

Food Assistance Resources in San Diego County During COVID

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About San Diego Hunger Coalition (SDHC)



SDHC Mission

The San Diego Hunger Coalition

leads coordinated action

to end hunger in San Diego County

supported by research, education and advocacy.

SDHC Approach

- **Training and technical assistance** for nonprofits, school districts, healthcare systems and government agencies.
- **Educate providers, policymakers and the public** about the root causes of hunger and most promising solutions.
- **Advocate for legislative and administrative policy changes** to end hunger and increase access to healthy food.
- **Provide research and leadership** to build a more effective and interconnected system of food assistance resources.

*** No Direct Service.***

SDHC Programs & Collaborations



CalFresh Outreach Program

**** CalFresh Task Force ****



Hunger Free Kids Program

**** Hunger Free Kids Task Force ****



Public Policy & Advocacy

**** Hunger Advocacy Network ****



Hunger Free San Diego

**** HFSD Advisory Board ****

Hunger in San Diego County

Hunger in San Diego County (2017)



1 in 7 San Diegans

Don't always have enough to eat.

Hunger in San Diego County (2017)

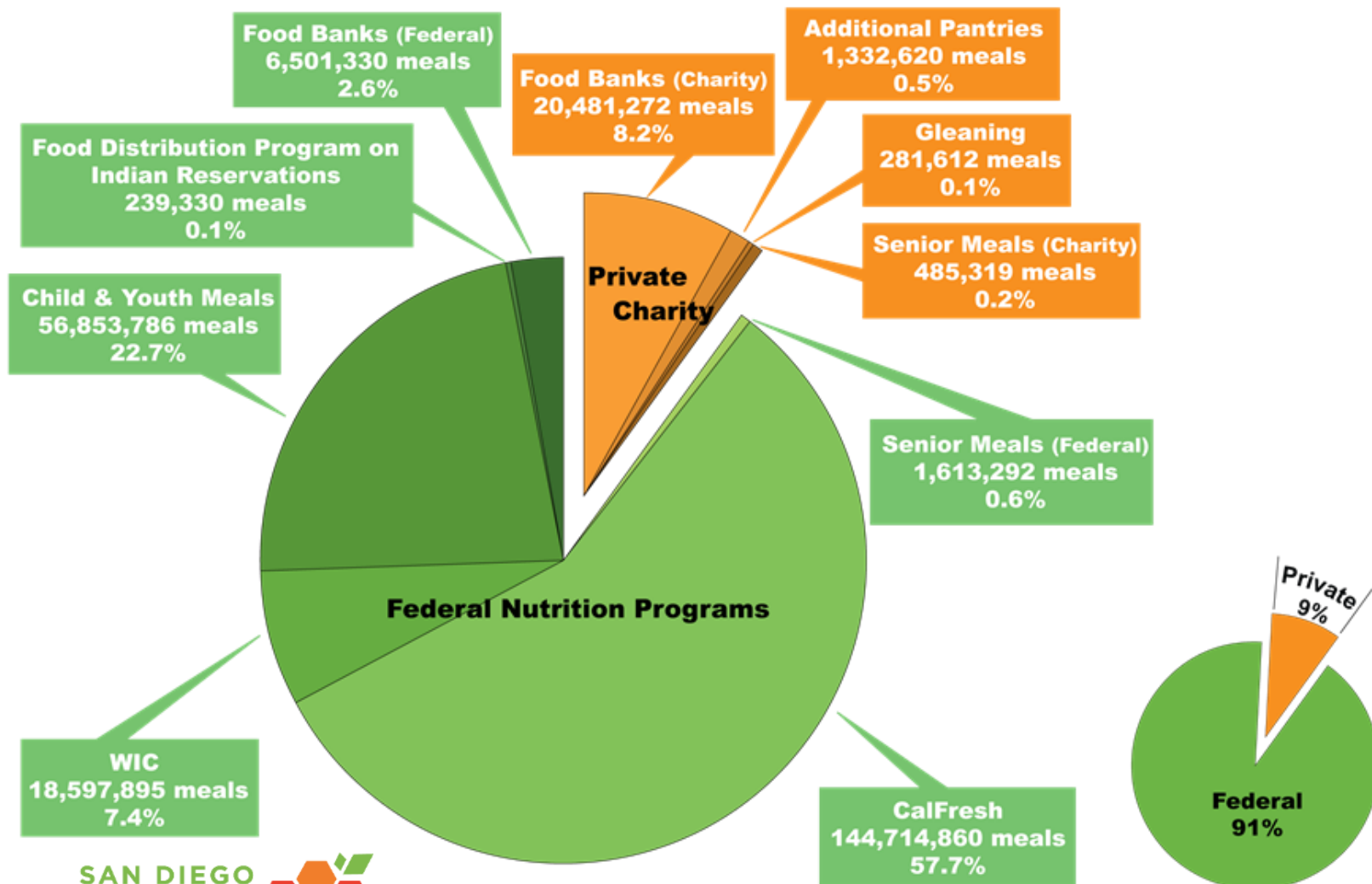


1 in 5 kids

Don't always have enough to eat.

Where Hungry San Diegans Get Food (2016)

Program type, number of meals, percentage of total meals, and funding source





COVID-19 and Food Assistance



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COVID-19 (Coronavirus) info updated 04/21/2020 4:11 pm

Finding Food Assistance During COVID-19

Find the program that's best for you and learn about changes to assistance you already receive.

San Diego's nonprofit sector is working hard to make sure that everyone has the healthcare they need, enough to eat, and the information required to make it through the COVID-19 pandemic with as little discomfort and distress as possible.

San Diego Hunger Coalition is carefully monitoring the situation and is gathering resources and information for you. Check back regularly as this page will be continuously updated as information becomes available.



Meals for Kids

Updated 4/20/2020

Keep our kids fed with grab-and-go meals while schools are closed. Site info for families, resources for providers.

[Learn more...](#)



Food Distributions & Pantries

Updated 4/21/2020

Get the latest updates on food distribution sites and changes to policies. Regularly updated with latest places to find food.

[Learn more...](#)



Women, Infants, & Children (WIC)

Updated 4/13/2020

Apply for WIC, get assistance, or learn about program changes.

[Learn more...](#)



CalFresh (SNAP)

Updated 4/20/2020

Apply for CalFresh food assistance to get money for groceries during COVID-19. Get updates on program changes.

[Learn more...](#)



Senior Meals

Updated 4/13/2020

Food assistance for older adults is still available during the coronavirus scare. Find a provider near you and stay up-to-date.

[Learn more...](#)



How to Help

Updated 4/07/2020

We need each other more than ever during this tough time. There are three ways that you can help during COVID-19.

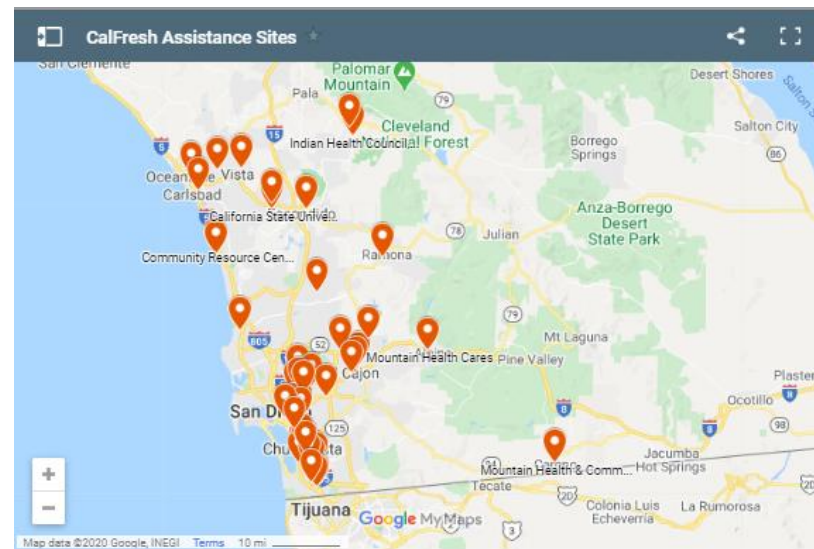
[Learn more...](#)

CalFresh

- All application assistance and support has moved online
 - HHS provides services for individuals without phones/access to internet outside each of its offices.
- ALL CalFresh recipients are receiving the maximum benefit amount (\$194/mo) for the months of March and April
- Applicants no longer need to complete an interview if they submit all documents with their application
- Recertification and Semi-annual reporting is not currently required.
 - Clients do need to report if they have passed the Income Reporting Threshold
- Online Purchasing April 28th
 - Beginning with Amazon & Walmart

CalFresh

- www.GetCalFresh.org
- Call 2-1-1
- www.sdhunger.org/calfresh-assistance



Child & Youth Meals

- School meals are being offered at 177 sites in 33 districts and charter schools
- 2 meals a day are available for all kids, ages 2-18, no identification required
- Meals are being provided in a variety of ways
 - Drive-thru
 - On bus/mobile routes in rural areas
 - Every day or 5 days of meals once a week
- 11 Sites at community based organizations
- On average schools are reporting that they are serving between 20 and 30% of the students that regularly receive meals each day.
- Sources of Information:
 - California Meals App
 - www.sdhunger.org/covid19: San Diego County Office of Education & Feeding San Diego



WIC

- All assistance is being provided virtually
 - Enrollment
 - Benefit renewal
 - Nutrition education

WIC Provider	Phone for New Appointments & Existing Recipients	Online Registration
American Red Cross	1-800-500-6411	http://sandiegowic.org/contact-us/
SDSU Research Foundation	1-888-999-6897	
North County Health Services	1-888-477-6333	https://www.nchs-health.org/nchs-wic-registration/
San Ysidro Health Center	1-888-942-7942	
Scripps	1-619-260-3400	
Clinica de Salud	1-877-686-5468	

- WIC approved foods have expanded



Senior Meals

- Senior meal providers have received funding and are in the process of expanding their meal services
 - *Various levels of capacity*
- Efforts being lead by the County of San Diego Office of Emergency Services
- Updated list of senior meal providers:
www.sdhunger.org/covid19 & 2-1-1

Food Distributions & Emergency Food Assistance

- The majority of food pantries remain in operation
 - Food pantries are actively looking for volunteers
- Additional weekly drive thru distributions currently operated by SDFB & FSD
- Updated information & referrals: 2-1-1

Best Ways to Connect to Food Assistance

1. Ensure everyone eligible is receiving CalFresh
2. Ensure everyone eligible is receiving WIC
3. Refer to school meal sites for all kids
4. Call 2-1-1 for food assistance referrals

Promise Zone Specific Resources

- CalFresh
 - San Ysidro Health Center
 - Home Start
- ¡Mas Fresco! (UCSD) \$ for \$ match for purchase of fresh fruits and vegetables
 - City Heights
 - Southcrest / Shelltown
- Food Distributions: 2-1-1
- Meals for Kids Sites:
 - School Sites
 - Sherman Elementary
 - Porter Elementary
 - Horton Elementary
 - Perkins K-8
 - Cesar Chavez Elementary
 - O'Farrell Charter
 - Community Sites
 - Ocean Discovery Institute 3:00 pm
 - La Maestra | 1:30am
 - Casa de Salud (National City) 1:00 pm

What's Coming

- PAN EBT
- On-going expansion of CalFresh
- Restaurant Meals

Thank you!



2017 Summer Meals

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COALITION 