FREE Family Outdoor Activities
SEPTEMBER 2018– MAY 2019

ADVENTURE PASSPORT

Experience Adventure with a Park Ranger

Otay Valley Regional Park

Multi-Jurisdictional Park
County of San Diego
City of Chula Vista
City of San Diego
OTAY VALLEY REGIONAL PARK

Outdoor safety for your adventure:

Stay on the trail

Be aware of your surroundings at all times

Wear closed-toe hiking shoes or boots with good tread

Be sure to bring drinking water and healthy snacks

as a hat, a pair of sunglasses and sun block

weather-appropriate clothing in layers, sun protection such

look around, find something interesting and investigate nature by

using your five senses! Sketch or write your observations during your

adventure. Here are some exercises using your senses to help notice

your surroundings.

What do you see?

Do you see a red-tailed hawk soaring in the sky?

Do you see any insects on the plants?

Do you see adult birds feeding their young?

What do you hear?

Do you hear the wind?

Do you hear bees buzzing?

Do you hear running river?

What do you smell?

Do you smell the ocean?

Do you notice the aroma of different plants?

Do you smell the soil?

What do you feel?

Do you feel the crisp air on your face?

Have you felt the bird feathers you found on the trail?

Have you ever felt a tiny insect walking on palm of your hand?

What do you taste?

What does the air taste like? Is it sweet or salty?

Do you enjoy seasonal food?

Imagine what different red berries and various seeds may

taste like to migratory birds in the parks.

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It is possible that the text was cut off or not all text was captured. The text includes instructions for outdoor safety, nature journaling exercises, and a space to draw a picture or paste a photo. The passport number is also provided.
Photo Contest
Enter to win the second annual Otay Valley Regional Park ADVENTURE PASSPORT PHOTO CONTEST. Share your ADVENTURE PASSPORT event photos on Instagram or Twitter by using #adventurepassportovrp and/or emailing your photographs to AdventurePassportOVRP@gmail.com. The photographs will be displayed, voted, and finalists will be awarded at the annual Discover Otay Valley Regional Park Day. Share your adventure and encourage others to discover the wonders and beauty of nature in America’s Finest City!

Feeling Adventurous?
Discover other amazing parks around the City! San Diego Parks and Recreation oversees nearly 40,000 acres of developed and undeveloped open space, more than 340 parks and 25 miles of shoreline from Sunset Cliffs to La Jolla.

For more information about Park Ranger programming, visit: https://www.sandiego.gov/park-and-recreation/parks/drprangers

For more information about the City’s 20,000 acres of Open Space parkland, visit: https://www.sandiego.gov/park-and-recreation/parks/osp

Scan the QR code to find a San Diego County park alphabetically.
Date: Saturday, Sept. 29th, 2018  
Time: 9 a.m. - noon  
Location: Lower Otay Reservoir  
Boat Launch - 2165 Wueste Rd., Chula Vista, CA 91915  
Adventure: Fishing  
Learn to make your own fishing pole and fish. (fishing is free to youth 15 years and under).  
Anglers 16 years of age or older must have a California state fishing license and pay the daily permit.  
RSVP by 9/22/18 to AdventurePassportOVRP@gmail.com

Date: Saturday, Oct. 27, 2018  
Time: 9 a.m. - noon  
Location: Mace Staging Area  
250 Mace St., Chula Vista, CA 91911  
Adventure: Halloween Ride  
Ride your bike in nature. Wear your Halloween costume or decorate your helmet with us before the group ride.  
RSVP by 10/20/18 to AdventurePassportOVRP@gmail.com
Kumeyaay Connection

Date: Saturday, Nov. 17, 2018
Time: 9 a.m. - noon
Location: Ranger Station
2155 Beyer Blvd., San Diego, CA 92154
Adventure: People of the Valley
Take a nature walk and learn about the Kumeyaay culture.
RSVP by 11/10/18 to AdventurePassportOVRP@gmail.com

Stargazing

Date: Saturday, Dec. 8, 2018
Time: 5:30 - 8:30 p.m.
Location: Otay Lakes County Park
2270 Wueste Rd., Chula Vista, CA 91915
Adventure: Stargazing
Enjoy the best night sky in San Diego
RSVP by 12/1/18 to AdventurePassportOVRP@gmail.com
Explore Otay Valley Regional Park, the hidden jewel of southern San Diego!

The Otay Valley Regional Park (OVRP) runs from the Upper/Lower Otay Reservoir at the foot of Jamul Mountains all the way to San Diego Bay National Wildlife Refuge. That's nearly 13 miles and 8,869 acres of parkland and river corridor. Currently OVRP is open to the public west of I-805 to the Wildlife Refuge. Areas east of I-805 are still under development, but you can visit us at Otay Lakes Regional County Park.

You can explore the park by hiking, jogging, mountain biking and horseback riding. You can also simply take a leisurely stroll with your family to enjoy the bountiful natural environment which are home to variety of wildlife, including some endangered animals and plants that are protected.

Participate in ADVENTURE PASSPORT programs, collect all passport stamps and visit us Saturday, May 18 at the annual Discover Otay Valley Regional Park Day to claim your prize.

1. Fishing
2. Mountain Biking
3. Kumeyaay Connection
4. Stargazing
5. Arbor Day
6. Monarch Sanctuary
7. Sketching & Painting
8. Kayaking
9. Discover OVRP Day
Arbor Day

Date: Saturday, Jan. 26, 2019  
Time: 9 a.m. - noon  
Location: Hollister Pond Staging Area/386 Hollister St., San Diego, CA 92154  
Adventure: Arbor Day  
Learn the plants of the park and help restore river habitat by planting trees.  
RSVP by 1/19/19 to AdventurePassportOVRP@gmail.com

Monarch Sanctuary

Date: Saturday, Feb. 23, 2019  
Time: 9 a.m. - noon  
Location: 1769 Rios Ave., Chula Vista, CA 91911  
Adventure: Butterfly Day  
Plant native milkweed plants to help transform the park into a monarch butterfly sanctuary.  
RSVP by 2/16/19 to AdventurePassportOVRP@gmail.com
**Sketching & Painting**

**Date:** Saturday, March 9, 2019  
**Time:** 9 a.m. - noon  
**Location:** Finney Overlook - Across from 4017 Byrd St., San Diego, CA 92154  
**Adventure:** Sketching & Painting  
Enjoy the beauty of nature by observing nature closely.  
**RSVP** by 3/2/19 to AdventurePassportOVRP@gmail.com

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**Kayaking**

**Date:** Saturday, April 20, 2019  
**Time:** 9 a.m. - noon  
**Location:** Lower Otay Reservoir  
Boat Launch - 2165 Wueste Rd., Chula Vista, CA 91915  
**Adventure:** Earth Day Kayaking  
Help clean up the reservoir on Creek to Bay Clean Up Day while kayaking.  
**RSVP** by 4/13/19 to AdventurePassportOVRP@gmail.com
Discover Otay Valley Regional Park

Date: Saturday, May 18, 2019
Time: 8 a.m. - 1 p.m.
Location: Celebration at Saturn Blvd. Staging Area: 500 Saturn Blvd., San Diego, CA 92154

Visit Otay Valley Regional Park for our big annual event! Fun for the whole family. We will also pick the winners of our ADVENTURE PASSPORT photo contest.

(Stay tuned for more information in the Spring 2019 Park Newsletter).

RSVP by 5/11/19 for outdoor activities at AdventurePassportOVRP@gmail.com
Nature Journal

Look around, find something interesting and investigate nature by using your five senses! Sketch or write your observations during your adventure. Here are some exercises using your senses to help notice your surroundings.

What do you see?
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