

MANDATORY RIFLE TRAINING SHOOT

Spring Training Session JAN –MAY 2021

***Resources/Equipment**

Rifle Ammunition: (40) cartridges

Inerts: .223

V-TAC Bulls-Eye Targets

Street barricades and Chairs

Key Learning Points: Instructor Demonstrations as Necessary

1. Safety – safety brief
2. Rifle – confirming zero with red dot and iron sights.
3. How to shoot using a barricade and natural point of aim.
4. Simple and complex malfunctions.

I. Rifle Exercises

- a. Review of “Patrol Ready”, loading / unloading / effective shooting methods as required
 - i. At the 50 yard line each officer will have a barricade and a chair
 - ii. Each officer will complete as demonstrated
 1. Proper technique for shooting from a barricade.
 2. Proper use of natural point of aim and breathing techniques
 3. Ability to confirm or adjust zero on the red dot or iron sights
 - iii. Simple and complex malfunctions
 - iv. Each officer will complete as demonstrated
 1. Proper technique for clearing simple and complex malfunctions

II. Rifle Firing Exercise: Zeroing

- a. **Group shooting from the 50 yard line on bullseye target (30 rifle cartridges)**
 - Shoot three rounds from the rifle using the red dot optic with the proper natural point of aim and barricade technique.
 - The group will go up and make zeroing adjustments if needed.
 - Officers will continue the process until all rifles are zeroed.
 - Repeat the same process with iron sights when red dot sights are finished.

III. Rifle Firing Exercise 2: Malfunctions

- a. Simple malfunctions – Push-pull-rack
- b. Complex malfunctions – push-pull-rack and then complex clearing procedures

Firing Sequence:

Simple malfunctions (5 rifle cartridges)

- One-round rifle magazine set up in the pocket, plate carrier, or pouch
- Place bolt closed on an empty chamber and then one round mag in the gun
- On the instructor's signal clear the malfunction and shoot one round.

Complex malfunctions (5 rifle cartridges)

- Set up two, one-round rifle mags and place them in a pouch, pocket, or plate carrier
- With the rifle bolt locked open place an inert round in the chamber
- Put a one-round magazine in the gun and ease the bolt forward to set up the malfunction
- On the instructor's signal clear the malfunction and shoot one round