

ADVANCED OFFICERS TRAINING (AOT)
2017-2018
I - TACTICAL FIREARMS

COURSE GOAL:

The course will provide the officer with the appropriate topics of tactical firearms and lethal force required in POST's Advanced Officers Training (AOT). The officer will develop the necessary firearms tactical knowledge and skills to survive and win a realistic lethal force encounter.

The course consists of a hands-on practical skills firearms training for in-service officers.

TACTICAL FIREARMS

Minimum Topics/Exercises:

- A. Basic Tactical Firearms Situations, Judgment and Decision Making Exercise(s)
- B. Class Exercises/Student Evaluation/Testing
- C. Safety guidelines/orientation
- D. Sight Alignment, Trigger Control, Accuracy
- E. Target recognition and Analysis
- F. Weapons Clearing
- G. Lowlight/Night Time Shooting Situations
- H. Weapons light usage
- I. Handheld flashlight usage with Firearm
- J. Live Fire Tactical/or Simunitions Tactical
- K. Policy and/or legal issues
- L. Use of Force considerations (options)
- M. Moral obligations

COURSE OBJECTIVES:

The officer will:

1. Demonstrate knowledge of their individual Department's Use of Force/Firearms Policy.
2. Demonstrate a minimum standard of tactical handgun proficiency with every technique, exercise, and course-of-fire, to include:
 - A. Judgment and Decision Making
 - B. Weapons Safety
 - C. Basic Presentation Technique
 - D. Fundamentals of Shooting
 - E. Speed, Accuracy and Effectiveness under stress and movement conditions
 - F. Shot Placement: Multiple rounds
 - G. Flashlight techniques with handheld light
 - H. Gun mounted weapons light usage
 - J. Failure Drills, heads and pelvis shots

Minimum standards of performance shall be tested by an instructor observing the officer during their performance of each technique, exercise and course-of-fire. If the officer does not meet minimum standards, as established by the presenter, remediation will be provided until the standard is met.

EXPANDED COURSE OUTLINE

I. INTRODUCTION/ORIENTATION

- A. Introduction, Registration and Orientation
- B. Course Objectives/Overview, Exercises, Evaluation/Testing
- C. Weapons Safety Orientation, Review of Range and Shooting Safety Rules **I(c)**
 - 1. All Weapons are to be considered loaded
 - 2. Never point the muzzle at anything you are not willing to shoot at
 - 3. Keep finger off trigger until you are ready to fire
 - 4. Be sure of your target area, both foreground and background
 - 5. Range and Tactical Safety
 - a. Follow Range Rules
 - b. Follow Instructor commands
 - c. Strict Weapon Discipline and Muzzle Control
 - d. No Lasering of personal body parts
 - 6. Review of Range Safety Rules
 - a. Cover primary elements as a checklist with students
 - b. Local emergency/first aid procedures to include radio/telephone procedures, closest medical facility

II. LETHAL FORCE OVERVIEW **I(a,j,k,l)**

- A. Legal/Moral/Ethical Issues involving Use of Force/Lethal Force
- B. Civil Implications of using Force/Lethal Force

III. USE OF FORCE/LETHAL FORCE AND FIREARMS POLICY **I(j,k)**

- A. Use of Force Options
 - 1. Lethal Force within the spectrum of force options
 - 2. Verbal, Hands, Less than Lethal, Lethal Force
 - 3. Escalation and De-escalation Process

IV. FUNDAMENTALS OF SHOOTING **I(d,e)**

- A. Stance
 - 1. Strong, Balanced Ready Position
 - 2. Isosceles, Modified Isosceles or Weaver?
- B. Grip

1. Strong, Effective two-handed grip
2. Good Friction/Torque
3. Complete coverage of grip
- C. Sight Picture
 1. Sight Alignment
 2. Eye Focus - Sights
- D. Trigger Control
 1. Straight back, steady pressure
 2. Finish Flat
- E. Target Recognition and Assessment
 1. Reset Trigger
 2. Reset Sights
 - a. Did I hit the threat?
 - b. Were my shots effective?
 3. Open Tunnel Vision
 4. Reload as necessary
 - a. Tactical vs. Emergency
- F. Light Usage
 1. Types
 - a. Gun Mounted lighting devices
 - b. Handheld Flashlights
 2. Application of light
 3. Threat ID

V. DRILLS AND COURSES-OF-FIRE

I(a,c,d,e,g,h,i)

- A. Range Orientation and Safety Briefing
- B. All Courses emphasize:
 1. Weapons Safety
 2. Muzzle and Fire Discipline
 3. Fundamentals of Shooting
 4. Flashlight techniques

I(c)

C. Add/Multiple Rounds 100 Rounds IPSC Target Center Range

I(d,g,I,j)

1. All drills from the holster, TH shooting
 - a. 10 yard line- repeat each drill 3X's
 1. 1 round – 3 seconds
 2. 2 rounds – 4 seconds
 3. 3 rounds – 5 seconds
 - b. 15 yard line- repeat each drill 3X's
 1. 1 round – 3 seconds
 2. 2 rounds – 4 seconds
 3. 3 rounds – 6 seconds
 - c. 20 yard line- repeat each drill 3X's
 1. 1 round – 3 seconds
 2. 2 rounds – 4 seconds
 3. 3 rounds – 6 seconds

- b. 25 yard line- repeat each drill 3X's
 - 1. 1 round – 4 seconds
 - 2. 2 rounds – 6 seconds
 - 3. 3 rounds – 8 seconds

D. Failure Drills 80 rounds VTAC Target West Range I(a,d,e,g)

- 1. Discussion on reasons for use of “failure drills”
 - a. body armor
 - b. suspect on drugs
 - c. rounds were ineffective
- 2. Discussion on Methods of Employment
 - a. Movement from body shots to ocular cavity or T-Box
 - b. Movement from body shots to pelvic girdle
- 3. Drills- All drills will be from the holster and TH shooting
 - a. Head Shots only- shoot all drills 5X's
 - 1. 5 yards - 1 round
 - 2. 7 yards - 1 round
 - 3. 10 yards – 1 round
 - b. Body and Head Shots- shoot all drills 5X's
 - 1. 7 yards – 2 rounds body- 1 round head
 - 2. 10 yards – 2 rounds body – 1 round head
 - c. Body and Pelvis Shots- shoot all drills 5X's
 - 1. 7 yards – 2 rounds body- 1 round pelvis
 - 2. 10 yards- 2 rounds body- 1 round pelvis

E. Movement to Target Target- VTAC 20 Rounds West Range I(a,d,g,j)

- 1. Discussion on movement
 - a. searching-slow and methodical
 - b. movement with a purpose, quicker
 - c. gun position during movement
 - 1. holstered
 - 2. ready position- 2 handed or 1 handed
- 2. Start at 35 yard line- repeat the drill 2X's
 - a. 25 yard line-
 - 1. Shoot 3 rounds to the body
 - 2. On command, move as a group to the 15
 - b. 15 yard line
 - 1. Shoot 3 rounds to the body
 - 2. On command, move as a group to the 7 yard line
 - c. 7 yard line
 - 1. 2 rounds to the body, 1 to the head

F. Light Techniques 100 rounds SDPD “D” Qual Targets East Range I(a,d,g,h,i,j)

- 1. Discussion of different light devices
 - a. Gun Mounted Weapons lights
 - 1. Surefire

- 2. Streamlight
- 3. Other
- b. Handheld flashlights
- 2. Discussion of different activation methods
 - a. Pressure switches
 - 1. Pros and Cons
 - b. Handheld switches
 - 2. Tail cap on/off switches
 - 3. Side button on/off switches
 - c. Gun mounted lights
 - 1. Off-hand thumb activation
 - 2. Off-hand knuckle roll activation
- 3. Discussion on ambient light usage
 - 1. Pros and Cons
 - 2. Position of light beam during the initial identification phase
- 4. **Drills** **No time limit on these drills**
 - a. Dry-fire Drills (Student can try gun-mounted or hand held light)
 - 1. On command, officer will draw pistol and activate their desired light system Repeat drill 10X's
 - a. Instructor will ensure student's trigger finger does not enter the trigger guard during light activation.
 - b. Lights should be below target line during the identification phase
 - b. Live Fire Drill #1 Repeat drill 10X's IPSC Qual Target
 - 1. On Command, officers will draw pistol, correctly activate their lighting system.
 - 2. After correct identification has been made, gun and light should move up to target.
 - 3. After identification and illumination, fire 3 rounds to the chest.
 - a. Officers may again utilize any method or various methods during the drill
 - c. Live fire Drill #2 Repeat 10X's Plain cardboard, plain paper w/ numbers
 - 1. On Command, officers will draw pistol, correctly activate their lighting system as taught in drill number one.
 - 2. Officers will be given a number of rounds to fire and then a target number. If the number is on the officer's target, the officer will bring the gun to target and fire the correct number of rounds at the correct target. If there is no threat number on their target, they will not fire.
 - *See attached description for these specific targets. *

G. Elimination Drills 20 rounds SDPD "D" Qual Targets East Range I(d,g)

- 1. TH shooting from the holster
 - a. All officers will draw their handguns when the timer goes off. They will fire one round into the head of their target

- b. If the officer is successful in hitting the target under the prescribed time limit, they will remain. If they are unsuccessful, they are eliminated from the drill.
- c. The drill will continue until one (1) officer remains.

- 2. 7 yard line
 - a. 5 seconds
 - b. 4 seconds
 - c. 3 seconds
 - d. 2 seconds

*****The target for the above gun light drill will be a plain piece of cardboard with three clean white pieces of 8.5 x 11 paper spray glued in any direction wanted. On each piece of paper there will be a handwritten number, 1, 2, 3, 4, 5, or 6 in marker. All of the odd numbered targets papers will have the number 1, 3 or 6 on the papers. All the even target papers will have 2, 5, or 4 on the papers.

