



“We Provide Healthy, Sustainable, and Enriching Environments for All”

Robert Egger, Sr. South Bay Recreation Center

1885 Coronado Avenue • San Diego, CA 92154
(619) 424-0470 • Rosalia Castruita, Center Director III
Kevin Kirkpatrick, Assistant Center Director

Monday: 12:00 to 9:00 pm
Tuesday/Thursday: 12:00 to 10:00 pm
Wednesday: 12:00 to 9:00 pm
Friday: 12:00 to 8:00 pm
Saturday/Sunday: 9:00 am to 4:00 pm

Montgomery-Waller Recreation Center

3020 Coronado Avenue • San Diego, CA 92154
(619) 424-0466 • CJ Saldana, Center Director III
Alissa Cordova, Assistant Center Director

Monday/Wednesday: 11:00 am to 10:00 pm
Tuesday: 12:00 to 9:00 pm
Thursday: 11:00 to 8:00 pm
Friday: 1:00 to 7:00 pm
Saturday/Sunday: 9:00 am to 4:00 pm

Silver Wing Recreation Center

3737 Arey Drive • San Diego, CA 92154
(619) 424-0465 • Dolores Covarrubias, Center Director II
Monday/Wednesday: 11:00 to 9:00 pm
Tuesday/Thursday: 12:00 to 9:00 pm

Friday: 12:00 to 8:00 pm
Saturday: 9:00 am to 5:00 pm
Sunday: 9:00 am to 4:00 pm

PROGRAM GUIDE

June 1 – August 31

SOUTH BAY AREA

Montgomery-Waller ▪ Robert Egger ▪ Silver Wing

Neighborhood Parks

Berry NP • 2060 Leon Road • (619)424-0470
Nestor NP • 2423 Grove Ave • (619)424-0466
Palm Ridge NP • 751 Firethorn St. • (619)424-0466
Sunnyslope NP • 2600 Elm St • (619)424-0466

Gymnasium Hours

	Mont. Waller	Robert Egger
Monday	11:00-4:00 pm	12:00-8:45 pm
Tuesday	12:00-4:00 pm	12:00 - 9:45 pm
Wednesday	11:00-4:00 pm	12:00 - 8:45 pm
Thursday	11:00-3:00 pm	12:00 - 9:45 pm
Friday	1:00-5:00 pm	12:00 - 7:45 pm
Saturday	Subject to Availability	9:00 - 4:00 pm
Sunday	Subject to Availability	9:00 - 4:00 pm

Holiday Facility Closures

President’s Day (February 19)
Cesar Chavez Day (March 30)
Memorial Day (May 28)

Area Manager

Albert Hara – Montgomery-Waller/South Bay
(619)424-0467
Johnny Chou – Silver Wing
(619)525-8237

South Bay Area Summer 2018 Programs

Location	Special Events	Activity #	Day	Time	Ages	Fee
South Bay	Field Trip Fridays Activity #52291	June 15 (Imperial Beach) June 22 (Aquatica) June 29 (San Diego Zoo)		10:00am-3:30 pm	8-16 yrs	\$60.00
Silver Wing	Community BBQ	N/A	June 20 (Monday)	12:00-1:00 pm	All Ages	FREE
South Bay	Community BBQ	N/A	June 27 (Wednesday)	12:00-1:00 pm	All Ages	FREE
M. Waller	Community BBQ	N/A	July 5 (Thursday)	12:00-1:00 pm	All Ages	FREE
M. Waller	Movie in the Park	N/A	August 4 (Saturday)	Dusk	All Ages	FREE
South Bay	Movie in the Park	N/A	August 10 (Friday)	Dusk	All Ages	FREE
Silver Wing	Movie in the Park	N/A	August 17 (Friday)	Dusk	All Ages	FREE
Location	Sports Classes	Activity #	Day	Time	Ages	Fee
M. Waller	Tae Kwon Do	June: 51825 July: 51831 August: 51832	Wednesday 5:30-9:00 pm Friday 5:00-7:00 pm		4-18 yrs	\$60/Month
Silver Wing	Boxing for Beginners (Youth)	June: 49581 July: 49582 August: 49583	Mon/Wed 6:00-7:00 pm Friday 5:00-6:00 pm		8-12 yrs	\$23/Month
Silver Wing	Boxing for Beginners (Teens)	June: 49584 July: 49585 August: 49586	Mon/Wed 7:00-8:00 pm Friday 6:00-7:00 pm		13-17 yrs	\$23/Month
M. Waller	Basketball Camp	51880	Monday 5:00-6:00 pm Thursday 5:30-7:00 pm		8-12 yrs	\$15/Season
South Bay	Tee Ball	51986	Wednesday	5:30-6:30pm	5-7 yrs	\$20/Season
Silver Wing	Tee Ball	51696	Mon-Thur	4:30-5:30 pm	5-7 yrs	\$23/Season
M. Waller	Tee Ball		Mon-Thurs	TBA	8-10 yrs	\$20/Season
South Bay	Baseball 10 & Under	51722	Mon-Thur	4:00-6:00 pm	8-10 yrs	\$20/Season
Silver Wing	Baseball 10 & Under	51691	Mon-Thur	4:30-5:30 pm	8-10 yrs	\$23/Season
M. Waller	Baseball 10 & Under	51881	Mon-Thurs	TBA	11-12 yrs	\$20/Season
South Bay	Baseball 12 & Under	51723	Mon-Thur	4:00-6:00 pm	11-12 yrs	\$20/Season
Silver Wing	Baseball 12 & Under	51692	Mon-Thur	5:30-6:30 pm	11-12 yrs	\$23/Season
M. Waller	Baseball 12 & Under	51882	Mon-Thurs	TBA	13-14 yrs	\$20/Season
South Bay	Baseball 15 & Under	51724	Mon-Thur	4:00-6:00 pm	13-15 yrs	\$20/Season
Silver Wing	Baseball 15 & Under	51693	Mon-Thur	5:30-6:30 pm	13-14 yrs	\$23/Season
M. Waller	Baseball 15 & Under	51883	Mon-Thur	TBA	15-16 yrs	\$20/Season
South Bay	Softball 12 & Under	51725	Mon-Thur	TBA	9-12 yrs	\$20/Season
Silver Wing	Softball 12 & Under	51694	Mon-Thur	5:00-6:00 pm	9-12 yrs	\$23/Season
M. Waller	Softball 12 & Under	51884	Mon-Thur	TBA	15-16 yrs	\$20/Season
South Bay	Softball 15 & Under	51726	Mon-Thurs	TBA	13-15 yrs	\$20/Season
Silver Wing	Softball 15 & Under	51695	Mon-Thur	6:00-7:00 pm	12-15 yrs	\$23/Season
M. Waller	Softball 15 & Under	51885	Mon-Thur	TBA	13-15 yrs	\$20/Season
Location	Swim Lessons	Activity #	Day	Time	Ages	Fee
South Bay	Learn to Swim Session I	June 18 - June 22	Mon - Fri	Morning and Afternoon	3 - 11 yrs	FREE
South Bay	Learn to Swim Session II	June 25 - June 29	Mon - Fri	Morning and Afternoon	3 - 11 yrs	FREE
South Bay	Learn to Swim Session III	July 2 - July 6 No class 7/4	Mon - Fri	Morning and Afternoon	3 - 11 yrs	FREE

South Bay Area Summer 2018 Programs

Location	Dance	Activity #	Day	Time	Ages	Fee
South Bay	Belly Dance	51707	Wed/Thur	11:00-12:00 pm	13+ yrs	FREE
M. Waller	Belly Dance	51839	Tuesday/Friday	11:00-12:00 pm	13+ yrs	FREE
M. Waller	Hip Hop Dance	51836	Tue/Thu	4:00-5:00 pm	8-16 yrs	\$15/ Month
M. Waller	Karaoke & Salsa	51838	Tuesday 5:00-8:30 pm Thursday 5:00-7:30 pm		13+ yrs	\$15/Season
Location	Enrichment Classes	Activity #	Day	Time	Ages	Fee
South Bay	Tiny Tots	51718	Mon/Wed/Thur	11:00-1:45 pm	3-5 yrs	\$95/Season
South Bay	Arts and Crafts	51706	Thursday	4:30-5:30 pm	6-14 yrs	\$20/Season
M. Waller	Creative Crafts	51835	Tuesday	3:30-4:30 pm	7-12 yrs	\$5/Season
Silver Wing	Arts and Crafts	June:49578 July:49579 August:49580	Wednesday	4:00-5:00 pm	5-17 yrs	\$13/Month
South Bay	Youth Ceramics	51708	Wednesday	4:30-6:00 pm	8-18 yrs	\$20/Season
South Bay	Guitar	51712	Monday	6:30-7:30 pm	9-17 yrs	\$30/Season
South Bay	Guitar	51713	Wednesday	6:30-7:30 pm	9-17 yrs	\$30/Season
M. Waller	Guitar	51837	Wed (Beginner) 4:30-5:30 pm Wed (Advanced) 5:30-6:30 pm		10+ yrs	\$30/Season
Location	After School	Activity #	Day	Time	Ages	Fee
South Bay	Homework Club	52230	Tuesday	3:00-4:00 pm	7-18 yrs	FREE
Silver Wing	Homework Club	49590	Mon/Wed/Fri	3:00-4:00 pm	6-18 yrs	FREE
South Bay	Lean Kids	51714	Friday	3:00-4:00 pm	6-13 yrs	FREE
Silver Wing	Lean Kids	49591	Tue/Thur	3:00-4:00 pm	6-13 yrs	FREE
South Bay	Cooking Class	51710	Monday	4:30-5:30 pm	8-17 yrs	\$20/Season
Silver Wing	Cooking Class	June:49587 July:49588 August:49589	Monday	4:00-5:00 pm	8-17 yrs	\$13/Month
M. Waller	Easy Cooking	51833	Tuesday	5:00-6:00 pm	9-15 yrs	\$20/Season
M. Waller	Cupcake Baking	51834	Thursday	5:00-6:30 pm	8-16 yrs	\$15/Season
South Bay	Cupcake Baking	51711	Tuesday	4:30-5:30 pm	9-17 yrs	\$20/Season
South Bay	Teen Center	N/A	Monday-Friday	2:00-6:00 pm	12-17 yrs	FREE
Silver Wing	Teen Center	N/A	Monday-Friday	4:00-6:30 pm	12-17 yrs	FREE
South Bay	Movie Day	N/A	Wednesday	2:00-4:00 pm	All Ages	FREE
Silver Wing	Summer Camp	Week 1:51737 Week 2:51740 Week 3:51742 Week 4:51743 Week 5:51744	W1: 6/11-6/15 W2: 6/18-6/22 W3: 6/25-6/29 W4: 7/2-7/6 W5: 7/9-7/13	9:00-3:00 pm	7-13 yrs	\$48/ Week \$38/ Additional Child
South Bay	Free Summer Lunch	N/A	Monday-Friday	12:00-1:00 pm	2-18 yrs	FREE
Silver Wing	Free Summer Lunch	N/A	Monday-Friday	12:00-1:00 pm	2-18 yrs	FREE
M. Waller	Free Summer Lunch	N/A	Monday-Friday	12:00-1:00 pm	2-18 yrs	FREE

NO REFUNDS OR MAKEUP CLASSES.

Classes are not offered on holidays. Refunds/credits are issued only if the class is cancelled by the City.

TRANSACTION FEES

For Online Registrations, \$2 Transaction fee and 3% Processing fee will be charged for every transaction. For Registrations at the Centers, \$2 Transaction fee will be charged for every transaction. Rates are established by the service provider and are nonrefundable.

There is a \$25.00 service fee for all returned checks. We offer a limited number of scholarships based on financial need.

NO DEVOLUCIONES O COMPENSACIÓN DE CLASES.

No hay clases en días de festivo. Devolucion de pago y credits solo son ofrecidos si las clases fueron canceladas por la Ciudad.

CUOTA DE SERVICIO

Hay una cuota de servicio aplicada a todas inscripciones y reservaciones. Pagos electrónicos tienen una cuota de \$2 y 3% por pago de tarjeta de crédito. Pagos en el Centro tienen una cuota de \$2. Estas cuotas son establecidas por la compañía externa cual provee el sistema de registraci3n y no pueden ser devueltas por ninguna raz3n

Habr3 una cuota de \$25.00 para los cheques que se regresen sin fondos. Ofrecemos becas basado en los recursos econ3micos de la familia.

South Bay Area Summer 2018 Programs

Location	Adult Classes	Activity #	Day	Time	Ages	Fee
South Bay	Co-Ed Softball	51709	Friday	6:30-10:00pm	18+ yrs	\$330/Team
South Bay	Healthy Cooking	June: 51705 July: 51990 August: 51991	Friday	6:00-7:00pm	18+ yrs	\$20/Month
South Bay	Adult Ceramics	51704	Tuesday	4:00-6:00pm	18+ yrs	FREE
South Bay	Men's Softball	51715	Tuesday	6:30-10:00pm	18+ yrs	\$330/Team
M. Waller	Adult Futsal	51843	Mon/Thu	7:30-9:00 pm	16+ yrs	FREE
M. Waller	Falun Dafa	51842	Saturday	9:00 am	16+ yrs	FREE
Silver Wing	Open Box Fit	June: 49592 July: 49593 August: 49594	Tues/Thur	Open 12-9pm Instruction from 7-9pm	18+ yrs	\$18/Month
Location	Fitness	Activity #	Day	Time	Ages	Fee
M. Waller	Vinyasa Yoga	51840	Monday	4:45-5:45 pm	13+ yrs	FREE
South Bay	Vinyasa Yoga	51719	Thursday	4:45-6:00pm	13+ yrs	FREE
M. Waller	Zumba	51841	Mon/Fri	5:45-6:45 pm	13+ yrs	FREE
South Bay	Zumba Combo	51720	Tue/Wed/Thur	6:30-7:30 pm	13+ yrs	FREE
Silver Wing	Parks Fit Silver Wing	49932	June 16-August 18	Anytime	All Ages	FREE
South Bay	Parks Fit Walking Club	51716	June 5-August 30	9:00-9:45 am	All Ages	FREE

REGISTRATION

Visit us on the web

www.sandiego.gov/park-and-recreation

Register on-line at www.SDRecConnect.com

Registration starts May 12 at 10:00 am

Registration Hours

Montgomery-Waller: Tue – Thur [1:00 – 7:00 pm]

RE South Bay: Mon – Wed [1:00 – 6:00 pm]

Silver Wing: Mon – Thur [3:00 – 6:00 pm]

Summer Season: fees for 3 month classes are valid from June 1 to August 31. There is no prorating.

LEAN KIDS

LEAN (Leveraging, Education, Activity and Nutrition) promotes making healthier choices and staying active. Participants will learn about nutritious foods, play sports and other physical activities. The program is FREE through a grant from the National Recreation & Parks Association and Walmart Foundation. This FREE program is for ages 7 to 12 years.

Robert Egger South Bay Recreation Center

Day/Time: Friday [3:00-4:00 pm]

Fee: Free (#51714)

Silver Wing Recreation Center

Day/Time: Tuesday/Thursday [3:00 – 4:00 pm]

Fee: Free (#49591)



PARKS FIT

Run, walk, swim, golf, skate, bike, hike, or recreate your way to health in 2018.

Visit various recreation centers to between June 16 and August 18 to complete designated activities and receive your very own SD Parks Fitness Goal Book to help you establish and achieve your fitness goals.

Participate in the 2 month program with free and easy registration at your local Park and Recreation facility or at sdrecconnect.com

Calling All Pups!

“Barks Fit” participants will receive a bandana at the events.

Tag your snaps and selfies with #ParksFitSD

Kickoff Event - 1 Mile Fun Run & Festivities

Saturday, June 16, 2018 at 8:00am

Dolores Magdaleno Memorial Recreation Center, 2902 Marcy Ave., San Diego 92113

Finale Event - 5K Run/Walk & Family Celebration

Saturday, August 18, 2018 at 7:30am

NTC Park, 2455 Cushing Rd, San Diego 92106

Stay Fit San Diego!

Visit: www.sandiego.gov/parksfitsd

for more information.

Proudly Presented by:



Official financial partner of the City of San Diego



INSCRIPCIONES

Inscripciones pueden ser entregadas en el Centro Recreacional donde la clase es ofrecida o en el internet www.SDRecConnect.com. Aceptamos pago de tarjeta de crédito, cheque o en efectivo (cambio exacto es requerido). Inscripciones deben ser entregadas antes de la primera clase del mes/sesión, y a más tardar antes de la segunda clase.

Temporada de Verano: Cuotas para clases de 3 meses son efectivas desde el 1 de Junio hasta el 31 de Agosto. Registración empieza el 12 de Mayo a las 10:00 am.

Habrà una cuota de \$25.00 para los cheques que se regresen sin fondos. Ofrecemos becas basado en los recursos económicos de la familia.

Para participar en los deportes juveniles se requiere una forma de Renuncia de Responsabilidad, una fotografia, y un certificado de nacimiento durante la inscripción.

Horario de Inscripciones

Montgomery Waller: Martes a Jueves 3:00 – 6:00 pm

Robert Egger: Lunes a Miércoles 1:00 – 6:00 pm

Silver Wing: Martes a Jueves 2:00 – 6:00 pm

RESERVACIONES DE PARQUE

Nuestros centros de recreación y parques son el perfecto lugar para organizar una junta, fiesta de cumpleaños o cualquier evento especial. Los Centros incluyen comodidades incluyendo curto de junta, cocina, refugio para picnic, campos atléticos y gimnasios. Reservaciones requieren 5 días de anticipación para el uso del parque.

Horario de Reservaciones

Montgomery-Waller: Martes/Jueves 1:00 – 7:00 pm

RE South Bay: Lunes – Miércoles 1:00 – 6:00 pm*

Silver Wing: Martes – Jueves 3:00 – 6:00 pm

* Cita es requerida

DEPORTES JUVENILES – BEISBOL/SOFTBOL

Los jugadores aprenderán los fundamentos de béisbol y softbol para niñas. Los equipos de esta liga participaran en encuentros contra equipos de otros Centros Recreacionales. No se proporciona transportación. Los niños no podrán participar en club o en otros programas de béisbol/softbol durante la temporada.

Colocación de equipo basado en la edad el 25 de Agosto

Temporada: 11 de Junio – 25 de Agosto

Días: Variados horarios de prácticas y juegos

Edades: 8-10 años; 11-12 años; 13-14 años; 15-16 años

Robert Egger/M. Waller: \$20 por temporada

Silver Wing: \$23 por temporada

NO DEVOLUCIONES O COMPENSACIÓN DE CLASES.

No hay clases en días de festivo. Devolucion de pago y creditos solo son ofrecidos si las clases fueron canceladas por la Ciudad.



CENTRO DE ADOLESCENTES

Adolescentes están invitados a disfrutar de mesa de hockey de aire, ping pon, video juegos y mucho más. El Centro ofrece una variedad de deportes, clases y paseos para los adolescentes que califican. Un calendario mensual de actividades es disponible en cada centro. Este programa es gratos para adolescentes de 12 a 17 años.

Robert Egger South Bay Recreation Center

Días/Hora: Lunes a Viernes [3:00 – 6:00 pm]

Cuota: Gratis

Silver Wing Recreation Center

Días/Hora: Lunes a Viernes [4:00 – 6:30 pm]

Cuota: Gratis

PROGRAMA DE BOCADOS Y ALMUERZO GRATIS

Este programa ofrece una comida nutritiva para los niños en el Centro Recreacional. Ofrecemos almuerzo y botanas GRATIS para los niños menores de 18 años. El programa es patrocinado por el Distrito Escolar.

Sesión: 11 de Junio – 17 de Julio

Días: Lunes a Viernes

Robert Egger South Bay Recreation Center

Hora: 12:00 – 1:00 pm

Botana: 3:00 – 3:30 pm

BBQ: 27 de Junio

Montgomery-Waller Recreation Center

Hora: 12:00 – 1:00 pm

Botana: 3:00 – 3:30 pm

BBQ: 5 de Julio

Silver Wing Recreation Center

Hora: 12:00 – 1:00 pm

Botana: 3:30 – 4:00 pm

BBQ: 20 de Junio

CUOTA DE SERVICIO

Hay una cuota de servicio aplicada a todas inscripciones y reservaciones. Pagos electrónicos tendrán una cuota de \$2 y 3% por pago de tarjeta de crédito. Pagos en el Centro tendrán una cuota de \$2.

Estas cuotas son establecidas por la compañía externa cual provee el sistema de registración y no pueden ser devueltas por ninguna razón.



PARK PERMITS AND FACILITY RENTALS

Our Recreation Centers and Parks are a great venue to hold meetings, birthday parties and special events. The Recreation Centers include amenities such as meeting rooms, kitchens, picnic shelters, multi-purpose fields and gymnasiums. All park users must obtain a Park Use Permit five (5) days in advance for any equipment in the park (e.g. jumpers, generators, canopies, etc.).

Permit Processing Hours (Appointments Available)

Montgomery-Waller: Tue/Thur 1:00 – 7:00 pm

RE South Bay: Monday – Wednesday 1:00 – 6:00 pm*

Silver Wing: Tuesday – Thursday 3:00 – 6:00 pm

* Appointment required.

YOUTH SPORTS – BASEBALL & GIRLS SOFTBALL

Fun developmental baseball and girls' softball league with games played against teams from neighboring Recreation Centers. Players will learn the fundamentals of hitting, fielding and pitching. Jerseys will be provided for game day. Transportation is not provided for away games. Children may not participate in club or other baseball/softball programs during the season.

Team placement based on age on August 25.

Season Dates: June 11 – August 25

Days: Practice and game schedules will vary.

Ages: 8–10 years; 11–12 years; 13–14 years; 15–16 years

Robert Egger/Montgomery-Waller: \$20 per season

Silver Wing: \$23 per season

TEEN CENTER

Teenagers are invited to play air hockey, ping pong, video games or just hang out with other teens in a safe and structured atmosphere. A monthly calendar of activities is available at the Center. This FREE program for children ages 12 to 17 years.

Robert Egger South Bay Recreation Center

Days/Times: Monday – Friday [3:00 – 6:00 pm]

Silver Wing Recreation Center

Days: Monday – Friday [4:00 – 6:30 pm]

FREE SUMMER LUNCH

Nutritious lunch and snacks are available FREE to all children 18 years and under. This program is offered in partnership with the South Bay Union School District.

Session: June 11 – July 17

Days: Monday – Friday (No Lunch/Snack on July 4)

Robert Egger South Bay Recreation Center

Lunch Time: 12:00 – 1:00 pm

Snack Time: 3:30 – 4:00 pm

BBQ Date: June 27

Montgomery-Waller Recreation Center

Lunch Time: 12:00 – 1:00 pm

Snack Time: 3:00 – 3:30 pm

BBQ Date: July 5

Silver Wing Recreation Center

Lunch Time: 12:00 – 1:00 pm

Snack Time: 3:00 – 3:30 pm

BBQ Date: June 20

PORTABLE POOL SWIM LESSONS

Red Cross certified instructors will offer FREE swim lessons through the portable pool program. Funding for the program was made possible by a grant from the Drowning Prevention Foundation of San Diego.

Robert Egger South Bay Recreation Center

Days/Times: Monday – Friday [morning/afternoon]

Fee: FREE

Ages: 3 – 11 years

Session I: June 18 – June 22

Session II: June 25 – June 29

Session III: July 2 – July 6 (No class July 4)

MOVIE IN THE PARK

Enjoy an evening in the Park watching a movie on a giant screen. Bring blankets, beach chairs and pillows.

Montgomery-Waller Recreation Center

Movie: Coco

Date/Time: Friday, August 4 at Dusk

Robert Egger South Bay Recreation Center

Movie: Coco

Date/Time: Friday, August 10 at Dusk

Silver Wing Recreation Center

Movie: Jumanji: Welcome to the Jungle

Date/Time: Friday, August 17 at Dusk

FREE TEEN NIGHT

Teens are invited for a free evening of fun activities and dinner. Activities include game trucks, rock walls, arts and crafts and more. Free dinner includes tostilocos, carne asada tacos, Wings and Things and hamburgers. The program includes free field trips to the movies, bowling alley, Padres games and other destinations.

Robert Egger South Bay Recreation Center

Session: July 6 – August 24

Days/Times: Friday (5:30 – 8:00 pm)

Ages: 12 – 17 years