competitive game for experienced players. Here at the Recreation Center we have paddles, balls, and nets for you to use.

Basketball

During our Open Gym hours anyone is open to come and play basketball. We have one full sized court with 2 half size courts overlapping for a total of 6 hoops. Need a basketball? We have indoor and outdoor balls you can borrow, (you will need a current ID to check out a basketball).

Volleyball

Open Volleyball is a free event to the public and is also a new event here at RBRC. It is played on 1 court with 6 players to each team on that court (so 12 people to a court). Here at RBRC, we have 2 courts to play on. You get 3 chances to hit the ball over the net without allowing the ball to hit the ground. Once that said team wins the point, they get the right to serve. The server is located on the top right corner of the court. If you get the point while serving, the person continues to serve until the other team wins a point. When your team wins a point and you were not serving, your team will rotate to the right to allow everyone on the team to serve.

Badminton

Badminton is a fun game that is a new event here at Rancho Bernardo Recreation Center. Here at the rec center, we have two courts, each consist of 30 minute games for 4 people to a court. We, here at RBRC, have the nets and also provide the birdies and badminton racquet if needed by the patron. Badminton is a game of doubles. 2 players for each team, with a court consisting of 4 players. Each team will have a chance to serve. When your partner serves, you play the point, and then the other partner serves. This will continue for 30 minutes or until the certain team gets to 21 points.

For more information regarding the rules and regulations on open play hours you can check out our real time open play calendar. <http://www.sandiego.gov/park-and-recreation/centers/recctr/rancho.shtml>

Also you can google our name "Glassman Rec. Center"

All times are subject to change without notice



The City of
SAN DIEGO
Park and Recreation Department



18448 West Bernardo Drive, San Diego, CA 92127
(858) 538-8129
www.sandiego.gov/park-and-recreation

RANCHO BERNARDO/GLASSMAN RECREATION CENTER

FALL 2018 PROGRAM

PAYMENT INFORMATION

The following hours are the times that staff can take registration for programs and permits. All registration for classes and permits can only be received when there are **two trained staff members present**. We apologize for any inconvenience this may cause you or your family.

MONDAYS: 12:00PM -4:00PM
TUESDAYS: 1:00PM – 8:00PM
WEDNESDAYS: 12:00PM -4:00PM
THURSDAYS: 1:00PM – 6:00PM
FRIDAYS : 12:00PM – 4:00PM
SATURDAYS: 10:00AM - 4:00PM
SUNDAYS: CLOSED

Please remember we only take **checks, exact cash or credit cards**.

HOLIDAY CLOSURES

Labor Day September 3rd
Veteran's Day November 12th
Thanksgiving November 22nd

HOURS OF OPERATION

Monday 10:00am - 8:00pm
Tuesday 9:30am - 9:30 pm
Wednesday 10:00am- 8:00pm
Thursday 9:30 am - 8:30 pm
Friday 11:00am - 8:00 pm
Saturday 9:00am - 5:00 pm

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OUR VALUED STAFF

Angel Castro	Area Manager II
Eric McDonald	Center Director III
Zak Darman	Assistant Center Director
Keith Luberto	Recreation Leader I
Aaron Murphy	Recreation Leader I
Savannah Lee	Recreation Leader I
Robert Reiter	Ground Maintenance Worker II

AS A RECIPIENT OF FEDERAL FUNDS, THE CITY OF SAN DIEGO CANNOT DISCRIMINATE AGAINST ANYONE ON THE BASIS OF RACE, COLOR, CREED, SEX, AGE, NATIONAL ORIGIN OR ANCESTRY, RELIGION, PREGNANCY, PHYSICAL OR MENTAL DISABILITY, VETERAL STATUS, MARITAL STATUS, MEDICAL CONDITION, GENDER (TRANSEXUAL AND TRANSGENDER), SEXUAL ORIENTATION, AS WELL AS ANY OTHER CATEGORY PROTECTED BY FEDERAL, STATE OR LOCAL LAW. IF ANYONE BELIEVES HE OR SHE HAS BEEN DISCRIMINATED AGAINST, HE OR SHE MAY FILE A COMPLAINT ALLEGING THE DISCRIMINATION WITH EITHER THE CITY OF SAN DIEGO PARK AND RECREATION DEPARTMENT (CONTACT DISTRICT MANAGER AT (619) 235-1133 OR THE OFFICE OF EQUAL OPPORTUNITY, U.S. DEPARTMENT OF THE INTERIOR, WASHINGTON, D.C. 20240). THIS INFORMATION IS AVAILABLE IN ALTERNATIVE FORMATS UPON REQUEST.



Park and Recreation Department
We enrich lives through quality parks and programs

Rancho Bernardo Recreation Center

18448 West Bernardo Dr San Diego, Ca 92127

- Part time position
- Put on programs, help set up events, help with customer service, etc
- 20-29 hours a week

For more information, please see front desk!



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GENERAL INFORMATION

RANCHO PENASQUITOS SKATE PARK

PQ Skate Park is unsupervised.
SKATE AT YOUR OWN RISK!

Hours of Operation - Open 7 days a week 10am - Dusk (Park will close for rain and inclement weather.)
Skate park is for skateboarding, skates, and rollerblades only. Bicycles, scooters, and motorized equipment are NOT permitted.

Rules and Regulations: Parent/Guardian must accompany children under 12 years old. Skaters must be in full safety equipment to enter (helmet, elbow, and knee pads). No smoking, alcohol, food or drink. Glass containers not allowed. Littering and graffiti not permitted. Unauthorized ramps or obstacles cannot be used inside or outside the skate park area. Visitors/spectators are required to remain outside fenced area. Animals not permitted. In Case of Emergency, call 911. Report emergency and maintenance concerns to (858) 538-8132. City of San Diego Municipal Code SEC.63.0107

THERAPEUTIC RECREATION SERVICES

All Activities accommodate people with disabilities. Upon availability, Therapeutic Recreation Services staff will provide additional assistance from recreation staff requiring a three week advance notice. An assessment will be made to determine if a one-on-one aide is needed. Therapeutic Recreation Services is a Citywide Program that provides recreation opportunities for people with disabilities. More information is available by calling (619) 525-8247 or (619) 525-8249TDD.

WATER CONSERVATION

Rancho Bernardo Rec. Center would like to encourage you to "Think Blue" and help conserve water.



ALL CITY OF SAN DIEGO PARKS & BEACHES ARE SMOKE FREE.



AED ON SITE IN THE Main Office of the RECREATION CENTER.

Public Defibrillators are located at all City of San Diego Recreation Centers.

IMPORTANT INFORMATION

TO KNOW

- **SAN DIEGO SOCCER CLUB**
SanDiegoSoccerClub.org
- **RB POP WARNER**
www.RBPopWarner.org
- **RB LITTLE LEAGUE**
www.RBLL.org
- **RB YOUTH BASKETBALL**
www.RBYBL.com
- **RB GIRLS SOFTBALL**
www.RBGirlsSoftball.org
- **RB TENNIS CLUB**
(858) 487-9698
- **ED BROWN SENIOR CENTER**
(858) 487-9324
- **RB DOG PARK**
(858) 538-8129
www.RanchoBernardoDogPark.com
- **Friday Night Lights**
www.nsdfln.com

GENERAL INFORMATION

RESERVATIONS INFORMATION

For park/facility reservations including; sports field use, room rentals, party jumpers and/or gazebo. Please contact the Rancho Bernardo Recreation Center. Ask to speak to Eric McDonald at (858) 538-8129.

PERMIT HOLDER REQUIREMENTS

- Must provide proof of insurance.
- Must provide own advertisement for program.
- Registration is not required to submit proof of fingerprinting for their coaches, volunteers and/or instructors.

REQUIREMENTS FOR INDEPENDENT

CONTRACTORS

- All contractors, sub-contractors and volunteers must be fingerprinted through the City of San Diego Live Scan Process.
- Contractor must submit a business license and proof of insurance.
- City staff handles all registration for the program.
- Contractor must provide Worker's Comp. coverage for all employees.

VOLUNTEERS NEEDED

Ongoing opportunities are available at recreation centers, pools, and regional parks throughout the City, as well as with senior and therapeutic recreation programs. If you would like to volunteer, please see staff for more information, or visit <http://www.sandiego.gov/park-and-recreation/general-info/employment/volunteer/index.shtml>

or contact the Volunteer Office at (619) 533-4017.

RANCHO BERNARDO DOG PARK

Hours: Dawn till Dusk Daily

Dog Park is closed every Thursday from 8:00am -12:00pm for maintenance and DURING RAINY WEATHER.

www.RanchoBernardodogpark.com

Feel Free to check the website for any additional updates. Remember; PLEASE Keep your dog on a leash during your city park visit. *IT IS THE LAW!*



DONATIONS

By donating to the Park and Recreation Department you can help to enrich the lives of others by improving the quality of the parks and programs. For more information on how to donate please contact Center Director, Eric McDonald at (858) 538-8129.

REFUND POLICY

• Full refunds will be issued for any class cancelled by the City. If a class is cancelled, you will be notified by email and a refund check will be mailed to the address on the family account.

There is a \$10.00 processing fee on all refunds.

• Refunds are processed within 10 business days of the request. All approved refund requests will be paid via check. This includes credit card transactions. A Refund Request Form (available at the Recreation Center office) and your registration receipt must be submitted at least 48 hours prior to the second class meeting.

• Due to the nature of their business, class instructors rely on registration numbers in order to plan safe and well supervised classes. If you or your child is unhappy, or your child does not participate after the refund deadline, we cannot process a refund. Thank you for your understanding.

• If your child has a medical emergency after registration day and cannot participate in class, please contact the staff as soon as possible. A refund request must be submitted as soon as possible. Refunds/credits will be determined on a case to case basis by the Center Director. For more info please call, 858-538-8129.

RECREATION ADVISORY GROUP

These groups of concerned citizens volunteer their time to advise Park and Recreation staff on matters related to park and recreation programs, community events, equipment and improvements. They plan, promote, publicize and help provide recreation opportunities for citizens in the Rancho Bernardo community. Groups, clubs and leagues using the parks are encouraged to send a representative to the meetings. Meetings are open to the public. New membership is encouraged and welcomed. The RB Recreation Council meets on the third Wednesday of every odd month at 7:00pm at the Rancho Bernardo Recreation Center. Persons interested in making a positive impact or who have concerns about local parks and the recreation center should attend these meetings.



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YOUTH BASKETBALL SKILLS PROGRAM

Rising 5th—8th grade boys and girls

Wednesdays September 12th—October 30th

@ RB Glassman Recreation Center

4pm—5pm

Registration fee is \$40 for all eight (8) + \$2 transaction fee

Coached by Keith Luberto: 20 years experience coaching youth basketball teams, camps, and clinics

*Register online at SDRecConnect.com
Please wear indoor or running shoes*



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PROGRAMS

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Civic Dance Arts

SAN DIEGO PARK AND RECREATION DEPARTMENT

The City of San Diego Dance Department conducts this popular and fun dance program. Dance for Life...Dance for Health... Dance for Joy! Classes consist of tap, jazz, and ballet.

Saturdays:

Fall Semester September 29th — December 8th
—Subject to change



Classes:

9:15a Pre-Tap (4-5yrs) [54996]	Ballet 1A (7-15yrs) [54892]
10:00a Tap 1A (6-17yrs) [54993]	Adult Tap 1A (18yrs+) [54893]
10:45a Jazz 1A (6-17yrs) [54990]	Adult Jazz 1A (18yrs+) [54894]
11:30a Tap 2A (6-15yrs)* [54986]	Adult Tap 2B (18yrs+)* [54895]
12:15p Tap 2B (6-17yrs)* [54989]	Adult Jazz 2B (18yrs+)* [54896]
1:00p Jazz 2A (6-17yrs)* [54980]	Ballet 2A (7-17yrs)* [54897]
1:45p Jazz 2B (6-17yrs)* [54983]	Ballet 1B (7-17yrs)* [54898]

*BY TEACHER PROMOTION ONLY

Cost: \$41.00/ Per Semester (10 weeks)

For more Info: 619-235-5255 or www.cividdancearts.org

Winter Registration starting 9/15 @ 10am

Using activity [number] listed above go on SDReconnect.com

Parent's Night Out

Go out for a night on the town feeling confident that your little ones are safe and having the time of their lives. Parents can drop their kids off at 5:00pm and pick their kids up before 9:00pm. While parents are on their date the kids will be having fun doing arts and crafts, games, sports, and watching a G or PG movie. Dinner, snacks and drinks are included in this great offer. Children between ages of 4-13 years old. Sign up on SDRec-Connect.com.

Cost: \$10 per child + \$2 Transaction Fee

Time 5:00pm-9:00pm

Date: 3rd Friday night of every month

Interested in the program?

Contact the Office in person or by phone at (858) 538-8129.



TENNIS LESSONS

Both private and group lessons are being offered at the RB Community Tennis Center Located next to Rec. Center. For times and prices call 858 487-9698 or email

rbctc_scott@cox.net

Adult Fitness Class

This is an exercise class appropriate for individuals who are fit and active as well as those who have been sedentary or are intimidated or unfamiliar with exercise classes. Working in a group setting, the class is designed to increase strength, endurance, range of movement, agility, balance and coordination. We provide an environment for success for everyone while working on healthy longevity of the body and brain. We also focus on having fun and building friendships too. So come and join us and let's have fun!

Ages: 18+

Days: Every Tuesday's and Thursday's**

Time: 9:30am-10:30am

Location: GYM in RBRC

Cost: \$40 for 2 weeks (4 classes),
\$60 for 4 weeks (8 weeks), or Class Pass*

** No class All City Holidays

*Class Pass through the Ed Brown Adult Center



FREE BREAK DANCING SESSIONS

Ever wanted to learn some authentic break dancing? Need a place to practice your moves? Want to get some good exercise? OG B-Boy Ronnie "Ronzone" Isaguirre and the Rancho Bernardo Recreation Center bring you practice sessions. Whether you are beginner or advanced, come learn and practice with us! Anyone can come and join the fun! Music will be provided!

Parent/Guardian must sign liability form before child can participate.

Time: 5:30 p.m.-8 p.m.

EVERY FRIDAY FOR FREE!!!

Online Registration is available through ActiveNet online registration system.

You can enroll for classes from your home or in person using this system. Additionally, you can pay using a credit card! We will continue to accept cash and checks at the recreation center for on site registration if you prefer. To prepare your family, you will need to do the following in advance to expedite your first registration.

Log onto www.SDRecConnect.com

-Click the "Create Account" and fill out all required fields for the primary responsible person.

-Click "Submit" or "Submit & Add A Family Member" if signing up a child to a class.

Important to check email for a confirmation message and to open activation link. You will not be able to use your new account until you have opened the link.

***Effective September 8, 2015**, service fees will apply as follows for all transactions. For Online Registrations, \$2 Transaction fee and 3% Processing fee will be charged for every transaction. For In-house Registrations, \$2 Transaction fee will be charged for every transaction. Rates are established by the service provider and are nonrefundable

Tiny Tots Program

Tiny Tots Tumbling/Gymnastics

This class features beginning gymnastics where children and their parents explore different activities using various pieces of gymnastic equipment. Emphasis is placed on learning tumbling skills such as forward rolls, balancing, strength coordination and movement exploration. The children will get to use a jumper and trampoline as well as songs and parachute play with parent participation. This class ensures your child will burn energy, learn new skills and have fun at the same time! Children between ages of 2-6 years old.

Tuesdays at 11am-12pm.

Tiny Tots Arts & Crafts

Our program is all about discovery and encourages children to pursue new talents and interests while building confidence. Participants enhance their skills through socialization, beginning academics, numbers, language, arts and crafts and much more. It will challenge the creativeness of every child with seasonal as well as educational projects. Children between ages of 2-6 years old.

Thursdays at 11am-12pm.

Cost: \$25 for four (4) classes for both days