



The City of San Diego  
 Park and Recreation Department  
 We Enrich Lives Through Quality Parks and Programs  
 www.sandiego.gov



# Rancho Penasquitos 2016 Program of Classes and Events

***Canyonside  
 Community Park***  
 12350 Black Mountain Rd.  
 San Diego, CA 92129  
 (858) 538-8131

***Black Mountain  
 Multi-Purpose Center***  
 9353 Oviedo Street  
 San Diego, CA 92129  
 (858) 538-8128

***Hilltop  
 Community Park***  
 9711 Oviedo Way  
 San Diego, CA 92129  
 (858) 538-8198



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***Rancho Penasquitos  
 Skate Park***  
 10111 Carmel Mtn. Rd.  
 San Diego, CA 92129

### Holiday Closures

**Monday, 5/30/16 -  
 Memorial Day**

**Monday, 7/4/16 -  
 Independence Day**

**Monday, 9/5/16 -  
 Labor Day**



Online registration is now available. Class registration begins Saturday, May 14, 2016 at 10:00am. See page 3 of this brochure for more details. Classes fill up quickly. Register early!



Park Use Permits and Recreation Center Use Permits are taken by appointment only. Please contact the Canyonside Center Director @ (858) 538-8131 or Hilltop Center Director @ (858) 538-9198 to make and appointment.

## Canyonside Recreation Center Staff and Hours of Operation

### HOURS OF OPERATION \*

Monday	11:00am - 8:00pm
Tuesday	11:00am - 10:00pm
Wednesday	11:00am - 10:00pm
Thursday	11:00am - 8:00pm
Friday	11:00am - 7:00pm
Saturday	8:00am - 4:00pm
Sunday	11:00am - 3:00pm



AED Public Defibrillators are located at all City of San Diego Recreation Centers.



**Open Play Basketball Hours**  
Tuesdays, 6:30pm - 9:45pm  
Wednesdays, 7:30pm - 9:45pm  
Sundays, 11:00am - 3:00pm  
**\*Hours subject to change with short notice, pending City budget constraints.\***



All City of San Diego Parks and Beaches are Smoke Free.

### Upcoming Events

City of San Diego Park and Recreation Department and the Rancho Penasquitos Recreation Council present:



## **Rancho Penasquitos Annual Community Fireworks Show** **Friday, July 1st at Westview High School**

**Bring your family and friends out for a great night of amazing fireworks. Detailed information to come.**



### **Western Family BBQ**

**Friday, Aug. 12, 2016**

**6:00pm - 9:00pm**



Join us for delicious BBQ, live entertainment and some boot stompin' fun! Look for more details to come.

### **Polynesian Family Getaway**

*Cast your cares away at Hilltop's Polynesian Getaway. Join us for a delicious Island inspired meal, free live entertainment, and an evening filled with the spirit of the islands.*

**Friday, September 9, 2016**

**6:00pm - 8:30pm**



**Adult Plate - \$5**  
**Child's Plate - \$3**  
**Drinks - \$1**

# Canyonside and Hilltop Recreation Centers Class Registration Information

## Registration Information

**Online Registration** will be available this season. Children under 18 must be registered by their parent/legal guardian. **NO EXCEPTIONS!** You may register online for all programs offered by the Recreation Council using the Online Activity Registration System. Use activity codes assigned for each class. Codes appear in brackets: [1234]

**LOG ONTO: [www.SDRecConnect.com](http://www.SDRecConnect.com)**

**New Accounts** - click on the "Create Account" button. Fill out the New Account request form completely, including all required fields (Birth date, gender, email address, etc.) and click submit. Please submit your request only once. You will receive a confirmation email at the address you provided.

Please follow directions provided to activate your account. ***It is very important to follow the directions on the confirmation email or your account will not be activated!***

**\*Please note: (For first time users only). Parents/Guardians must create their own account first using their own information. Once you have an online registration account, you will have the opportunity to add a child as a family member.**

**Returning Customers (previously registered for classes online)** - Click the "My Account" button.

Enter your Login (email) and password.

If you need help, please click the FAQs button for information. Historically, only a few classes fill to capacity on the first day of registration. Register early for best availability. When classes fill to capacity, waiting lists are formed. To ensure program quality for all participants, no exceptions are made regarding class enrollment sizes. Programs may be cancelled if the minimum enrollment requirement is not met 48 hours prior to the start of the first class.

All participants must meet age requirements.

**Effective September 8, 2015, service fees will apply as follows for all transactions. For Online Registrations/ Reservations, \$2 Transaction fee and 3% Processing fee will be charged for every transaction. For In-house Registrations/ Reservations, \$2 Transaction fee will be charged for every transaction. Rates are established by the service provider and are nonrefundable.**

## Payment Policy:

- All fees must be paid in full at the time of registration.
- Registration taken at the recreation center must be paid for by check payable to RPRC or paid with the **exact cash amount**, or by credit card.
- **THERE'S A \$25.00 FEE FOR RETURNED CHECKS.**
- Online registration requires a credit card payment. Credit cards accepted are VISA, MasterCard, American Express, and Discover. **We are unable to accept debit cards.**
- Registration conducted on a first come, first serve basis.
- Register for classes at the Recreation Center where the class is being offered.
- Register for YMCA Gymnastics at the YMCA office at 9440 Fairgrove Lane.
- Classes are not held on observed holidays.
- Low income fee waivers are available which reduces the class cost for those who qualify.
- Classes are subject to changes please call the facility in advance to confirm.
- Classes are not prorated/discounted after the beginning of the scheduled session.

## REFUND POLICY

- Full refunds will be issued for any class cancelled by the City. If a class is cancelled, you will be notified by email and a refund check will be mailed to the address on the family account.
- There is a \$10.00 processing fee on all refunds.
- Refunds are processed within 10 business days of the request. All approved refund requests will be paid via check. This includes credit card transactions. A Refund Request Form (available at the Recreation Center office) and your registration receipt must be submitted **at least 48 hours prior to the second class meeting.**
- Due to the nature of their business, class instructors rely on registration numbers in order to plan safe and well supervised classes. If you or your child is unhappy, or your child does not participate after the refund deadline, we cannot process a refund. Thank you for your understanding.
- If your child has a medical emergency after registration day and cannot participate in class, please contact the staff as soon as possible. A refund request must be submitted as soon as possible. Refunds/credits will be determined on a case to case basis by the Center Director.

## **Self Defense/Martial Arts Kajukenbo Karate**

Kajukenbo is a combined self-defense martial arts style created in Hawaii by five martial arts practitioners with diverse styles and cultural backgrounds. Kajukenbo utilizes traditional and modern methods incorporating Karate, Judo, Jujitsu, Kenpo and Boxing (European and Chinese) with emphasis on real life self-protection skills. The training teaches discipline and respect, promotes self-esteem and develops scholastic achievements. Kajukenbo also enhances coordination, balance, flexibility, agility and confidence. A great class for youths, teens and adults with all levels of ability! This is a complete program where the goal is to "Learn and Earn" through each belt rank by means of memorization, application and performance. Come and participate in a free introductory class!!

### **CLASS #1 Youth Beginning to Intermediate**

**AGES:** 6 - 12 years old  
**DAY/TIME:** Tuesdays 5:00pm - 6:00pm  
Thursdays 5:00pm - 6:00pm

#### **Session 1 6/7/16 - 7/7/16**

Tuesdays only \$50.00 [26424]  
Thursdays only \$50.00 [26425]  
Tuesday & Thursday \$70.00 [26423]

#### **Session 2 7/19/16 - 8/18/16**

Tuesdays only \$50.00 [26426]  
Thursdays only \$50.00 [26427]  
Tuesday & Thursday \$70.00 [26428]

### **CLASS #2 Youth/Teens Intermediate to Adv.**

**AGES:** 7 - 15 years old  
**DAY/TIME:** Tuesdays 6:00pm - 7:00pm  
Saturdays 10:00pm - 11:00am

#### **Session 1 6/7/16 - 7/9/16**

Tuesdays only \$50.00 [26418]  
Saturdays only \$50.00 [26419]  
Tuesday & Saturday \$70.00 [26417]

#### **Session 2 7/19/16—8/20/16**

Tuesdays only \$50.00 [26421]  
Saturdays only \$50.00 [26422]  
Tuesday & Saturday \$70.00 [26420]

### **CLASS #3 Adults / Advance Rank**

**AGES:** 16 yrs. and older  
**DAY/TIME:** Tuesdays 7:00pm - 8:00pm  
Saturdays 11:15am - 12:45pm

#### **Session 1 6/7/16 - 7/9/16**

Tuesdays only \$58.00 [26411]  
Saturdays only \$58.00 [26412]  
Tuesday & Saturday \$70.00 [26413]

#### **Session 2 7/19/16—8/20/16**

Tuesdays only \$58.00 [26414]  
Saturdays only \$58.00 [26415]  
Tuesday & Saturday \$70.00 [26416]



**Instructor: Rex Cabanas**  
**Assistant Instructors: Maile and Reece Cabanas**  
For more information, call Sifu Rex @  
(858) 735-CREX (2739). Classes are subject to  
change or cancellation with make-ups.

# **KAJUKENBO**

*\*Effective September 8, 2015, service fees will apply as follows for all transactions. For Online Registrations/Reservations, \$2 Transaction fee and 3% Processing fee will be charged for every transaction. For In-house Registrations/Reservations, \$2 Transaction fee will be charged for every transaction. Rates are established by the service provider and are nonrefundable.*



## **Bright Beginnings Preschool Summer Family Day**

Bright Beginnings Preschool is a developmentally appropriate public recreation program designed to help children become "school ready" in a fun and safe learning environment. We are a child-centered, hands on preschool with a play based curriculum. We strive to create an environment where children are encouraged and given time to play and learn, wonder and grow. We foster mutual respect by celebrating each child's independence, self-confidence and individual learning styles. **We are now signing up for Family Day Camp. Tons of fun activities for your preschooler, kindergartner and older siblings too! For more information on summer activities please contact Linh Tran at (619) 846-9390 (voice or text); or email [mslinhtran73@yahoo.com](mailto:mslinhtran73@yahoo.com).**

*Please confirm availability with instructor before registering for each session. Thanks.*

<b>Session One (4 weeks):</b>	<b>Session Two (4 weeks):</b>	<b>Session Three (2 weeks):</b>
<b>June 13 - July 8, 2016</b>	<b>July 11 - Aug. 5, 2016</b>	<b>Aug. 8 - Aug. 19, 2016</b>
(Days are flexible)	(Days are flexible)	(Days are flexible)
4 days\wk M-Th \$368 [26398]	4 days\wk M-Th \$368 [26401]	4 days\wk M-Th \$184 [26404]
3 days\wk M/W/F \$276 [26396]	3 days\wk M/W/F \$276 [26400]	3 days\wk M/W/F \$138 [26403]
2 days\wk T/Th \$184 [26397]	2 days\wk T/Th \$184 [26399]	2 days\wk T/Th \$92 [26402]
1 day\wk F \$92 [26408]	1 day\wk F \$92 [26409]	1 day\wk F \$46 [26410]



### **Maggie's Fine Art Class**

A complete fine arts program for children and adults. Learn drawing and painting skills using a variety of art materials. Have fun as you develop your creative imagination. These classes are great for all ages and ability levels. Students work at their own pace. Come and experience the joy of the fine arts. For ages 5 years and up.

**Session 1: 6/7/16 - 7/9/16 Fees: \$70**

Tuesdays 4:00pm - 4:55pm [26447]  
 Saturdays 10:00am - 10:55am [26448]  
 Saturdays 11:00am - 11:55am [26449]

**Instructors:** Maggie Chiang and experienced art teachers

**For more information, please call Maggie or David Chiang at (858) 538-1925 or email [maggiesart98@gmail.com](mailto:maggiesart98@gmail.com) [www.maggiesart.webs.com](http://www.maggiesart.webs.com)**  
 \*Classes are also offered at Hilltop on Wednesdays\*



**Session 2: 7/19/16—8/20/16 Fees: \$70**

Tuesdays 4:00pm - 4:55pm [26450]  
 Saturdays 10:00am - 10:55am [26451]  
 Saturdays 11:00am - 11:55am [26452]

## **Soccer 4 Kidz**



Come down to Canyonside and kick it with friends as we work on improving basic fundamentals including dribbling, passing, and shooting. Fun drills and scrimmages too!

Ages: 4 - 7 years old Fee: \$10 per session

**Session 1 6/7/16 - 7/5/16**

Tuesdays, 4:00pm - 4:30pm [26575]  
 4:45pm - 5:15pm [26576]

**Session 2 7/19/16 - 8/16/16**

Tuesdays, 4:00pm - 4:30pm [26577]  
 4:45pm - 5:15pm [26578]

## **KidsFit**



Join us at Canyonside Park. We will be walking a couple of laps around the field to get the blood pumping followed by some light stretches and then a fun game for everyone to play.

**DAY/TIME:**

First & Third Thursdays and  
 Second & Fourth Wednesdays  
 11:00am—11:30pm **FREE!!!**

6/13/16 - 7/8/16 [26573] 7/11/16—8/5/16 [26574]



**“Smart Kids” Fine Art and Enrichment Summer Camps**

We will be offering a fun and unique camp this summer! In the mornings, we offer a fine art camp program. Students will learn the skills of drawing and painting with a variety of art materials. They will be able to explore their own creativity as they work at their own pace. In the afternoon, our camp will focus on fun and enrichment with water fun, indoor and outdoor games, tennis and arts and crafts. Throughout the summer, the children will also go on a variety of field trips as they enjoy their summer at Maggie’s Art Summer Camp. Camps run weekly June 15, 2015 through August 14, 2015.

Please register early!

**Morning Art Program**

**9:00am - 12:00pm**

\*Two art classes: drawing and painting; cartoon; watercolor; and fashion design and drawing.

\*Outdoor and indoor games

**Fee:** \$125 per week

**Dates and Codes:**

- June 13 - June 17 [26429]
- June 20 - June 24 [26430]
- June 27 - July 1 [26431]
- July 5 - July 8 (\$100 short week) [26432]
- July 11 - July 15 [26433]
- July 18 - July 22 [26434]
- July 25 - July 29 [26435]
- Aug. 1 - Aug. 5 [26436]
- Aug. 8 - Aug. 12 [26437]
- Aug. 15 - Aug. 19 [26566]
- Aug. 22 - Aug. 26 [26567]

**Full Day Camp**

**9:00am - 6:30pm**

\*Tutoring time: English, Math, Chinese, and Science

\*Water Fun, Outdoor and Indoor games

\*Crafts, story time and snacks

**Fee:** \$200 per week

**Dates and Codes:**

- June 13 - June 17 [26438]
- June 20 - June 24 [26439]
- June 27 - July 1 [26440]
- July 5 - July 8 (\$160 short week) [26441]
- July 11 - July 15 [26442]
- July 18 - July 22 [26443]
- July 25 - July 29 [26444]
- Aug. 1 - Aug. 5 [26445]
- Aug. 8 - Aug. 12 [26446]
- Aug. 15 - Aug. 19 [26568]
- Aug. 22 - Aug. 26 [26569]



**San Diego Civic Dance Arts Classes**

Founded in 1942, the award winning Civic Dance Arts Program of the City of San Diego Park and Recreation Department has introduced hundreds of thousands of citizens to the art form of dance. Intermediate Tap and Jazz, (ages 4-6) and Advanced Intermediate Tap and Jazz (ages 12-18) are offered on Mondays. Pre-tap classes for youth (ages 4-6), and Tap and Jazz for youth (ages 6-17) are offered on Fridays. Civic Dance Arts classes will be visible on SDRecConnect on May 20th and registration will open on Saturday, June 25, 2016 at 10:00am.

**Fees: \$41 (10 weeks). Summer session dates: Mondays 6/27/16 - 9/19/16 Fridays 7/1/16 - 9/2/16 (no classes 7/4/16 or 9/5/16)**

**For more information contact Dance Office at 619-235-5255 or [www.civildancearts.org](http://www.civildancearts.org)**

**Friday Classes**

**Friday classes are introductory classes.**

***Pre-Tap Dance (4 and 5 years old)***

Time: 4:15pm - 5:00pm

***Beginning Tap 1A (6 years & older)***

Time: 5:00pm - 5:45pm

***Beginning Jazz 1A (6 years & older)***

Time: 5:45pm - 6:30pm



**Monday Classes**

Intermediate and Advanced levels are offered on Mondays. Higher level dance classes require a pre-requisite skill that a dance instructor must set on student’s profile. Instructor approval needed to register. Please see dance instructor or dance office for more information.

**Int. Tap 3A** Time: 4:30pm - 5:15pm

**Int. Jazz 3A** Time: 5:15pm - 6:00pm

**Adv. Int. Tap 4A** Time: 6:00pm - 6:45pm

**Adv. Int. Jazz 4A** Time: 6:45pm - 7:30pm

**MORE PROGRAMS FOR EVERYONE!**

Arts and Crafts Class

Join us for a fun, free arts and crafts class. Every Monday 4:30pm til 5:30pm. Open to all ages.



**BookNook**

Reading is Recreation! Both Canyonside and Hilltop Recreation Centers have a book lending library inside their offices. Come by and take a book or leave a book! All types of books will be available.

Yoga Class

*Feeling stressed... need peace of mind... want to become energized? Then come join us for a "free" yoga class in the multi-purpose room at Canyonside Recreation Center!! Every Saturday @ 8:40am! Don't forget to bring a mat. For more information, contact Bindu Khetarpal @ (858) 538-1073 or email at bindu@tealand.com*

*Keep your mind and spirit strong...  
experience yoga!  
[26463]*



**Parks Fit San Diego 2016**

Challenge: Walk, Run, Roll or Swim 30 miles between June 18 and August 13

Reward: Get fit, stay healthy & receive a Parks Fit SD t-shirt!



Join this year's Parks Fit San Diego program by visiting any City of San Diego Park and Recreation Department facility (recreation center, pool, nature center, activity center or golf course) for a quick and easy enrollment process. Choose one activity or mix it up. Track your miles and turn them in by the due date for your Parks Fit SD t-shirt!

**Kickoff Event - 1 mile Fun Run & Eat Fit in the Park**  
Saturday, June 18, 2016 at 8:00am - 10:00am  
Morley Field, 2221 Morley Field Drive, San Diego 92104

**Finale Event - 5K Run/Walk & Family Celebration**  
Saturday, August 13, 2016 at 7:30am - 10:30am  
NTC Park, 2455 Cushing Road, San Diego 92106  
Fee: \$5.00 Please register at Cabrillo Rec. Center 3051 Canon St., San Diego, CA 92106 or at [www.SDRecConnect.com](http://www.SDRecConnect.com) [ 24791 ]

For more information:

[www.sandiego.gov/park-and-recreation](http://www.sandiego.gov/park-and-recreation)

Proudly Presented by:   
Official financial partner of the City of San Diego



**Senior Bridge Program**

Come learn the game of bridge!

**When: Fridays**

6/10/16 - 7/8/16 [26465]

7/22/16 - 8/19/16 [26466]

1:00-3:00pm

**Where: Canyonside Community Center**

**Cost: \$40**

**Register @ Canyonside or on [www.SDRecConnect.com](http://www.SDRecConnect.com)**

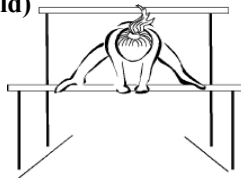
## **Rancho Family YMCA Gymnastics Classes \*\***

The San Diego Park and Recreation Department and the Rancho Penasquitos Recreation Council are proud to offer Gymventures and Progressive Gymnastics classes in conjunction with the Rancho Family YMCA. Registration for these classes is done at the YMCA office located at 9410 Fairgrove Lane. For more information on class times, schedules, fees, and registration, please stop by the YMCA office, visit the website <http://rancho.ymca.org>, or call (858) 484-8788.

### **Gymventures Program**

Gymventures is a non-competitive form of physical education where children will have the opportunity to improve their self-confidence through movement. It incorporates gymnastics into a fun and exciting experience for both the child and parent. Our goal is to give your child the building blocks necessary to expand and progress to more advanced gymnastics skills.

- Gymventures 1/2 (14 months- 2 years old)
- Transitional Twos (2.5-3.5 year olds)
- Gymventures 3 (3 year olds)
- Gymventures 4 (4 year olds)
- Gymventures 5 (5-6 year olds)



### **Boys Gymnastics Program**

We offer classes especially for boys ages 6 and older. These classes will include 5 events; floor, parallel bars, pommel mushroom, rings, and vault.

- Boys Level 1:** Designed for children without previous gymnastics experience.
- Boys Level 2:** Intermediate level for those boys who have passed the Boys level 1 skill requirements.
- Boys level 3:** Gymnast must have passed boy's level 2 skills to be placed into this class.

### **Private Lessons**

#### **Private Lessons:**

We offer private lessons for all levels. For information, please call Diane at (858) 484-8788. Days and times to be arranged.

- Fees:** \$110/\$150 --- 30 min. for 5 weeks
- \$160/\$195 --- 45 min. for 5 weeks



### **Gymnastics Program**

Our Gymnastics Program is based on the developmental skill levels formed by USA Gymnastics. Our top priorities are to ensure your child's safety, while providing a fun and inviting atmosphere from which they can reach their highest potential. We have a 1:8 instructor to student ratio for all classes. This program has been developed to provide each child at all levels a safe and sound base from which to progress.

#### **Ages 5 & 6 year olds**

- Superstars** - For children completing all GV 5 requirements.
- Adv. Superstars** - For children who have completed the Superstars skill requirements.
- Hot Shots** - Director approval required.

#### **Ages 7 and older**

- Level 1** - Beginner class for children 7 years and older.
- Level 2** - For children who have completed all skill requirements in Level 1.
- Pre-Team** - For children who have completed all skill requirements in Level 2.
- Level 3-9 Competitive Team** - This level learns the compulsory routines (levels 3-5) and participates in competitions. 3 day min. We also have Pre-Optional/Xcel and Optional teams up to level 9.
- Tumbling (Ages 8-12)** Attention Cheerleaders!! This class will help you keep up your tumbling skills during the off season. You will learn basic to intermediate tumbling skills. These skills include round-offs, walk-overs, and back handsprings. No previous tumbling experience required.
- Preteen/Teen (Ages 11-18)** This non-competitive class is for girls ages 11 and older. All skill levels welcome.

**Join the Rancho Penasquitos  
Tennis Association!  
Call (858) 484-0745**



### **Tennis Instruction**

#### **Adult Programs:**

Private and/or Group Lessons for  
Beginners or Intermediate

#### **Junior Programs:**

Private and/or group  
Lessons for Beginners, Intermediate,  
Advanced, and Tiny Tots

### **DONATIONS**

By donating to Park and Recreation Department you can help the Park and Recreation Department enrich the lives of others by improving the quality parks and programs. For more information on how to donate, please contact the center director of your park or recreation center. Canyonside, please call (858) 538-8105. Hilltop, please call (858) 538-8198.





## Hilltop Recreation Center Staff and Hours of Operation

### Holiday Closures

**Monday, 5/30/16 - Memorial Day**  
**Monday, 7/4/16 - Independence Day**  
**Monday, 9/5/16 - Labor Day**

### CENTER HOURS

Monday & Friday 10:30am - 7:00pm  
Tue./Wed./Thur. 10:30am - 7:30pm  
Saturday & Sunday 9:00am - 5:00pm

\*\*Class and permitting times varies, please call the recreation center for times.\*\*

Online registration now available for all recreation center classes. Please see page 3 of this program for directions on how to register for classes. Use activity codes assigned for each class when registering online. Activity codes are notated within brackets; eg. [1234]. You can also register in person at the recreation office. **Registration opens on Saturday, May 14, 2016 at 10:00am.**

***Effective September 8, 2015, service fees will apply as follows for all transactions. For Online Registrations/Reservations, \$2 Transaction fee and 3% Processing fee will be charged for every transaction. For In-house Registrations/Reservations, \$2 Transaction fee will be charged for every transaction. Rates are established by the service provider and are nonrefundable.***

## Hilltop Contractual Programs and Activities (858) 538-8198

### Civic Dance Arts Classes

Founded in 1942, the award winning Civic Dance Arts Program of the City of San Diego Park and Recreation Department has introduced hundreds of thousands of citizens to the art form of dance. Civic Dance Arts classes will be visible on SDRecConnect on May 20th and registration will open on Saturday, June 25, 2016 at 10:00am.

**Fees: \$41 (10 weeks). Summer session dates: Mondays 6/27/16 - 9/19/16 Fridays 7/1/16 - 9/2/16 (no classes 7/4/16 or 9/5/16)**

**For more information contact Dance Office at 619-235-5255 or [www.civicedancearts.org](http://www.civicedancearts.org)**

#### Day and Times:

All dance classes at Hilltop are on  
**THURSDAY**



#### Introductory Classes

***Pre-Tap Dance (4 and 5 years old)***

Time: 3:30pm - 4:15pm

***Pre-Ballet (4 - 6 years old)***

Time: 3:30pm - 4:15pm

***Beginning Ballet 1A (6 years & older)***

Time: 5:45pm - 6:30pm

***Beginning Tap 1A (6 years & older)***

Time: 4:15pm - 5:00pm

***Beginning Jazz 1A (6 years & older)***

Time: 5:00pm - 5:45pm

***Beginning Hip Hop 1A (6 years & older)***

Time: 6:30pm - 7:15pm



#### Higher Level Classes

Intermediate and Advanced levels are offered. Higher level dance classes require a pre-requisite skill that a dance instructor must set on student's profile.

Instructor approval needed to register. Please see dance instructor or dance office for more information.

***Adv. Beg. Tap 2A***

Time: 4:15pm - 5:00pm

***Beginning Jazz 1B***

Time: 5:00pm - 5:45pm

***Adv. Beg. Ballet 2A***

Time: 5:45pm - 6:30pm

***Beginning Hip Hop 1B***

Time: 6:30pm - 7:15pm



### Ice Skating Class

The San Diego Ice Arena offers a 4-week program giving skaters the experience of skills and excitement they've all been waiting for. During the course students will learn how to balance, glide smoothly, skate forward and backward, stop and also have time to learn a few tricks. Skaters can practice on the public session from 3:15pm - 5:15pm Skate rental is included. **Classes are held at the San Diego Ice Arena**

#### TOTS

AGE: 3 - 5 years

DAY: Wednesday TIME: 4:00pm-4:30pm

DATES/CODES: June [ 26373 ]  
 July [ 36369 ]  
 August [ 26371 ]

#### YOUTH

AGE: 6 - 17 years

DAY: Wednesday TIME: 4:30pm-5:00pm

DATES/CODES: June [ 26372 ]  
 July [ 26368 ]  
 August [ 26370 ]

FEE: \$50.00

INSTRUCTOR: Ann Daniels/Sara Lovejoy

## **NEW!** Parent's Night Out

PNO is a safe and fun time for kids while mom and dad enjoy a night out. Our activities include: arts & crafts, team sports, games and much more. We will also show a G rated movie with a light snack. Limit of 30 children. Sign up early!

Ages: 4 - 12 years old

Cost: \$10 per child

When: Third Friday/monthly

Time: 5:30pm - 9:30pm

June 17 [26376]



These programs are subject to change or cancellation at any time.

### **CHECK OUT THESE FUN, FREE CLASSES AND PROGRAMS AT HILLTOP!**

#### Open Table Tennis

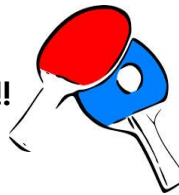
Come play table tennis at Hilltop!!

Wednesdays 1:30pm - 7:00pm

Fridays 1:30pm - 6:30pm

Equipment provided by Hilltop or bring your own.

Please call for more details!



#### Parent/Tot Storytime with Arts and Crafts

Join us for a FREE storytime with our staff.

Storytime will be accompanied with a fun craft project.



Mondays & Fridays  
10:45am - 11:45am

Coming soon...

#### Youth Cooking Class



**Recreation Leader Application Workshop**  
 Workshop will provide guidance on the application process for the recreation leader position.



#### Calligraphy Workshop for Adults Chinese and English

Come join us for a fun workshop to work on your Calligraphy skills. Bring your own materials.

Day/Time: Fridays 5:00pm - 6:30pm

Free and open to the public.

[26367]

## Hilltop Contractual Programs and Activities (858) 538-8198

### Dog Obedience and Training Class at Hilltop Park \*\*

Great new class covering beginning obedience training including heel, sit, stay, down, and come. Also discussions on common behavioral concerns, responsible dog ownership, dog park etiquette, grooming, nutrition and more!

Contact Instructor for fees.  
Call Total K9 Training to enroll soon!  
(858) 243-4030  
Saturday 1:00pm - 3:00pm



### Active Adult Fitness Class

Looking for a fun way to keep in shape?  
Join our staff for a great fitness class.  
Meet new people and reach your fitness goals!

Wednesdays 10:45am-11:45am  
Multi-purpose Room



## Black Mtn. Multi-Purpose Center Activities and Camps 538-8128



### HOURS OF OPERATION

Monday 5:00pm - 8:30pm  
Tuesday, Thursday 5:00pm - 10:00pm  
Wednesday and Friday 5:00pm - 9:30pm  
Saturday 12:00pm - 4:00pm

\*\*\*\*\*Hours subject to change on short notice. Closed Sundays and all holidays.\*\*\*\*\*

### Adult Men's League

#### Two Divisions:

- #1 Tuesdays: Men's Open 'C'
  - #2 Thursdays: Men's Open 'B'
- Fees: \$340 per team

For more information and league dates,  
visit [www.sandiegoabl.com](http://www.sandiegoabl.com) or call league director,  
Lance Allison @ (619) 991-8902.



### \* Open Play Hours

**Basketball:** Saturdays  
12:00pm - 4:00pm

**Badminton:**  
Wednesdays  
6:45pm - 9:15pm  
Fridays  
6:00pm - 9:15pm

\* Hours subject to change during youth basketball season and for school & special events.

### Pickle Ball at Black Mountain Gym!

Join us for some Pickle Ball fun! Mondays from  
5:30pm - 8:30pm. Call Hilltop staff at  
(858) 538-8198 for more information!

*\*Effective September 8, 2015, service fees will apply as follows for all transactions. For Online Registrations/Reservations, \$2 Transaction fee and 3% Processing fee will be charged for every transaction. For In-house Registrations/Reservations, \$2 Transaction fee will be charged for every transaction. Rates are established by the service provider and are nonrefundable.*

# Rancho Penasquitos Skate Park



**PQ Skate Park is unsupervised.**

**SKATE AT YOUR OWN RISK!**

**Hours of Operation - open 7 days a week 10am - Dusk  
(park will close for rain and inclement weather)**

**Skate park is for skateboarding, skates, and rollerblades only.  
Bicycles, scooters, and motorized equipment are NOT permitted.**

### **Rules and Regulations:**

- Parent/Guardian must accompany children under 12 years old.
- Skaters must be in full safety equipment to enter (helmet, elbow, and knee pads).
- No smoking, alcohol, food or drink. Glass containers not allowed.
  - Littering and graffiti not permitted.
- Unauthorized ramps or obstacles cannot be used inside or outside the skate park area.
  - Visitors/spectators are required to remain outside fenced area.
  - Animals not permitted.
  - In Case of Emergency, call 911.
- Report emergency and maintenance concerns to (858) 538-8132
  - City of San Diego Municipal Code SEC.63.0107

## SKATEBOARDING SUMMER CAMP!

**Come learn how to skate in a safe and healthy environment at the Rancho Penasquitos Skate Park! Classes include trick development, ramp fundamentals, skate park etiquette, and safety techniques. Open to students ages 5-13 years old and of any skill level. This program guarantees improvement in skill, balance, and coordination. Helmets and pads required.**



**Register for these camps online. See page 3 for more details on how to register!**

### **Summer Skate Camps**

**Monday - Friday 9:00am - 12:00pm**

**Ages: 5 - 13 years old**

**Week 1: June 20 - 24, 2016**

**Fee: \$135 [26455]**

**Week 2: July 5-8, 2016**

**Fee: \$115 [26456]**

**Week 3: July 11-15, 2016**

**Fee: \$135 [26457]**

**Week 4: Aug 8-12, 2016**

**Fee: \$135 [26458]**

**Week 5: Aug. 22 - 26, 2016**

**Fee: \$135 [26459]**



**LOCATION: Rancho Penasquitos Skate Park 10111 Carmel Mt Road**

Learn from the pro's! Andrew Barbosa is the director of SD Skatelife and has seven years of experience teaching skateboarding camps, classes, and lessons. He currently offers skateboarding classes and private lessons at multiple skate parks around San Diego County and with the City of SD Park and Recreation Department

**FOR MORE INFORMATION: Contact ANDREW at (619) 354-7998**

**Email: Andrew@sdkatelife.com www.sdkatelife.com**



## General Information and Important Phone Numbers

### Rancho Penasquitos Community Parks and Recreation Centers

#### **Canyonside Recreation Center 12350 Black Mountain Road 92129**

Picnic tables, restrooms, tot lot, ball fields, gymnasium

Permits needed for: parties of 50 or more, set-up equipment (canopies, jumpers, etc.), ball fields, meeting rooms - game room (20 ppl. max); craft room (20 ppl. max); multi-purpose room (50 ppl. max)

#### **Neighborhood parks**

#### **Black Mountain Ranch 14700 Carmel Valley 92129**

Ball fields only (3 baseball, 1 softball, or 3 full soccer fields) No party/picnic rentals.

#### **Adobe Bluffs Neighborhood Park 8805 Gainsborough Ave. 92129**

Picnic tables, 2 basketball courts, 1 multi-use field

Permits needed for: parties of 50 or more, set-up equipment (canopies, jumpers, etc.)

#### **Penasquitos Creek Neighborhood Park 8021 Park Village Rd. 92129**

Picnic tables, 1 basketball court, tot lot, BBQ grills & hot coal receptacles, 1 multi-use field.

Permits needed for: parties of 50 or more, set-up equipment (canopies, jumpers, etc.)

#### **Ridgewood Neighborhood Park 12604 La Tortola 92129**

Picnic tables, 2 basketball courts, tot lot, 1 multi-use field.

Permits needed for: parties of 50 or more, set-up equipment (canopies, jumpers, etc.)

#### **Twin Trails Neighborhood Park 8900 Twin Trails 92129**

Picnic tables, 1 baseball field, 1 sand volleyball court, BBQ grills & hot coal receptacles, 1 basketball court, tot lot.

Permits needed for: parties of 50 or more, set-up equipment (canopies, jumpers, etc.)

#### **Rolling Hills Neighborhood Park 11171 Alamazon St. 92129**

Picnic tables, 1 baseball field, BBQ grills & hot coal receptacles, 1 basketball court.

Permits needed for: parties of 50 or more, set-up equipment (canopies, jumpers, etc.)

#### **Views West Neighborhood Park 12598 La Tortola 92129**

Picnic tables, 1 gazebo, 1 basketball court, 1 baseball field, 1 softball field, 1 sand volleyball court, restroom, tot lot, BBQ grills & hot coal receptacles.

Permits needed for: parties of 50 or more, set-up equipment (canopies, jumpers, etc.), and gazebo rental

#### **South Village Neighborhood Park 14756 Via Azul 92127**

Picnic tables, 1 basketball court, restroom, 1 multi-use field, tot lot.

Permits needed for: parties of 50 or more, set-up equipment (canopies, jumpers, etc.)

#### **Torrey Del Mar Neighborhood Park 7693 McGonigle Trail 92127**

Picnic tables, 1/2 basketball court, hot coal receptacles, tot lot, passive grass area.

Permits needed for: parties of 50 or more, set-up equipment (canopies, jumpers, etc.)

**For permits for any of these parks, please contact the center director at Canyonside at (858) 538-8105.**

#### **Linear Off Leash Dog Park 13339 Salmon River Road 92129** - Large and small dog pens.

#### **Hilltop Recreation Center 9711 Oviedo Road 92129**

Picnic tables, restrooms, 2 tot lots, passive grass areas, 2 basketball courts, 5 gazebos.

Permits needed for: parties of 50 or more, set-up equipment (canopies, jumpers, etc.), meeting rooms - 2 multi-purpose rooms (50 ppl. max or can be combined into 1 room with a max occupancy of 100).

#### **Black Mountain Multi-Purpose Center 9353 Oviedo Street 92129**

Full basketball court, volleyball court, badminton and pickle ball courts.

**For permits to these centers, please contact the center director at Hilltop Park at (858) 538-8198.**



#### **General Park Rules and Regulations:**

1. A permit is required to reserve a room, field, court, gym, auditorium, picnic shelter (gazebo), special equipment and if a group is larger than 50 people.
2. Bottles and glass containers are strictly prohibited.
3. All vehicles must park in marked stalls,
4. Vehicles are not allowed on the turf, sidewalks, or non-designated thoroughfare.
5. It is illegal to use city dumpsters for personal household refuse.
6. Smoking is strictly prohibited at all City of San Diego parks and beaches.
7. Dogs must be on a leash at all times.

# General Information and Important Phone Numbers

## RANCHO PENASQUITOS RECREATION COUNCIL

These groups of concerned citizens volunteer their time to advise Park and Recreation staff on matters related to park and recreation programs, community events, equipment and improvements. They plan, promote, publicize and help provide recreation opportunities for citizens in the Rancho Penasquitos community. Groups, clubs and leagues using the parks are encouraged to send a representative to the meetings. Meetings are open to the public. New membership is encouraged and welcomed. The Rancho Penasquitos Recreation Council meets on the fourth Thursday of each month at 7:30pm. at Canyonside Recreation Center. Persons interested in making a positive impact or who have concerns about local parks and recreation centers should attend these meetings.

## RECYCLING BINS AT CANYONSIDE PARK

We have recycling bins at Canyonside located in the back parking lot on the north side of the park. Remember to recycle your aluminum, newspapers, cardboard, plastic, and glass. **DO NOT OVERFLOW BINS. NO DUMPING!** Help us think green and preserve our earth. **THANK YOU TO ALL OF YOU WHO RECYCLE HERE!**



## INDIVIDUALS WITH DISABILITIES



All activities can accommodate individuals with disabilities. Upon availability, Therapeutic Recreation Services staff will provide additional assistance from recreation staff requiring a three week advance notice. An assessment will be made to determine if a one-on-one aide is needed. Therapeutic Recreation Services is a Citywide program that provides recreation opportunities for people with disabilities. More information is available by calling them at (619) 525-8247 or (619) 525-8249TDD.

## CONTRACTUAL vs RENTAL PROGRAM

Canyonside and Hilltop Recreations Centers offer a variety of programs for the community which are provided through the means of two different sources. Contractual programs consist of independent contractors that have been approved by the Rancho Penasquitos Recreation Council as a sponsored program. Rental programs are commercial companies that rent the facility to offer their programs and activities for the community. Please see below for specified requirements.

Requirements for Independent Contractors \*

1. All contractors, sub-contractors and volunteers MUST be fingerprinted through City of San Diego Live Scan Process.
2. Contractors must submit a business license and proof of insurance.
3. City staff handles all registration for the program.
4. Contractor must provide Worker's Comp. coverage for employees.

Permit Holder Requirements: \*\*

1. Must provide proof of insurance.
2. Must provide own advertisement for program.
3. Registration handled by permit holder.

Note: Permit Holder is not required to submit proof of fingerprints for their coaches, volunteers and/or instructors.

All permit holders are identified with an \*\*asterisk in this program.

## RANCHO PENASQUITOS TENNIS CENTER

Rancho Penasquitos Tennis Center offers a variety of programs available to the community.

For more information call (858) 484-0745

## SPORTS LEAGUE INFORMATION

### Youth Sports:

RP LITTLE LEAGUE [www.rpll.org](http://www.rpll.org) (858) 404-0577  
SAN DIEGO SOCCER CLUB  
[www.pqsoccer.com](http://www.pqsoccer.com)  
PQ GIRLS SOFTBALL LEAGUE (858) 334-1661  
[www.pqgsa.org](http://www.pqgsa.org)  
RPB YOUTH BASKETBALL  
[www.eteamz.com/rpbasketball](http://www.eteamz.com/rpbasketball)

### Adult Sports:

MEN'S BASKETBALL (LANCE) (619) 991-8902  
[www.sandiegoabl.com](http://www.sandiegoabl.com)

## RECREATION CENTER PHONE NUMBERS

PQ BALLFIELD HOTLINE (858) 538-8131  
BLACK MTN. MULTIPURPOSE CTR. (858) 538-8128  
CANYONSIDE PARK & REC. (858) 538-8131  
CARMEL MTN./ (858) 538-8100  
SABRE SPRINGS PARK & REC.  
HILLTOP PARK & REC. (858) 538-8198  
MIRA MESA PARK & REC. (858) 538-8122  
RANCHO BERNARDO PARK & REC. (858) 538-8129  
SCRIPPS RANCH PARK & REC. (858) 538-8085  
HOURGLASS PARK & REC. (858) 538-8153  
NED BAUMER AQUATICS CENTER (858) 538-8083

### Misc. Numbers:

RANCHO FAMILY YMCA (858) 484-8788  
MASTER SPORTS (858) 518-1315  
[www.MASTERSPORTS.com](http://www.MASTERSPORTS.com)  
SD Ice Arena (858) 530-1826  
ext. 308

## VOLUNTEERS NEEDED

Interested volunteers should contact staff for more information, or contact the Volunteer Office at 619-533-4017 or visit [www.sandiego.gov](http://www.sandiego.gov)

AS A RECIPIENT OF FEDERAL FUND, THE CITY OF SAN DIEGO CANNOT DISCRIMINATE AGAINST ANYONE ON THE BASIS OF RACE, COLOR, CREED, SEX, AGE, NATIONAL ORIGIN OR ANCESTRY, RELIGION, PREGNANCY, PHYSICAL OR MENTAL DISABILITY, VETERAN STATUS, MARITAL STATUS, MEDICAL CONDITION, GENDER (TRANSSEXUAL AND TRANSGENDER), SEXUAL ORIENTATION, AS WELL AS ANY OTHER CATEGORY PROTECTED BY FEDERAL, STATE OR LOCAL LAWS. IF ANYONE BELIEVES HE OR SHE HAS BEEN DISCRIMINATED AGAINST, HE OR SHE MAY FILE A COMPLAINT ALLEGING THE DISCRIMINATION WITH EITHER THE CITY OF SAN DIEGO PARK AND RECREATION DEPARTMENT (CONTACT DISTRICT MANAGER AT 619-235-1133 OR THE OFFICE OF EQUAL OPPORTUNITY, U.S. DEPARTMENT OF THE INTERIOR, WASHINGTON, D.C. 20240). THIS INFORMATION IS AVAILABLE IN ALTERNATIVE FORMATS UPON REQUEST.



DIVERSITY  
BRINGS US ALL TOGETHER