



We Are All In This...Together.

For many older adults, a compassionate voice in their lives can make a powerful difference especially during these unprecedented times. The **City of San Diego Parks & Recreation AgeWell Services** staff will call you, FREE, MON.-FRI., between 8am-11am just to check in and say "Hello".

If you would like to add yourself or a loved one to the **AgeWell Services Social Call List**, contact us at **619-236-6905** or email thescroll@sandiego.gov

Because human connection makes life better for everyone.

