



Sharp Classic Plan - Choice Network

- 1. Go to www.sharphealthplan.com/findadoctor
- 2. Choose the Choice network from the drop-down.
- 3. Enter your zip code and type of provider to narrow your search. Press Search Providers.

Sharp Select Plan - Premier Network

- 1. Go to www.sharphealthplan.com/findadoctor
- 2. Choose the Premier network from the drop-down.
- 3. Enter your zip code and type of provider to narrow your search. Press Search Providers

Sharp Saver Plan - Premier Network

- 1. Go to www.sharphealthplan.com/findadoctor
- 2. Choose the Premier network from the drop-down.
- 3. Enter your zip code and type of provider to narrow your search. Press Search Providers



MetLife

Dental HMO

- 1. Go to www.metlife.com
- 2. At top of page under Support, click Find a Dentist.
- 3. At next page under "Your Network" select Dental HMO/Managed Care.
- 4. Enter zip code or name of Dentist or Practice Name then click Find.
- 5. Select plan MET100 then click GO

Dental PPO

- 1. Go to www.metlife.com
- 2. At top of page under Support, click Find a Dentist.
- 3. At next page under "Your Network" select PDP Plus.
- 4. Enter zip code or name of Dentist or Practice name then click Find.



- 1. Go to www.vsp.com
- 2. Under "Find a VSP Doctor" enter your zip code and click "Search".
- 3. The next screen will provide you with a list of providers and the ability to refine your search. SDPEBA is on the Choice Network.

To find a provider for CIGNA or Kaiser, please consult the plan brochures available at www.sdcers.org