## SANDEGO Spring 2022 Arts and Recreation Department SOUTHORNESS CENTER

March 1, 2022—June 30,2022

4149 Newton Avenue San Diego CA, 92113 619-527-3413 www.sandiego.gov

## All PROGRAMS ARE SUBJECT TO CANCELATION AT THE DESCRETION OF DIRECTOR



### HOURS ARE SUBJECT TO CHANGED

MONDAY	12 pm-8 pm
TUESDAY	12 pm-8 pm
WEDNESDAY	12 pm-10 pm
THURSDAY	12 pm-10 pm
FRIDAY	12 pm-8 pm
SATURDAY	9 am-5 pm
SUNDAY	9 am-5 pm

## **Recreation Center Staff**

Gordon Bordson	Area Manager
Andre Rhodes	Center Director
Luis Torres	Asst. Center Director
Fernando Jumilla	as Recreation Leader II
Richard Mange	<b>Recreation Leader I</b>
Victor Lewis	<b>Recreation Leader I</b>
Aaron Arce	<b>Recreation Leader I</b>
Colby Johnson	Recreation Aide
Daniel Chavarin	Recreation Aide
Willie Spain	Grounds Maintenance Worker II
Gabe Verdugo	Grounds Maintenance Worker II

<u>CITY HOLIDAY CLOSURES/ DIAS FESTIVOS</u> Presidents Day, February 21, 2022 Cesar Chavez Day, March 31, 2022

The City of San Diego is committed to providing an equitable and inclusive environment for all individuals. Consistent with these principles and applicable laws, it is the City's policy not to discriminate on the basis of any protected classification, including age, ancestry, color, creed, physical or mental disability, gender, gender identity, gender expression, genetic information, marital status, medical condition, veteran or military status, national origin, pregnancy (including childbirth, breastfeeding, or related medical conditions), race, traits historically associated with race (including hair texture and protective hairstyles such as braids, locks, and twists), religious belief or observance, religious creed, sex, sex stereotype, sexual orientation, transgender status or transitioning, or any other classification protected by federal, state, or local law (including being perceived or regarded as or associated with any protected classification). If anyone believes they have been discriminated against, they may file a complaint alleging the discrimination with either the City of San Diego, Parks and Recreation Department District Manager at [619-236-7342], or the California Department of Fair Employment and Housing (DFEH) at (800) 884-1684. This information is available in alternative formats upon request.

## **General Information**

## **REGISTRATION INFORMATION / INFORMACIÓN DE REGISTRO**

-Registration is on a first come, first serve basis / La inscripción es por orden de llegada

—Registration is on a seasonal basis unless otherwise noted / El registro es por temporada a menos que se indique lo contrario

—Register prior to the start date of each program, but no later than the second class meeting. Classes will not be prorated. / Inscríbase antes de la fecha de inicio de cada programa, pero no más tarde de la reunión de la segunda clase. Las clases no serán prorrateadas.

—Credit card only when registering for classes. / Tarjeta de crédito solo al inscribirse en clases.

--Classes may be cancelled due to lack of enrollment, instructor illness, weather conditions, and changes in operation. / Las clases pueden cancelarse debido a la falta de inscripción, enfermedad del instructor, condiciones climáticas y cambios en la operación.

—A reduced fee waiver is available on request for low income families. Fee waiver requests require a copy of your last income tax form. / Una exención de tarifa reducida está disponible a pedido para familias de bajos ingresos. Las solicitudes de exención de tarifas requieren una copia de su último formulario de impuestos sobre la renta.

## PARK RESERVATION INFORMATION / INFORMACIÓN DE RESERVA DEL PARQUE

For more information about reserving the following facilities & parks for sporting events, leagues, tournaments, group picnics (over 50 people), parties, astro jumps etc. Please call (619)527-3413 or visit us in the office at Southcrest Rec Center. / Para obtener más información sobre cómo reservar las siguientes instalaciones y parques para eventos deportivos, ligas, torneos, picnics grupales (más de 50 personas), fiestas, saltos astronómicos, etc. Llame al (619) 527-3413 o visítenos en la oficina en Southcrest Rec Center.

-Southcrest Recreation Center - Dorothy Petway Park

- Southcrest Trails - Cesar Chavez Joint Use Site

## SOUTHCREST COMMUNITY RECREATION GROUP

The Southcrest Recreation Center has an advisory group made up of individuals from our community. Advisory members work with city staff to promote

recreational activities for the citizens of zip code 92113. The Advisory Group meets the second Tuesday every month at 5:30 p.m.

## Consider Visiting our Local Centers:

## **Mountain View Rec**

641 S. Boundary St.

(619) 527-3417

## Willie Henderson Sports Complex

1035 S. 45th St. <u>(</u>619) 527-3407

## Youth Activities/ Actividades Juveniles

## YOUTH CERAMICS

This class will teach you the basic techniques of pouring, cleaning and painting! We will provide all the supplies and you get to keep your

creations!

Days: Wednesday

**Time: 4**:00– 6:00 pm

Ages: 5-17 years old

**Cost: FREE** 

Activenet # 99382

## <u>CERAMICA</u>

Esta clase te enseñara las técnicas básicas de vaciar, limpiar y pintar! Le proporcionaremos todos los suministros y podrá quedarse con sus creaciones!

Días: Miércoles

Horario: 4:00 – 6:00 pm

Edades: 5 – 17 años

Precio: Gratis

**Activenet # 99382** 

## Arts & Crafts

This class will teach basic craft techniques using crayons, paints, and a variety of other items.

Days: Mondays

**Time:** 4:00 – 6:00 pm

Ages: 6 – 17 years old

Cost: Free

### ARTESANIAS

Esta clase enseñara las técnicas básicas de artesanías usando crayolas, pinturas y una variedad de

artículos.

Días: Lunes

Horario: 4:00 – 6:00 pm

Edades: 6 – 17 años

Precio: Gratis



### TEEN CENTER

Teens can enjoy a variety of games, equipment including games, sports, computers, field trips, and more....We encourage local teens to stop by!

**Days:** Monday - Friday-**Time:** 3:00 – 6:00 pm

Ages: 11 – 17 years

Fee: FREE!

**Teen Council** – Become a member of our Teen Council and help organize trips, events and activities for our Teen Center.

### CENTRO PARA ADOLOCENTES

Los adolecentes pueden disfrutar una variedad de juegos y equipo inclusivo, deportes, televisión, computadoras, paseos, y más....Es un buen lugar para divertirse y conocer otros jóvenes de la

comunidad.

Días: Lunes - Viernes

Horario: 3:00 – 6:00 pm

Edades: 11 – 17 años

Precio: GRATIS!

**Concilio de Adolecentes** – Siendo parte de nuestro concilio tendrás la oportunidad de organizar paseos, eventos, y actividades.







# Youth Activities/ Actividades Juveniles

## SOCCERS SKILLS CLASS

This class will teach the basics of soccer. Students will also learn new skills and drills that will help take your soccer game to the next level! / *Esta clase enseñará los conceptos básicos del fútbol. ¡Los estudiantes también aprenderán nuevas habilidades y ejercicios que les ayudarán a llevar su juego de fútbol al siguiente nivel!* 

Ages/ Edades: 13-17 years old

Dates: Fridays / Viernes

Time: 4:00—5:30pm

Cost: FREE / Gratis Activenet #100017

## **MONDAY MATCH-UPS**

Every Monday staff will facilitate friendly games and matches for youth. Some example games will include dodgeball, minute-to-winit games, and ping pong tournaments! / Todos los lunes, el personal facilitará juegos amistosos y partidos para jóvenes. ¡Algunos juegos de ejemplo incluyen dodgeball, juegos y torneos de ping pong!

Ages: 8-16 years Cost: FREE / Drop In Program Instructor: Andre



## **SUPPER PROGRAM**

Free dinner provided for youth ages 0-18 years old. Cena gratis servimos a las menores edades 0-18 años.

Days/Dias: Monday – Friday Time/Horario: 4:30pm – 5:30 pm



# YOUTH SPORTS/ DEPORTES

## <u>SOCCER / FUTBOL</u>

The youth soccer is designed to develop and enhance players' fundamental skills. Teams are divided into age divisions. Qualified teams will get a chance to participate in the City Wide tournament hosted by the S.P.O.R.T.S. Committee at the end of the season. / *El fútbol juvenil está diseñado para desarrollar y mejorar las habilidades fundamentales de los jugadores. Los equipos se dividen en divisiones de edad. Los equipos clasificados tendrán la oportunidad de participar en el torneo City Wide organizado por S.P.O.R.T.S. Comité al final de la temporada.* 

### Season /Temporada : March – May 2022 Price/ Precio: \$10

Divisions / Edades: 8U #99917 10U #99918

14U#100015

918 12U#99919 16U #100016

## CO-ED VOLLEYBALL

The youth volleyball program is designed to develop and enhance players fundamental skills on passing, setting, serving, digging and blocking in a friendly and team oriented environment. / *El programa de voleibol juvenil está diseñado para desarrollar y mejorar las habilidades fundamentales de los jugadores para pasar, colocar, servir y bloquear en un ambiente amigable y orientado al equipo.* 

Season /Temporada : March – May 2022 Divisions / Edades: 12-14 #99916 15-17 #99915 Price/ Precio: \$10



## MARTIAL ARTS CLASS

A Martial Arts style cardio workout that will help you improve endurance and coordination. Learn proper techniques for punches and kicks in this non- contact class. / Un entrenamiento cardiovascular al estilo de las artes marciales que te ayudará a mejorar la resistencia y la coordinación. Aprende técnicas adecuadas para puñetazos y patadas en esta clase sin contacto.

Ages 9 & Up 6:00-7:00pm Mon/Wed Fee: Activenet # 99384 Instructors: Richard/Andre



# Adult Activities / Actividades de Adultos

## WEIGHT ROOM / SALA DE PESAS

The weight room is built to help people realize their goals and build strength. / La sala de pesas está diseñada para ayudar a las personas a alcanzar sus objetivos y desarrollar fuerza.

Day/Dias: Monday—Friday Time/Horario: 2:00 – 7:00 pm

Saturday—Sunday 10:00 - 4:00 pm

Ages: 16 & Above Price: \$10/month

Activenet #99816





Weight training class designed exclusively for anybody that wants to gain muscle. / Iron Man es una clase de fuerza diseñada exclusivamente para cualquiera que quiera ganar músculo.

Instructor: STAFF

Day/ Dias: Thursdays / Jueves @ 6:00pm -7:00pm

Ages/Edades: 16+

Activenet #99816



## **ADULT LEAGUE BASKETBALL**

Come join a team in our Adult Basketball League! There will be a running clock and scoreboard. / ¡Únete a un equipo en nuestra liga de baloncesto para adultos! Habrá un reloj en marcha y un marcador.



Wednesday & Thursdays 6pm—10pm Activenet # 99383

## NEW AT THE CREST ZUMBA

Come enjoy a fusion of Latin and International music that creates a dynamic, exciting and effective cardio dance workout. / Ven a disfrutar de una fusión de música latina e internacional que crea un entrenamiento de cardio dance dinámico, emocionante y efectivo.



## **Equipment Check-Out**

**Daily** (with ID) Ping-Pong / Foosball Basketball / Soccer Ball Tether Ball / Board Games Don't see the program you're looking for? We are always looking for people who would like to share their knowledge and passion with the community. If you are interested in teaching a class in

Here's the link for new customer to register.

## <u>www.sdrecconnect.com</u>

ActiveNet

To prepare your family for the summer class registration you will need to do the following in advance (this will expedite your first registration):

#### Log on to www.SDRecConnect.com

Returning Customers (who have previously registered for classes online)

- Click the My Account button. Enter your login (email address) and password.
- If you've forgotten your password, click My Account, then click the small "Forgotten?" link. Enter the email address you used when you created the account, and the system will send you a temporary password via email. Log in with the temporary password and the system will prompt you for your "Current password" - which means the temporary password in this case - and a new password of your choice. Be sure to click Save!

#### **First Time Online Customers**

Click the Create Account<sup>\*\*\*</sup> button. Fill out the New Account Request form completely for the primary responsible person, usually a parent or head of household, including all required fields, (birth date, gender, email address, etc.) and click Submit (or Submit & Add Family Member to add your other family members). In a short time, check your email for a confirmation message with a special first-time activation link. You will not be able to use your new account until you've used this special link! Note that it's possible this email will go to your "spam" folder, so check carefully. To avoid duplication, be sure to let others in your household know you've set up the account.

\*\*\*Important: If you are registering a child for an activity, please use your own information, not your child's, when first completing the New Account Request form. Once you have filled it out for yourself, click "Submit," or "Submit & Add Family Member" to add others such as your spouse and children. You can also easily add children later after you've created and confirmed the account. Be sure to check your email for a confirmation message with a special first-time activation link. You will not be able to use your new account until you've used this special link!

If you need help please click the FAQs (Frequently Asked Questions) button in the online registration page for information.

#### **Volunteers Needed**

Ongoing opportunities are available at Recreation Centers, Pools, and Regional Parks throughout the City of San Diego, as well as, with Senior and Therapeutic Recreation programs. If you would like to volunteer or see what kind of volunteer opportunities are out there, please call the Volunteer Office at 619-685-1324 or visit us online by searching "City of San Diego Better Impact"

\*All volunteers must be fingerprinted through the city.

#### **Donations**

By donating to our park system, you can help the Park & Recreation Department enrich the lives of others through quality parks and programs. Your gift will help ensure that we meet the needs of the community, including people of all ages, abilities, and income levels through recreation, natural open spaces, neighborhood parks, and aquatics programs. For more information on how you can become a donor to your Favorite Park, pool, or recreation program; please call staff at (619)527-3413.

Just a Reminder, a Public Defibrillator is located at the Southcrest Recreation Center in the mainentry.



## **Refund and Transfer Policy**

Written refund applications must be submitted, using the Application for Miscellaneous Refund Form (COM-6), in person at the facility where the program occurs. Refunds will be processed in accordance with the following policy.

### Refund Policy Exclusions:

3% processing fee will be deducted from all refunds No refund or transfer for non-attendance at any class No credits to account No refunds for costumes or equipment

Activity fees less than \$10.00 will not be refunded.

<u>Classes: Refund is based on the date that the written application is submitted.</u>

97% refund- 3 or more calendar days prior to first class

75% refund – less than 3 calendar days prior to first class

No refund for request submitted more than 24 hours after first class

<u>Camps: Refund is based on the date that written application is submitted.</u> 97% refund– 10 or more calendar days prior to first day of camp 50% refund– less than 10 calendar days prior to first day of camp No refund or transfers for request less than 48 hours prior to first day of camp

## Política de reembolso y transferencia

Las solicitudes de reembolso por escrito deben presentarse, utilizando el Formulario de Solicitud de Reembolso Misceláneo (COM-6), en persona en las instalaciones donde se lleva a cabo el programa. Los reembolsos se procesarán de acuerdo con la siguiente política.

#### Exclusiones de la política de reembolso:

Se deducirá una tarifa de procesamiento del 3 % de todos los reembolsos

No hay reembolso o transferencia por no asistencia a cualquier clase

Sin créditos a la cuenta

No hay reembolsos por disfraces o equipos.

Las tarifas de actividad inferiores a \$10.00 no serán reembolsadas.

<u>Clases: El reembolso se basa en la fecha en que se presenta la solicitud por escrito.</u>

Reembolso del 97%: 3 o más días calendario antes de la primera clase Reembolso del 75%: menos de 3 días calendario antes de la primera clase

No hay reembolso por solicitud enviada más de 24 horas después de la primera clase

Campamentos: El reembolso se basa en la fecha en que se presenta la solicitud por escrito. Reembolso del 97%: 10 o más días calendario antes del primer día del campamento Reembolso del 50%: menos de 10 días calendario antes del primer día de campamento No se aceptan reembolsos ni transferencias si se solicitan con menos de 48 horas de antelación al primer día de campamento

# PAST ACTIVITIES / EVENTS

