

Cheer Fitness

DATE: July 13-September 14, 2021

TIME: 5:00-6:00 PM

DAY: Tuesdays

AGES: 7-10 years

ACTIVITY #: 91931

FEE: \$15

This cheer class will cover the basics of cheerleading and routine work. Introduction to jumps, stunts, and basic motions. Conditioning will be incorporated for overall athletic strength.

This program is being offered through the Come Play Outside partnership between the City of San Diego, County of San Diego, Price Charities and the San Diego Parks Foundation. Scholarships are available based on financial need. Please contact the center for details.

