




Wellness Incentive Program

San Diego Public Employee Benefit Association (SDPEBA) offers a points-based wellness incentive program to support you in achieving your best health, your way!

More than \$10,000 in e-gift cards¹

New for 2020! Introducing the Tango Card reward. You can redeem your reward for select digital gift cards from top-name brands like Amazon®, REI®, Whole Foods Market®, Starbucks® and iTunes®. You may also use your reward to support non-profit organizations like water.org®, Habitat for Humanity®, American Cancer Society® and more.

When you earn	You get a chance to win
50 Points	 \$50 e-gift card (15 available each month)
100 Points	 \$100 e-gift card (5 available at midyear)
200 Points	 \$200 e-gift card (5 available at the end of the plan year)

Getting started is as easy as 1-2-3

- 1 Join**
 Sign up at sdpeba.yourbesthealth.com or download the Best Health mobile app today.
- 2 Participate**
 Log in and choose which healthy activities you'd like to participate in.
- 3 Earn Points**
 Complete your healthy activities to earn points, and get a chance to win an e-gift card!

For more information

Contact SDPEBA at 1-888-315-8027 to learn more.

¹ The Best Health program is open to all City of San Diego employees with a maximum of two reward cards per plan year. The plan year is August through the following July (and then the raffles reset).

