



FREE Family Outdoor Activities
SEPTEMBER 2018– MAY 2019

ADVENTURE PASSPORT

Experience Adventure with a Park Ranger



Otay Valley Regional Park

Multi-Jurisdictional Park
County of San Diego
City of Chula Vista
City of San Diego



Otay Valley Regional Park

ADVENTURE PASSPORT

Passport number: 033920182019





First Name: _____

Last Name: _____

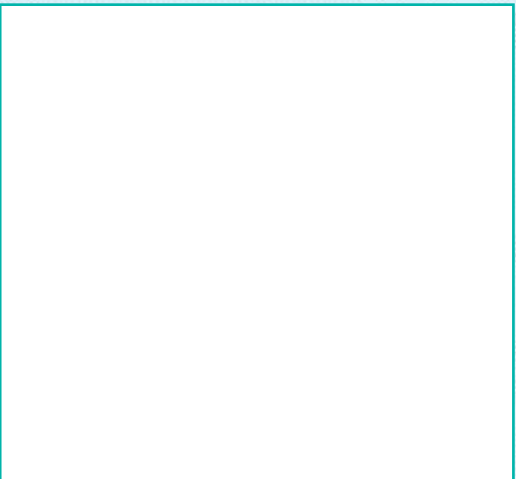
Your Favorite Outdoor Activity: _____

Your Favorite Wildlife: _____

Outdoor safety for your adventure:

-  Stay on the trail
-  Be aware of your surroundings at all times
-  Wear closed-toe hiking shoes or boots with good tread, weather-appropriate clothing in layers, sun protection such as a hat, a pair of sunglasses and sun block
-  Be sure to bring drinking water and healthy snacks.

Draw your picture or paste your photo.



<<<<<<Please call the Park Ranger Station for more information. <<<619-424-0463<<<Happy Adventures!<<<<<<<<

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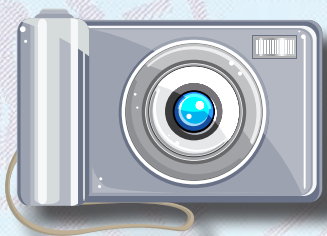


Photo Contest

Enter to win the second annual Otay Valley Regional Park ADVENTURE PASSPORT PHOTO CONTEST. Share

your ADVENTURE PASSPORT event photos on Instagram or Twitter by using #adventurepassportovrp and/or emailing your photographs to AdventurePassportOVRP@gmail.com. The photographs will be displayed, voted, and finalists will be awarded at the annual Discover Otay Valley Regional Park Day. Share your adventure and encourage others to discover the wonders and beauty of nature in America's Finest City!

Feeling Adventurous?

Discover other amazing parks around the City! San Diego Parks and Recreation oversees nearly 40,000 acres of developed and undeveloped open space, more than 340 parks and 25 miles of shoreline from Sunset Cliffs to La Jolla.

For more information about Park Ranger programming, visit:

<https://www.sandiego.gov/park-and-recreation/parks/drprangers>



For more information about the City's 20,000 acres of Open Space parkland, visit:

<https://www.sandiego.gov/park-and-recreation/parks/osp>



Scan the QR code to find a San Diego County park alphabetically.



Parks and
Recreation

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VISA

Fishing



Date: Saturday, Sept. 29th, 2018

Time: 9 a.m. - noon

Location: Lower Otay Reservoir
Boat Launch - 2165 Wueste Rd., Chula
Vista, CA 91915

Adventure: Fishing

Learn to make your own fishing pole
and fish. (fishing is free to youth 15
years and under).

Anglers 16 years of age or older must
have a California state fishing license
and pay the daily permit.

RSVP by 9/22/18 to

AdventurePassportOVRP@gmail.com



Mountain Biking



Date: Saturday, Oct. 27, 2018

Time: 9 a.m. - noon

Location: Mace Staging Area
250 Mace St., Chula Vista, CA 91911

Adventure: Halloween Ride

Ride your bike in nature. Wear your
Halloween costume or decorate your
helmet with us before the group ride.

RSVP by 10/20/18 to

AdventurePassportOVRP@gmail.com



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VISA

Kumeyaay Connection



Date: Saturday, Nov. 17, 2018

Time: 9 a.m. - noon

Location: Ranger Station
2155 Beyer Blvd., San Diego, CA 92154

Adventure: People of the Valley
Take a nature walk and learn about the Kumeyaay culture.

RSVP by 11/10/18 to
AdventurePassportOVRP@gmail.com



Stargazing



Date: Saturday, Dec. 8, 2018

Time: 5:30 - 8:30 p.m.

Location: Otay Lakes County Park
2270 Wueste Rd., Chula Vista, CA 91915

Adventure: Stargazing
Enjoy the best night sky in San Diego

RSVP by 12/1/18 to
AdventurePassportOVRP@gmail.com



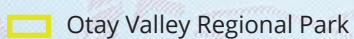
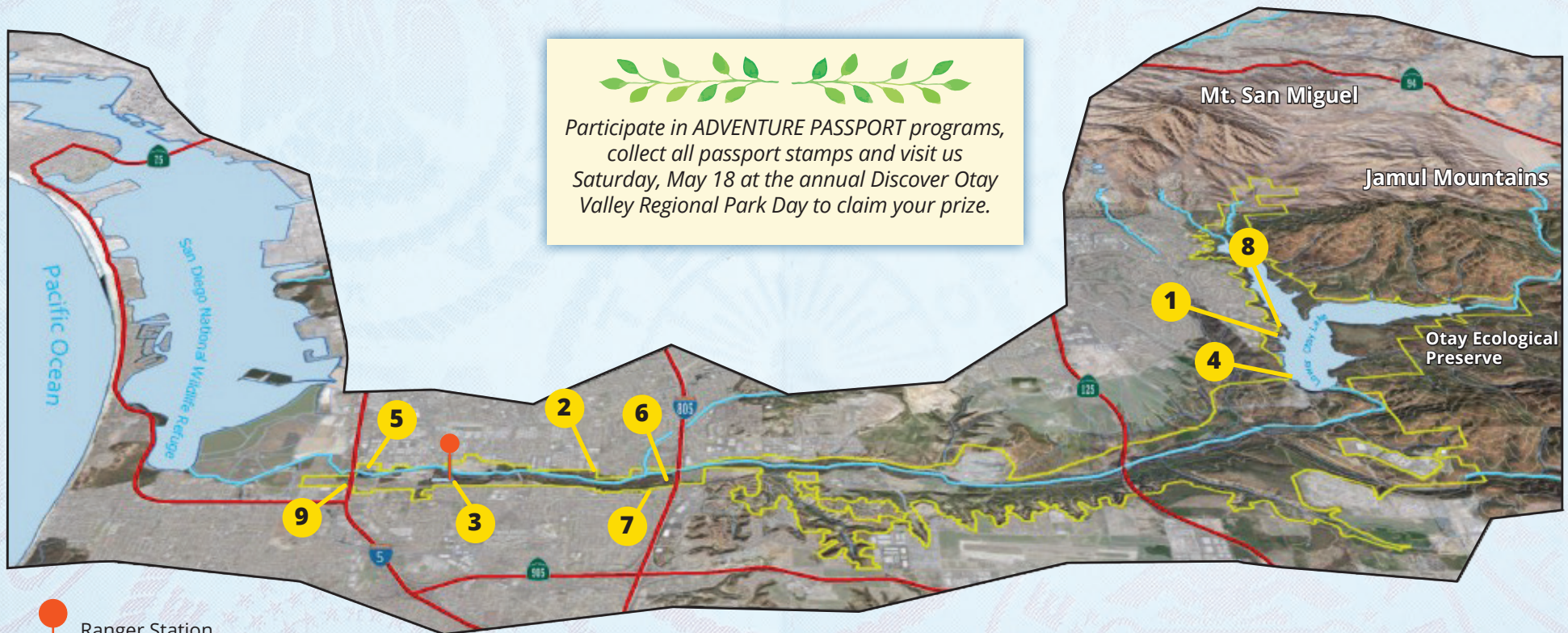
Explore Otay Valley Regional Park, the hidden jewel of southern San Diego!

The Otay Valley Regional Park (OVRP) runs from the Upper/Lower Otay Reservoir at the foot of Jamul Mountains all the way to San Diego Bay National Wildlife Refuge. That's nearly 13 miles and 8,869 acres of parkland and river corridor. Currently OVRP is open to the public west of I-805 to the Wildlife Refuge. Areas east of I-805 are still under development, but you can visit us at Otay Lakes Regional County Park.

You can explore the park by hiking, jogging, mountain biking and horseback riding. You can also simply take a leisurely stroll with your family to enjoy the bountiful natural environment which are home to variety of wildlife, including some endangered animals and plants that are protected.



Participate in ADVENTURE PASSPORT programs,
collect all passport stamps and visit us
Saturday, May 18 at the annual Discover Otay
Valley Regional Park Day to claim your prize.



0 0.5 1 2 Miles

- | | |
|------------------------|-------------------------|
| 1. Fishing | 6. Monarch Sanctuary |
| 2. Mountain Biking | 7. Sketching & Painting |
| 3. Kumeyaay Connection | 8. Kayaking |
| 4. Stargazing | 9. Discover OVRP Day |
| 5. Arbor Day | |

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VISA

Arbor Day



Date: Saturday, Jan. 26, 2019

Time: 9 a.m. - noon

Location: Hollister Pond Staging Area/
386 Hollister St., San Diego, CA 92154

Adventure: Arbor Day

Learn the plants of the park and
help restore river habitat by planting
trees.

RSVP by 1/19/19 to

AdventurePassportOVRP@gmail.com



Monarch Sanctuary



Date: Saturday, Feb. 23, 2019

Time: 9 a.m. - noon

Location: 1769 Rios Ave.,
Chula Vista, CA 91911

Adventure: Butterfly Day

Plant native milkweed plants to help
transform the park into a monarch
butterfly sanctuary.

RSVP by 2/16/19 to

AdventurePassportOVRP@gmail.com



7 VISA

Sketching & Painting



Date: Saturday, March 9, 2019

Time: 9 a.m. - noon

Location: Finney Overlook - Across from 4017 Byrd St., San Diego, CA 92154

Adventure: Sketching & Painting
Enjoy the beauty of nature by observing nature closely.

RSVP by 3/2/19 to
AdventurePassportOVRP@gmail.com



Kayaking



"Creek to Bay"

Date: Saturday, April 20, 2019

Time: 9 a.m. - noon

Location: Lower Otay Reservoir
Boat Launch - 2165 Wueste Rd., Chula Vista, CA 91915

Adventure: Earth Day Kayaking
Help clean up the reservoir on Creek to Bay Clean Up Day while kayaking.

RSVP by 4/13/19 to
AdventurePassportOVRP@gmail.com



VISA

Discover Otay Valley Regional Park



Date: Saturday, May 18, 2019

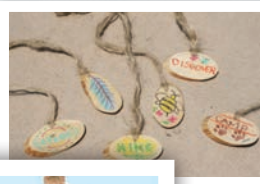
Time: 8 a.m. - 1 p.m.

Location: Celebration at Saturn Blvd.
Staging Area: 500 Saturn Blvd.,
San Diego, CA 92154

Visit Otay Valley Regional Park for our big annual event! Fun for the whole family. We will also pick the winners of our **ADVENTURE PASSPORT** photo contest.

(Stay tuned for more information in the Spring 2019 Park Newsletter).

RSVP by 5/11/19 for outdoor activities at AdventurePassportOVRP@gmail.com



Nature Journal

Look around, find something interesting and investigate nature by using your five senses! Sketch or write your observations during your adventure. Here are some exercises using your senses to help notice your surroundings.



What do you see?

Do you see a red-tailed hawk soaring in the sky?

Do you see any insects on the plants?

Do you see adult birds feeding their young?



What do you hear?

Do you hear the wind?

Do you hear bees buzzing?

Do you hear running river?



What do you smell?

Do you smell the ocean?

Do you notice the aroma of different plants?

Do you smell the soil?



What do you feel?

Do you feel the crisp air on your face?

Have you felt the bird feathers you found on the trail?

Have you ever felt a tiny insect walking on palm of your hand?



What do you taste?

What does the air taste like? Is it sweet or salty?

Do you enjoy seasonal food?

Imagine what different red berries and various seeds may taste like to migratory birds in the parks.