



“We Provide Healthy, Sustainable, and Enriching Environments for All”

San Ysidro Community Activity Center

179 Diza Road | San Diego, CA 92173 | (619)424-0472

| Robert Lara Jr., Center Director III

| Jenifer Vaupel, Assistant Center Director

Monday/Wednesday: 12:00-9:00pm

Tuesday/Thursday: 11:00-9:00pm

Friday: 11:00-7:00pm

Saturday/Sunday: 9:00am-4:00pm

Cesar Chavez Community Center

455 Sycamore Road | San Diego, CA 92173 | (619)424-0464

| Mari Jo Ricanor, Center Director III

| Yvette Zamudio, Assistant Center Director

Monday/Tuesday: 11:00am-9:00pm

Wednesday: 12:00-9:00pm

Thursday: 12:00am-10:00pm

Friday: 12:00-7:00pm

Saturday/Sunday: 9:00am-4:00pm

San Ysidro Senior Center

125 East Park Ave. | San Diego, CA 92173 | (619)424-0472

Monday/Wednesday/Friday: 2:00-6:00pm

* Available for weekend rentals. The facility features a kitchen, dining area, patio, and wood floors.

WINTER 2019-2020

PROGRAM GUIDE

December 1 – February 29

SAN YSIDRO AREA

San Ysidro | Cesar Chavez

NEIGHBORHOOD PARKS

Coral Gate NP | 3279 Anella Road
(619)424-0464

Howard Lane NP | 1624 Dairy Mart
(619)424-0472

La Mirada Joint Use | 222 Avenida de la Madrid
(619)424-0472

San Ysidro CP | 125 East Park Ave
(619)424-0472

Vista Pacifica NP | 6066 Avenida de las Vistas
(619)424-0464

Vista Terrace NP | 301 Athey Ave
(619)424-0472

OPEN PLAY GYMNASIUM HOURS

REC CENTERS:	SAN YSIDRO	CESAR CHAVEZ
MONDAY	12:00-4:30pm	11:00-4:00pm
TUESDAY	11:00-4:30pm	11:00-4:00pm
WEDNESDAY	12:00-4:30pm	12:00-8:30pm
THURSDAY	11:00-4:30pm	12:00-9:00pm
FRIDAY	11:00-7:00pm	12:00-4:00pm
SATURDAY	1:00-4:00pm	9:00-3:30pm
SUNDAY	9:00-1:00pm	9:00-3:30pm

HOLIDAY FACILITY CLOSURES

Christmas Day (December 25)

New year's Day (January 1)

Martin Luther King Jr. Day (January 20)

Presidents' Day (February 17)

* Facilities close at 5:00 pm on Christmas Eve and New Year's Eve

AREA MANAGER

Erek Estrada
(619)424-0459

San Ysidro Area Winter 2019/2020 Programs

PARK PERMITS

Our Recreation Centers and Parks are a great venue to hold meetings, birthday parties and special events. The Recreation Centers include amenities such as meeting rooms, kitchens, picnic shelters, multi-purpose fields and gymnasiums. All park users must obtain a Park Use Permit five (5) days in advance for any equipment in the park (e.g. jumpers, generators, canopies, etc.).

Permit Processing Hours (Appointments Available)

San Ysidro: Monday–Thursday [3:00–7:00pm]

Cesar Chavez: By Appointment Only

YOUTH SPORTS—BASKETBALL

The youth basketball program is designed to develop and enhance players' fundamental skills on passing, dribbling and shooting in a friendly and team oriented environment. This is a fun developmental basketball league for boys and girls, with games played against teams from neighboring City of San Diego Recreation Centers. Jerseys will be provided for game day. Transportation is not provided for away games. Children may not participate in club or other basketball programs during the season.

Team placement based on age on March 8

Season Dates: December 16 - March 7

Days: Practice and game schedules will vary.

Ages: 8–10 years; 11–12 years; 13–14 years; 15–16 years

San Ysidro/Cesar Chavez Fee: \$13 per season

REGISTRATION

Registration for all classes is on a first come, first served basis. We accept all major credit cards, checks or cash (exact change required). You must register at the Recreation Center where your class is scheduled or on-line at www.SDRecConnect.com. Registration fees must be paid by the first class of the session/month. Participants that have not paid by the second class will not be permitted to participate until fees are paid.

Winter Season: fees for 3 month classes are valid from December 1 to February 29. There is no prorating. Registration starts November 16 at 10:00 am.

There is a \$25.00 service fee for all returned checks. A liability waiver, photo and birth certificate are required when registering for youth sports.

Registration Hours

San Ysidro: Monday–Thursday [3:00–7:00pm]

Cesar Chavez: Monday–Thursday [3:00–7:00pm]

NO REFUNDS OR MAKE-UP CLASSES

Classes are not offered on holidays. Refunds/credits are issued only if the class is cancelled by the City. Fees include a 3% processing fee, which is not refundable.



TEEN CENTER

Teenagers are invited to play air hockey, ping pong, video games or just hang out with other teens in a safe and structured atmosphere. A monthly calendar of activities is available at the Center. This FREE program for children ages 12 to 17 years.

San Ysidro Community Activity Center

Days/Times: Monday–Thursday [3:00–7:00pm]

Friday [3:00–6:30 pm]

Cesar Chavez Community Center

Days/Times: Monday–Thursday [4:00–7:00pm]

Friday [3:00–6:30 pm]

PEE WEE BASKETBALL

Fun developmental basketball league for boys and girls, with games played against teams from neighboring City of San Diego Recreation Centers. Athletes will learn fundamental skills on passing, dribbling and shooting in a friendly and team oriented environment..

Season Dates: December 16 —March 8

Days: Practice and game schedules will vary.

Ages: 4–7 years

San Ysidro/Cesar Chavez Fee: \$13 per season

ARTS AND CRAFTS

Children will create and make fun art projects in a relaxed atmosphere. Staff will use art materials which involve watercolors, tempera paint, construction paper, craft kits. They will create seasonal projects that they will get to take home.

San Ysidro Community Activity Center

Days/Times: Mondays 5:00–6:00pm

Fee: FREE

Cesar Chavez Community Center

Days/Times: Tuesdays 4:30–5:30pm

Fee: FREE

San Ysidro Area Winter 2019/2020 Programs

LOCATION	SPECIAL EVENTS	DATES	DAY	TIME	AGES	FEE
San Ysidro	Cookies with Santa (Pre-registration required)	N/A	December 18	5:30-7:30pm	0-12	Free
Cesar Chavez	Santa's Workshop (Pre-registration required)	N/A	December 17	5:00-7:00pm	0-12	Free
LOCATION	ENRICHMENT	ACTIVITY	DAY	TIME	AGES	FEE
San Ysidro	Arts and Crafts	Dec: 67731 Jan: 37732 Feb: 67733	Monday	5:00-6:00pm	5-12	Free
Cesar Chavez	Arts and Crafts	67754	Tuesday	4:30-5:30pm	5-12	Free
San Ysidro	Homework Club	67747	Tue/Wed	3:30-4:30pm	4-12	Free
Cesar Chavez	Homework Club	67756	Mon/Wed	4:00-5:00pm	5-17	Free
San Ysidro	Lean Kids	67746	Wednesday	4:30-5:30pm	4-17	Free
Cesar Chavez	Lean Kids	67757	Mon/Wed	5:00-6:00pm	7-12	Free
Cesar Chavez	Cooking Snacks	Dec: 67759 Jan: 67764 Feb: 67765	Thursday	4:00-5:00pm	6-14	\$21/Month
Cesar Chavez	Winter Break Camp	Session 1: 67760 Session 2: 67775	Monday-Friday	10:00am-4:00pm	5-12	\$48 per week
LOCATION	DANCE	ACTIVITY	DAY	TIME	AGES	FEE
San Ysidro	Twinkle Toes	Dec: 67748 Jan: 67749 Feb: 67762	Monday	4:00-5:00pm	2-5	\$10/Month
San Ysidro	Creative Movements	Dec: 67737 Jan: 67738 Feb: 67739	Monday	5:00-6:00pm	6-9	\$20/Month
San Ysidro	Intermediate Dance	Dec: 67740 Jan: 67741 Feb: 67742	Monday	6:00-7:00pm	10-13	\$20/Month
LOCATION	FITNESS	ACTIVITY	DAY	TIME	AGES	FEE
San Ysidro	Hatha Yoga	Dec: 67734 Jan: 67735 Feb: 67736	Tue/Thurs	8:00-9:00pm	15+	\$10/Month
San Ysidro	Weight Room	N/A	Daily	Center Hours	16+	\$10/Month
San Ysidro	Kenpo Karate CHA-3	Dec: 67743 Jan: 67744 Feb: 67745	Tue/Thurs	6:00-7:30pm	5+	\$10/Month
LOCATION	ADULT	ACTIVITY	DAY	TIME	AGES	FEE
Cesar Chavez	Adult Softball	CLOSED	Thursday	6:00-10:00pm	18+	\$315/Team
LOCATION	SPORTS	ACTIVITY	DAY	TIME	AGES	FEE
San Ysidro	Basketball (Pee Wees)	68059	Tue/Thurs	4:45-5:45pm	5-7	\$13/Season
Cesar Chavez	Basketball (Pee Wees)	67758	Tue/Thurs	5:30-6:30pm	4-7	\$13/Season
San Ysidro	Basketball (10 & Under)	68055	Mon/Wed	4:30-5:30pm	8-10	\$13/Season
Cesar Chavez	Basketball (10 & Under)	67750	Dates Vary	Times Vary	8-10	\$13/Season
San Ysidro	Basketball (12 & Under)	68056	Mon/Wed	5:30-6:30pm	11-12	\$13/Season
Cesar Chavez	Basketball (12 & Under)	67751	Dates Vary	Times Vary	11-12	\$13/Season
San Ysidro	Basketball (14 & Under)	68057	Mon/ Wed	6:30-7:30pm	13-14	\$13/Season
Cesar Chavez	Basketball (14 & Under)	67752	Dates Vary	Times Vary	13-14	\$13/Season
San Ysidro	Basketball (16 & Under)	68058	Mon/Wed	7:30-8:30pm	15-16	\$13/Season
Cesar Chavez	Basketball (16 & Under)	67753	Dates Vary	Times Vary	15-16	\$13/Season

San Ysidro Area Winter 2019/2020 Programs

EVENTS WITH SANTA

The entire family is invited to meet Santa and participate in a variety of fun activities, including games and arts and crafts. Pre-registration is required.

Cesar Chavez Community Center

Day: December 17 (Tuesday)

Time: 5:00-7:00pm

Fee: Free

San Ysidro Community Activity Center

Day: December 18 (Wednesday)

Time: 5:30-7:30pm

Fee: Free

LEAN KIDS

LEAN (Leveraging, Education, Activity and Nutrition) promotes making healthier choices and staying active. Participants will learn about nutritious foods, play sports and other physical activities.

San Ysidro Community Activity Center

Day/Time: Tuesday [4:30-5:30pm]

Fee: ages 4 to 17 years

Cesar Chavez Community Center

Day/Time: Monday/Wednesday [5:00-6:00 pm]

Fee: FREE ages 4 to 17 years

INSCRIPCION

Inscripciones pueden ser entregadas en el Centro Recreacional donde la clase es ofrecida o electrónicamente en www.SDRecConnect.com. Aceptamos tarjeta de crédito, cheque o efectivo (cambio exacto es requerido). Inscripciones so requeridas antes de la primera clase del mes/sesión, y a más tardar antes de la segunda clase.

Temporada de Invierno: Cuotas para clases de 3 meses son efectivas desde el 1 de Diciembre hasta el 29 de Febrero. Registración empieza el 16 de Noviembre a las 10:00 am.

Habrà una cuota de \$25.00 para los cheques que se regresen sin fondos. Para participar en los deportes juveniles se requiere una forma de Renuncia de Responsabilidad, una fotografía, y un certificado de nacimiento durante la inscripción.

Horario de Inscripciones

San Ysidro: Lunes a Jueves [3:00-7:00pm]

Cesar Chavez: Lunes a Jueves [3:00-7:00pm]

NO DEVOLUCIONES O COMPENSACIÓN DE CLASES.

No hay clases en días de festivo. Devolución de pago y créditos solo son ofrecidos si las clases fueron canceladas por la Ciudad. Todos los precios incluyen un cargo de procesamiento de 3% cual no se puede devolver.

RESERVACION DE PARQUE

Nuestros centros de recreación y parques son el perfecto lugar para organizar una junta, fiesta de cumpleaños o cualquier evento especial. Los Centros incluyen comodidades incluyendo cuarto de junta, cocina, refugio para picnic, campos atléticos y gimnasios. Reservas requieren 5 días de anticipación para el uso del parque.

Horario de Reservas (Cita es requerida)

San Ysidro: Lunes a Jueves [3:00-7:00pm]

Cesar Chavez: Lunes a Jueves [3:00-7:00pm]

DEPORTES JUVENILES

Divertida liga de baloncesto con juegos contra equipos vecinos de los centros de recreación en San Diego. Los atletas aprenderán control del balón, tiro, pases, ofensiva, defensiva y estrategias del juego. Se Los niños no podrán participar en club o en otros programas de baloncesto durante la temporada.

Niños jugaran en equipos por su edad el 8 de Marzo.

Temporada: 16 de Diciembre – 8 de Marzo

Días: Variados horarios de prácticas y juegos

Edades: 8-10 años; 11-12 años; 13-14 años; 15-16 años

San Ysidro/Cesar Chavez Cuota: \$13 por temporada

CENTRO DE ADOLESCENTES

Adolescentes están invitados a disfrutar de mesa de hockey de aire, ping pon, video juegos y mucho más. El Centro ofrece una variedad de deportes, clases y paseos para los adolescentes que califican. Un calendario mensual de actividades es disponible en cada centro. El programa es gratis para adolescentes de 12 a 17 años.

San Ysidro Community Activity Center

Días/Hora: Lunes a Jueves [3:00-7:00pm]

Viernes [3:00-6:30pm]

Cesar Chavez Community Center

Días/Hora: Lunes a Jueves [4:00-7:00pm]

Viernes [3:00-6:30pm]

