



FOR IMMEDIATE RELEASE
Wednesday, May 27, 2020

City of San Diego Expands Social Calls Program to Include Spanish-Speaking Residents

THE NEW, EXPANDED PROGRAM IS OPEN TO SAN DIEGANS OF ALL AGES TO OFFER COMFORT AND MITIGATE EFFECTS OF ISOLATION

SAN DIEGO – In a continued effort to sustain residents impacted by feelings of loneliness and isolation during the COVID-19 stay-at-home order and as the city begins to slowly reopen, the City of San Diego has expanded its AgeWell Social Calls Program to offer comfort to San Diegans of all ages, including those who only speak Spanish.

“The AgeWell Social Calls Program already offers invaluable comfort to seniors ages 55 and older,” said Volunteer, Internship and Work Readiness Program Manager Kristina Fraijo. “Now, thanks to our expanded program, younger residents and members of our Spanish-speaking communities will also be able to benefit from compassionate, live conversations on a weekly basis.”

City staff will check on the wellbeing of residents and connect them with enhanced life resources from Monday to Friday between the hours of 8 a.m. and 2 p.m. up to three times a week.

Residents who are interested in taking advantage of the program can sign up for free and indicate their weekly phone call preferences at <https://www.sandiego.gov/social-calls>.

Those in need of assistance with the signup process can contact their nearest [library](#) or [recreation center](#) or call [619-236-6905](tel:619-236-6905) to receive direct assistance from Parks and Recreation Department staff.

The City of San Diego AgeWell Services program offers activities and events for older residents in our communities to keep them healthy, engaged and active. For more information about the wide array of services available to seniors, please visit www.sandiego.gov/agewell.

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