

ENVIRONMENTAL SERVICES DEPARTMENT SAMPLE RECYCLING ARTICLE FOR NEWSLETTERS OR BULLETIN BOARDS

CAN YOU CUT YOUR TRASH IN HALF?

Reducing your trash will extend the life of the Miramar Landfill, save resources, save energy and reduce pollution. Reduce your trash by practicing the “3 R’s”:

1) Reduce

- Buy in bulk, use cloths bags, and use cloth towels instead of paper towels
- Buy durable, long-lasting products that won’t need to be replaced in a few years

2) Reuse

- Reuse plastic grocery bags
- Donate unneeded items to charity or sell them in a garage sale

3) Recycle

- Use the nearby recycling bins to recycle all your paper (unwanted mail, catalogs, magazines, and office paper), cardboard, plastic and glass bottles and cans and metal cans
- Recycle your plastic bags at most grocery and drug stores

For more information on consumer recycling and waste reduction tips go to the City of San Diego Environmental Services Department website at <https://www.sandiego.gov/environmental-services/recycling/ro/toolkit>

###