

STANDLEY PARK & RECREATION CENTER

3585 GOVERNOR DRIVE
SAN DIEGO, CA 92122
PHONE: (858) 552-1652

2025 Spring Program

ONLINE REGISTRATION BEGINS:

FEBRUARY 15 2025 at 10:00 am

SEASON BEGINS: MARCH 1st, 2025

SEE INSIDE COVER FOR REGISTRATION DETAILS.

ALL PROGRAMS AND FEES ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTIFICATION.

SEASON ENDS: MAY 31, 2025.

HOLIDAY CLOSURES

MONDAY, MARCH 31, CESAR CHAVEZ DAY

MONDAY, MAY 26, MEMORIAL DAY

CENTER HOURS OF OPERATION

Subject to change

| | |
|------------------|-------------------------------|
| <i>Monday</i> | <i>12:00 p.m. - 9:00 p.m.</i> |
| <i>Tuesday</i> | <i>11:00 a.m. - 9:00 p.m.</i> |
| <i>Wednesday</i> | <i>11:00 a.m. - 9:00 p.m.</i> |
| <i>Thursday</i> | <i>11:00 a.m. - 9:00 p.m.</i> |
| <i>Friday</i> | <i>9:00 a.m. - 6:00 p.m.</i> |
| <i>Saturday</i> | <i>9:00 a.m. - 4:00 p.m.</i> |
| <i>Sunday</i> | <i>8:00 a.m. - 1:00 p.m.</i> |

GENERAL INFORMATION

REGISTRATION INFORMATION

IN PERSON REGISTRATION BEGINS:

Saturday, February 15, 2025 at 10:00 a.m.

- Registration is taken on a first come, first serve, walk-in basis. Telephone or mail registration is not accepted.
- When classes fill to capacity waiting lists are formed. Classes may be expanded to accommodate additional students.

CENTER REGISTRATION HOURS

Monday 12:00 p.m. - 6:00 p.m.

Tuesday 11:00 a.m. - 8:00 p.m.

Wednesday 11:00 a.m. - 8:00 p.m.

PERMITS ARE ISSUED BY APPOINTMENT WITH THE CENTER DIRECTOR ONLY.

ONLINE REGISTRATION INFORMATION

Begins: Saturday, February 15, 2025 at 10:00 a.m.

Log onto: www.SDRecConnect.com

Returning Customers:

(previously registered for classes online)

- Click the "My Account" button.
- Enter your Login (email) and password.

For first time users only, please note the following:

-Parents and/or Guardians must create their own account first by providing their own information. Once your online registration account is completed you will have the opportunity to add a child as a family member.

New Accounts

- Click on the "Create Account" button. Fill out the "New Account Request Form" completely by including all required fields: (Birth date, gender, email address, etc.). When finished, select submit. Please submit your request only once. You will receive a confirmation email at the email address that you provided. Please follow directions provided via e-mail to activate account. If you need help please click the FAQs (Frequently Asked Questions) button for information or call your local recreation center.
- Only a parent or legal guardian can register participants under the age of 18 years.

All fees include a 3.56% processing rate. Rates are established by the service provider and are nonrefundable.

POLICIES

PAYMENT POLICY

- Acceptable payment methods (on-line and in-person) include: Credit, debit, or gift cards issued by qualified card service merchants (Visa, MasterCard, American Express, and Discover only).
- All fees must be paid in full prior to attending the first class.
- Classes not meeting the minimum number of students may be cancelled.

1) Refund Policy Exclusions:

- A 3.56% processing fee will be deducted from all refunds
 - No refund or transfer for non-attendance at any class
 - No credits to account
 - No refunds for costumes or equipment
 - Activity fees less than \$10.00 will not be refunded
- 2) **Classes:** Refund is based on the date that the written application is submitted.
- 96.5% refund - 3 or more calendar days prior to the first day of the class
 - 75% refund - less than 3 calendar days prior to the first day of class
 - No refund for requests submitted more than 24 hours after the first day of class

3) Camps: Refund is based on the date that the written application is submitted.

- 96.5% refund - 10 or more calendar days prior to the first day of camp
- 50% refund - less than 10 calendar days prior to the first day of camp
- No refund or transfer for requests less than 48 hours prior to the first day of camp

4) Leagues: Refund is based on the date that the written application is submitted.

- 96.5% refund - 10 or more calendar days prior to the first scheduled game
- 50% refund - less than 10 calendar days prior to the first scheduled game.
- No refund or transfer for requests after the first scheduled game.

5) Swimming Lessons: No refunds unless swimming lessons are cancelled by City staff. Transfer to another class may be permitted by the Pool Manager, at their sole discretion. No refunds for emergency closures due to pool contamination.

6) One-day Activity/Field Trips: Refund is based on the date that the written application is submitted.

- 96.5% refund - 20 or more calendar days prior to the Activity or Field Trip
- No refund for requests submitted less than 20 calendar days prior to the Activity or Field Trip

PARK & FACILITY INFORMATION

AMENITIES

Standley Community Park and Recreation Center is a City of San Diego Parks and Recreation Department facility that is free and open to the public during designated hours.

- Indoor Basketball and Volleyball Courts
- Game room with Table Tennis & Foosball Table
- Two Racquetball courts - Barbeques
- Large playground - Picnic shelter
- Outdoor basketball court - Passive picnic areas
- Multi purpose fields - Pickleball courts

*Open for paid rental reservations, pending availability.

PARK USE INFORMATION

Park use and reservations for the listed facilities below including, but not limited to, sports field use, picnic areas, party jumps and special events can be reserved. Events with 50 or more people require a permit approved by the Center Director. For more information contact: Standley Park Recreation Center at: (858) 552-1652.

NEIGHBORHOOD PARKS

| | |
|-------------------------|------------------------|
| University Gardens | 6431 Gullstrand Street |
| University Village | 7150 Florey Street |
| Marcy Neighborhood Park | 5504 Stresemann Street |
| Curie JU Field | 6467 Edmonton Avenue |

GYMNASIUM USAGE

A monthly gym schedule is available at the Recreation Center for all open play activities. Times are subject to change without prior notification. All individuals must be wearing gym shoes and a shirt at all times. Profanity is not allowed. **Drinks and food are prohibited in the gymnasium, no exceptions!**

OPEN BASKETBALL

Free play Basketball is open daily inside and/or outside on a first come, first serve basis. Times may vary. All ages are welcome. Private instruction or any organized activity requires a facility permit from the Center Director regardless of the class size and is based on availability.

OPEN VOLLEYBALL

Free play Volleyball is Thursdays from 6:00 to 8:45 p.m. Participants are required to set-up and break down all nets and poles.

OPEN FLOOR HOCKEY

Players provide their own equipment and must be 18 years of age or older. More information is available by contacting Steve at: (858) 344-2629.

INDIVIDUALS WITH DISABILITIES

The City of San Diego Parks and Recreation Department can accommodate individuals with disabilities. Upon availability, Therapeutic Services will provide inclusion aides with additional assistance along with Standley Park Recreation Center Contractual Staff. Request for this service must be made at least three weeks prior to the first day of the program. For more information on Therapeutic Services call: (619) 525-8247.

GENERAL PARK RULES

- No Alcohol
- No Smoking
- No Littering
- No Golfing
- No Glass Containers
- No Balloons
- No Skateboards, Bikes, Scooters, or Roller Skates
- Dogs must be on a leash
- No overnight camping
- No open camp fires

COMMUNITY PHONE NUMBERS

| | |
|---------------------------|----------------|
| Doyle Recreation Center | (858) 552-1612 |
| Nobel Recreation Center | (858) 552-1626 |
| Swanson Pool | (858) 552-1653 |
| Standley Aquatic Center | (619) 605-2170 |
| North UC Library | (858) 581-9637 |
| South UC Library | (858) 552-1655 |
| Mesa Soccer | (858) 558-MESA |
| UC Del Sol Girls Softball | (858) 568-2455 |
| UC Little League | (858) 212-7583 |
| UC Racquet Club | (858) 452-5683 |

RECYCLE

ILLEGAL DUMPING IS PROHIBITED.

Keep the park clean by RECYCLING in new bins now located around the park! Please do not overflow containers. Containers take cardboard, aluminum cans, newspapers, glass containers, and plastic bottles.

GAME ROOM

The Game Room consists of a Table Tennis, a Foosball table, and a large connect 4 game. All equipment check-out requires a photo ID or a green recreation card for children up to the 5th grade. For more information, hours, and availability of the room, contact the front office (858)552-1652. Individuals under 18 years of age must be supervised by an adult.

RACQUETBALL

Racquetball courts are secured and will be opened by staff according to the RESERVATION schedule. The Reservations are taken the same day only. Two courts are available during normal hours of operation. Courts close 30 minutes prior to the recreation center closing.

TENNIS

Tennis courts are operated by the UC Raquet Club Tennis Staff. For more information regarding hours, membership and lessons is available by contacting: (858) 452-LOVE (5683) or www.ucrctennis.com

BOOK NOOK

"Take a book, leave a book," is the motto and way of the Book Nook. A gathering place where you can share your favorite literature and stories. If you like a book you can keep it and in return donate a different book. The Book Nook is perfect for children and adults.

INDEPENDENT CONTRACTOR REQUIREMENTS

All contractors, sub-contractors and volunteers must be fingerprinted through the City of San Diego Live Scan Process. Contractors must maintain a business license and proof of insurance. City staff handle all registration for these programs. Some Contractors must provide Worker's Compensation Coverage. Contractors must be on the Recreation Department's approved vendor list and go through the RFSQ process.

YOUTH PROGRAMS

AIKIDO

Aikido is a non-competitive martial art focusing on the development of a calm mind, relaxed body and a strong spirit.

Instructor: Steven Katz, 5th Degree Black Belt, Matthew Smith 2nd deg. Black Belt.

AGES: 6-10 Years

Day: Tuesday

Time: 5:00 p.m. – 6:10 p.m.

Session: April 01— June 17 [121491]

Fee: \$123.00/12 weeks

AGES: 10-15 Years

Day: Thursday

Time: 5:00 – 6:10 p.m.

Session: April 03— June 26 [121492]

Fee: \$123.00/12 weeks

No Class June 19, 2025.

More information available: www.kagamidojo.com



CIVIC DANCE

The City of San Diego Dance Department offers dance classes at affordable prices in order to enable both adults and children to fully participate in the study of various styles of dance. Each class meets once a week for 45 minutes.

Fee: \$42.46 January 6 to June 02

Registration Begins: December 14.

Day: Monday

Times:

5:00 p.m. Beg Hip Hop 1A (Ages 8-17) [119447]

Instructor: Alexis Ledgerwood



For more information contact the Dance Department at (619) 235-5255 or visit them on the web at:

www.civildancearts.org



PEE WEE SPORTS

Children will develop basic motor skills while being introduced to all types of different sports.

Ages: 3.5 – 6 years

Times: 4:30 p.m. – 5:15 p.m.

Days: Thursday

Cost: \$21.00/Month

Session I: March 6-27 [121505]

Session II: April 03-24 [121506]

Session III: May 08-29 [121507]

Instructor: Standley Recreation Staff

For More Information, Call (858) 552-1652



UCRC JUNIOR TENNIS PROGRAM

Several classes are offered.

To inquire and register, please contact Aurelie via email aurelie.ucrc@gmail.com or Marta via mta.ucrc@gmail.com

More information: UC Racquet Club

Phone: (858) 452-LOVE(5683) or online at www.ucrc tennis.com.



FRIDGE ART

Children will have fun exploring different types of arts & crafts. Children will create artwork that any parent would be proud to put on their fridge.

Ages: 5 – 10 Years

Day: Wednesday

Time: 12:30 – 1:30 p.m.

Fee: \$21.00 / session

Session I: March 05-26 [121497]

Session II: April 02-23 [121498]

Session III: May 07-28 [121499]

Instructor: Standley Recreation Staff

For More Information, Call 858-552-1652



The City of San Diego is committed to providing an equitable and inclusive environment for all individuals. Consistent with these principles and applicable laws, it is the City's policy not to discriminate on the basis of any protected classification, including age, ancestry, color, creed, physical or mental disability, gender, gender identity, gender expression, genetic information, marital status, medical condition, veteran or military status, national origin, pregnancy (including childbirth, breastfeeding, or related medical conditions), race, traits historically associated with race (including hair texture and protective hairstyles such as braids, locks, and twists), religion, religious belief or observance, religious creed, sex, sex stereotype, sexual orientation, transgender status or transitioning, or any other classification protected by federal, state, or local law (including being perceived or regarded as or associated with any protected classification). If anyone believes they have been discriminated against, they may file a complaint alleging the discrimination with either the City of San Diego, Parks and Recreation Department District Manager at 619-235-1132, or the California Department of Fair Employment and Housing (DFEH) at (800) 884-1684. This information is available in alternative formats upon request.

YOUTH PROGRAMS

MASTER SPORTS*

Spring Basketball League Coed boys and girls



Build your physical and mental skills with this awesome program that focuses on basketball essentials, giving every player the tools they need to succeed. This class is filled with fun drills and games to improve your game. Incorporated into the lessons is the Fit light Trainer, to train your brain and your game! Students are divided into groups by skill and age to maximize their workout. Spots are very limited.

Classes on Tuesdays

Session I : February 25th –April 11th

Time: 4:00 p.m. – 6:00 p.m.

Grades: 1st – 7th

Day: Tuesdays

Session II: April 15th–May 23rd

Time: 4:00 p.m. – 6:00 p.m.

Grades: 1st – 7th



Volunteer Coaches needed. Contact Ryan Conroy at
Ryan@mastersports.com

For More Information or to register, please visit the website at www.MasterSports.com

FRENCH CLASSES

Native or heritage speakers only as the classes are entirely conducted in French.

Participants must be able to understand and speak in French to participate.

Fun activities, educational games all in French

Day: Wednesday

Session I: March 05,12,19

Session II: April 09,16,23

Session III: May 07,14,21

Time: 4:05 p.m. – 6:05 p.m.

Instructor: Flam San Diego staff

We're only accepting children who can already communicate in French.

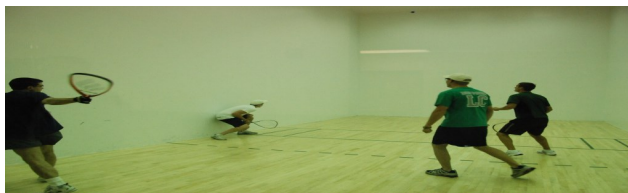
For More Information or to register, please visit the website at www.FLAMSanDiego.com



INDOOR RACQUETBALL COURT

Standley Recreation Center have two indoor Racquetball courts to play. To reserve call our office 858-552-1652.

We provide equipment with an official I.D. **FREE**



ADULT & SENIOR PROGRAMS

AIKIDO

Aikido is a non-competitive martial art focusing on the development of a calm mind, relaxed body and strong spirit.

Day: Tuesday (*Beginners*) [121495]

Ages: 15 years - Adult

Time: 6:30 - 8:00 p.m.

Session: April 1 - June 17

Fee: \$123.00/12 weeks

Day: Thursday (*Inter/Advanced*) [121496]

Ages: 16 years - Adult

Time: 6:30 - 8:00 p.m.

Session: April 03 - June 26

Fee: \$123.00/12 weeks

Day: Saturday (*Mixed Levels*) [121494]

Ages: 16 years - Adult

Time: 10:30 a.m. - 12:00 p.m.

Session: April 05 - June 21

Fee: \$123.00/12 weeks

Instructor: Steven Katz 5th Deg. Black belt., Edeline F. 3rd deg., Tom G. 4th deg., Maiko k. 3rd deg., Sui-Wai 4th deg., Matthew S. 2nd deg.



More information available:
www.kagamidojo.com



HAPPY, HEALTHY, HATHA YOGA

BEGINNER/MIX

Participants will enjoy two hours of serenity, reduce stress and tension, while increasing strength, flexibility, balance and inner harmony. Appropriate for all levels. Participants should bring a towel or blanket.

Please DO NOT EAT within 2 hours of class.

Session I: March 05 - April 09 (6 weeks) [121500]

Session II: April 23 - May 21 (5 weeks) [121501]

Fee: \$122.00/5 weeks \$146.00/6 weeks

Day: Wednesday

Time: 5:30 p.m. - 7:30 p.m.



INTERMEDIATE/MIX

Intermediate Hatha Yoga is a continuation of beginning yoga, deepening the experience of flexibility, strength, awareness and joy.

Session I: March 03 - April 14 (6 weeks) [121502]

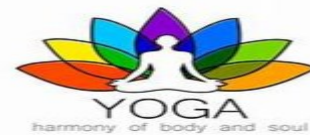
Session II: April 21 - May 19 (5 weeks) [121503]

Fee: \$122.00 / 5 weeks \$146.00/6 weeks

Day: Monday

Time: 5:30 - 7:30 p.m. **No Class March 31 & April 16, 2025**

Instructor: Shelley Aanerud, E-RYT, over 500 hours and Certified Ananda Yoga Instructor: (858) 587-0171



SENIOR BRIDGE & PINOCHLE CLUB

Club meets every Friday from 9:00 a.m. to 12:00 p.m. Bridge, Pinochle and other card games are played. New players are welcome.

Participants can bring a sack lunch, coffee, tea and light snacks are provided.

More information is available by calling Vern at: (619) 465-6463.



QUILT AGAIN CLUB (ADULT) FREE

Participants will share the quilting experience. Bring your own supplies and machine and join other quilters working on projects. Must be 18 years or older.

Day: Thursday from 4:00 - 8:00 p.m. Friday from 9:00 am - 12:00 p.m.

Ages: 18+ years

More information is available by calling Lynn (858) 864-2950 or Maura (619) 298-4211



ADULT & SENIOR PROGRAMS

CITY DANCE ADULT TAP & JAZZ

The City of San Diego Dance Department offers dance classes at affordable prices to enable adults full participation in the study of various styles of dance. Each class meets once a week for 45 minutes.

Registration Begins: December 14

President's & Cesar Chavez Day is CLOSED.

Day: Monday

Fee: \$4246 January 6- May 12, 2025



5:45 p.m. Adult Beg Hip Hop 1A (18+) [119448]

6:30 p.m. Adult Beg Tap 1A (18+) [119449]

7:15 p.m. Adult Beg Jazz 1A (18+) [119450]

8:00p.m. Adult Beg Hip Hop (18+) [119451]

Instructor: Alexis Ledgerwood

For more information contact the Dance Department at:
(619) 235-5255 or visit them on the web at
www.civildancearts.org

VOLUNTEERS

VOLUNTEERS ARE ALWAYS NEEDED TO HELP PUT ON ALL THE SPECIAL EVENTS AT THE STANDLEY PARK RECREATION CENTER. VOLUNTEERS HELP US TO CONTINUE TO PROVIDE FREE AND FUN SPECIAL EVENTS TO THE U.C. COMMUNITY. IF YOU ARE INTERESTED IN VOLUNTEERING PLEASE CALL THE STANDLEY RECREATION CENTER AT:
(858) 552-1652

MAGIC OF PASTELS(Art):

Using watercolor and mixed media students develop a mixed painting using watercolor with gouache, ink, pastels, colored pencils and/ or collage elements.

Day: Wednesday 9:30 a.m. – 1:30 p.m.

The San Diego Community College District offers FREE Continuing Education courses for adults and seniors at the Standley Park Recreation Center.

More information is available by contacting the West City campus at: 619-388-1873.

www.sdccd.edu/students/class-search/cesearch.html



PICKLEBALL INDOOR OPEN PLAY

Fridays 9:00am to 12:00pm.

Standley Gym.

ADULT SPORTS LEAGUES

CO-ED VOLLEYBALL LEAGUE

Adult Co-ed 4's Volleyball League offers two divisions, A and B.

Day: Monday

Time: 6:00 - 9:00 p.m.

Ages: 21 years and older

Fee: \$355.00 per team.

For more information contact League Director, Farid

Phone: (619) 871-0047



TENNIS (ADULT)

Information regarding lessons, clinics, tournaments and other tennis programing contact Aurelie Udall

Email: aurelie.ucrc@gmail.com Phone 413-6351

More information regarding court reservations and memberships by calling UC Racquet Club at: (858) 452-5683



MEN'S BASKETBALL LEAGUE

Day: Tuesday

Time: 6:00 - 9:00 pm

Fee: \$295.00/ team

Interested teams may contact League Director, Anthony LaChica. anthonydlachica@gmail.com



TABLE TENNIS/PING PONG*



Open play first come first serve for ping pong at Standley Recreation Center, located in the Game room.

For more information call our office

858-552-1652. We provide equipment with an official I.D.

Mondays and every fourth Thursday of the month

Note: All Permit Holders are identified in this brochure with an *asterisk.

SPECIAL EVENTS

STANDLEY PARK EGG HUNT

April 12, 2025

10:00 a.m. - 12:00 p.m.

Please bring your own Basket

Schedule:

0 - 2 years

10:00 a.m.

6 - 8 years

10:30 a.m.

3 - 5 years

10:15 a.m.

9 - 10 years

10:45 a.m.

***Activities include Arts & Crafts, Spin art,
and more!***

COMING SOON

**UC CELEBRATION
4TH OF JULY**

**MOVIES IN
THE PARK**

BANANA SPLIT



SUMMER CONCERTS SERIES



University City Parks Council & University City Community Association

This group of concerned residents volunteer their time to advise Parks and Recreation staff on matters related to park and recreation programs, community events, equipment and improvements. They plan, promote, publicize and help provide recreation opportunities for citizens in the University City Community. Groups, clubs and leagues using the parks are encouraged to send a representative to the meetings. Meetings are open to the public. The Standley Park Recreation Advisory Group meets on the 4th Thursday of each month at 7:00 p.m. at the Standley Recreation Center. Any adult who is interested in making an impact or has concerns about the neighborhood parks and recreation center should attend the meetings.