

Parks and Recreation Department

The City of San Diego  
"We Enrich Lives through Quality Parks and Programs"  
[www.sandiego.gov/park-and-recreation/](http://www.sandiego.gov/park-and-recreation/)

# Tierrasanta Recreation Center

## Spring Fling

March 2025 - May 2025

11220 Clairemont Mesa Blvd.  
San Diego, CA 92124  
(858) 573-1393

### City Holidays

**Cesar Chavez Day**  
**Memorial Day**

**Monday, March 31st**  
**Monday, May 26th**



### STAFF

Lacy Bradshaw  
Kelley Clark  
J. Arnell  
Alicia Ambriz  
Angela Bremseth  
Teddy Scott  
Owen Frattini Edwards  
Sean Doonan  
Molly Willingham  
Sean Stephenson  
Nasser Terry

Area Manager II  
Center Director III  
Asst. Center Director  
GMW II  
Recreation Leader I  
Recreation Leader I  
Recreation Leader I  
Recreation Leader I  
Recreation Aide  
Recreation Aide

# GENERAL INFORMATION

## Hours of Operation

Monday	11:00 am - 8:00 pm
Tuesday	10:00 am - 8:00 pm
Wednesday	11:30 am - 8:30 pm
Thursday	10:00 am - 8:00 pm
Friday	12:00 pm - 8:00 pm
Saturday	9:00 am - 4:00 pm
Sunday	9:00 am - 4:00 pm

Hours are subject to change without notice.  
Closed on all City of San Diego holidays.

## Community Recreation Group

This is a citizen's community recreation group made up of involved community members and the representatives of groups that use the facility. These groups of concerned citizens volunteer their time to advise Park and Recreation staff on matters related to park and recreation programs, community events, equipment and improvements. They help provide recreation opportunities for citizens in the Tierrasanta community. Groups, clubs and leagues using the parks are encouraged to send a representative to the meetings. Meetings are open to the public. New membership is encouraged and welcomed. Currently, no meetings are scheduled, due to lack of enrollment and interest. Persons interested in making a positive impact or who have concerns about local parks and the recreation center should contact the recreation center office for more details at (858) 573-1393.

## Tierrasanta Facility

The Tierrasanta Recreation Center has four (4) meeting rooms, a fully equipped kitchen, two (2) full gymnasiums, large playground, lighted outdoor basketball courts, multi-purpose field, and two lighted ball fields.

## Volunteers

Ongoing opportunities are available at recreation centers, pools and regional parks throughout the City, as well as senior and therapeutic recreation programs. If you would like to volunteer, please see staff. For more information, visit:  
[www.sandiego.gov/park-and-recreation/general-info/volunteers.html](http://www.sandiego.gov/park-and-recreation/general-info/volunteers.html)

or contact the Volunteer Office at (619) 533-4017.

## Equipment Check-Out

Sports equipment may be checked out with a personal ID (Drivers License, CA ID, student/school ID, etc.). Keys, phones, headphones, or other items will not be accepted. ID's will be returned when the equipment is returned.

## Therapeutic Services

All activities accommodate people with disabilities. Upon availability, Therapeutic Recreational Services staff will provide additional assistance along with recreation staff (a three (3) week notice is required). An assessment will be made to determine if a one-on-one aide is needed. Therapeutic Recreational Services is a city-wide program that provides recreation opportunities for people with disabilities. For more information, or to be placed on their mailing list, please call (619) 525-8247.

## Numbers to Know

Allied Gardens Recreation Ctr.	(619) 235-1129
San Carlos Recreation Ctr.	(619) 527-3443
Tierrasanta Library	(858) 573-1384
Allied Gardens Library	(619) 533-3970
San Carlos Library	(619) 537-3430
Tierrasanta Pool	(858) 636-4837
Police Non-Emergency	(619) 531-2000

***The Department's vision is:***

***To connect all to the City's diverse world class park system***

# GENERAL INFORMATION

## Rules and Regulations

- Alcohol is permitted at Tierrasanta Park from 6:00 am to 10:00 pm.
- Alcohol is prohibited at all joint-use facilities.
- Bottles, glass containers, balloons, and smoking are prohibited at all City parks.
- All vehicles must park in marked stalls.
- Vehicles are not allowed on the turf, sidewalks, or non-designated roadway.
- It is illegal to use park dumpsters for your household refuse.

## Leash Free Dog Park

Located at the Allied Garden Recreation Center, these two dog parks (1/2 acre for large dogs, 1/4 acre for small dogs) are fenced "leash free" areas and open 6:00 am to dusk every day. Note: This is the only "leash free" area in the park. The rest of the park, dogs on leash. For more information, please contact Allied Gardens Recreation Center Rules for use are posted on the entry gate.

## Dog Etiquette

- Dogs are only allowed off-leash in the designated dog park only.
- When outside of the dog park, keep your dog(s) on their leash and the leash in hand at all times.
- Always pick up after your pet.
- Be sure that your dog is wearing a current license from the County Department of Animal Services.

## Park Address

Tierrasanta Recreation Center  
11220 Clairemont Mesa Blvd.  
San Diego, CA 92124  
(858) 573-1393



## Donations

By donating to our park system, you can help the Park and Recreation Department enrich the lives of others through quality parks and programs. Your gift will help ensure that we meet the needs of the community, including people of all ages, abilities and income levels through recreation, natural open space parks, neighborhood parks, and aquatic programs. For more information on becoming a donor to your favorite park, pool, or recreation program, please contact Kelley Clark, Tierrasanta Center Director at (858) 573-1393.

## Park and Field Reservations

Permits are required to reserve a meeting room, athletic field, and a passive park space, or to place special equipment on park property (i.e. fun jumps, large canopies, etc.) for your group or organization. All groups larger than 50 people require a permit.



**All City of San Diego Parks, Pools  
and Beaches are Smoke Free.**



***Just a Reminder, Public Defibrillators  
are located at all Recreation Centers  
in the City of San Diego.***

# PERMIT/CLASS INFORMATION

## Permit Processing

Permits will only be accepted with a scheduled appointment, which may be made with the Center Director. Permits must be filed ten (10) working days before an event. To schedule an appointment, please contact the Center Director at (858) 573-1393.

## Class Registration

Registration is on a first come first serve basis. Fees are payable at the time of registration. All classes are subject to change or cancellation. There will be no refunds after the first class. Class fees are not prorated or discounted after the beginning of the session. Classes are subject to minimum enrollment.

## Payment Information

All payments for permits and class registrations may be done with electronic check or credit card. No cash or regular checks accepted.

## Insufficient Funds

A minimum fee of \$25.00 will be charged for all declined electronic checks. All customers must verify the bank routing and account numbers are entered correctly.

## Refund Policy

Written refund applications must be submitted, using the City form, in person at the facility where the program occurs. Refund is based on the date the application is submitted.

### **For Classes**

- 96.5% refund - 3 or more calendar days prior to the first class
- 75% refund - less than 3 calendar days prior to the first class
- No refund will be issued for requests submitted later than 24 hours after the first class

## Independent Contractors vs. Permit Holders

The Tierrasanta Recreation Center offers a wide variety of programs for the youth and adults which are provided through the means of three different sources: in-house programs (run by City staff), contractual programs and rental programs. Contractual programs consist of independent contractors that have been approved by the City of San Diego as a sponsored program. Rental programs are commercial companies that rent out the facility to offer their programs and activities for the community. Please see below for specified requirements.

## Requirements for Independent Contractors

All contractors, sub-contractors, and volunteers must be fingerprinted through the City of San Diego Live Scan Process. Contractors must submit a business license and proof of insurance. City staff handles all registration for the program contractors, who must provide Worker's Compensation coverage for all their employees.

## Requirements for Permit Holders/ Rental Programs

Must provide proof of insurance plus endorsement page(s)  
Must provide own advertisement for program. Handles registration for their programs. Rental programs are **NOT required to submit proof of fingerprinting** for their coaches, volunteers and/or instructors.

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### **Refund Policy Exclusions**

- 3.56% processing fee will be deducted from all refunds
- No refund or transfer for non-attendance at any class
- No credits to account
- No refunds for costumes or equipment
- Activity fees less than \$10.00 will not be refunded

*\*For more information, refer to the complete Recreational Programs Refund and Transfer Policy with the receipt*

# REGISTRATION INFORMATION

## Online Registration Information

You may register online for all contractual and recreation programs offered by the Recreation Department using the Online Activity Registration System.

**Log onto: [www.SDRecConnect.com](http://www.SDRecConnect.com)**

### Returning Customers

**(previously registered for classes on-line)**

Click the "My Account" button. Enter your Login (email) and password. Log in with this password to activate your account.

### First Time On-line Users

#### **New Accounts**

Click on the "Create Accounts" button. Fill out the New Account request form completely. Include all required fields (i.e. birth date, gender, email address, etc.) and click submit. Please submit your request **ONLY** once. You will receive a confirmation email at the email address that you provided. Please follow directions provided to activate account.



***PLEASE NOTE (for first time users only):***

Parents/guardians **MUST** create their own account first (before creating an account for a child) using their own information.

Once you have created an on-line registration account, you will have an opportunity to add a child/children, spouse/partner as a family member.

### Class Numbers

When registering online, please be sure to check the listed class number for each program, and use them for easy reference. Please be advised, class numbers will change each quarter.

### FAQ's

If you need assistance during any of this process, please click the FAQ's (Frequently Asked Questions) button for information.



***Effective October 4, 2019, all customers are charged a non-refundable 3.56% processing fee for all registration and reservation transactions. The City accepts electronic checks or credit cards for payment. Cash and regular checks will not be accepted. Credit cards accepted: Visa, Mastercard, Discover, American Express.***

# Tierrasanta Youth Programs

## Dance To Evolve (Independent Contractor)

### Magical Munchkins

This is a gentle Introductory dance class that includes tap and dance games. It is energetic, expressive, fun and will have your magical dancer learning the dance basics in an age-appropriate way. Classes start with tap and transition into ballet each week. Parent (or guardian) required attendance, due to adult participation needed during class.

**Age:** 2 - 3 years  
**Days:** Saturday  
**Time:** 9:15 am - 10:00 am  
**Dates:** April 5 - June 21  
**Class #:** 121056  
**Fee:** \$242.00

### Petite Stars

From tapping toes to graceful ballet moves, every class is an adventure filled with fun and excitement. With a focus on progression and skill-building, our classes gently guide your child towards mastering dance technique while fostering creativity and self-expression. Plus, they'll have the chance to showcase their skills in our annual spring performance, where they'll dazzle the stage! Join our dance family today and let the magic of movement unfold for your little one!

**Age:** 3 - 4 years  
**Days:** Saturday  
**Time:** 10:15 am - 11:10 am  
**Dates:** April 5 - June 21  
**Class #:** 121061  
**Fee:** \$242.00

### Beat Busters Hip Hop

Designed for boys and girls ready to unleash their inner dance superstar, our dynamic class is all about having fun while honing creativity, coordination, musicality, and listening skills. Rest assured, all music and moves are age-appropriate, ensuring a safe and enjoyable experience for all. As dancers groove and grow, they're encouraged to join us on an exciting journey towards our annual Spring showcase, where they'll have the chance to shine on stage and showcase their newfound skills to the world.

## City Dance Classes

The City of San Diego Park and Recreation Department Civic Dance Arts currently conducts dance classes for children at the Kearny Mesa Recreation Center. Tap and Jazz are offered.

Due to the Spring recital, no new registrations will be taken at this time. Listed below are the classes

that are usually offered at Tierrasanta. Look for the upcoming summer program.

The regular classes usually offered on Wednesdays are:

### Pre-Ballet (two classes)

#### Adult Tap 3A/3B

#### Adult Jazz 3A/3B

*For more information on specific start times of classes, please visit [www.cividdancearts.org](http://www.cividdancearts.org) or call 619-235-5255.*

Summer registration opens June 24th at 10:00am.



**Age:** 4 - 7 years  
**Days:** Saturday  
**Time:** 11:15 am - 12:10 pm  
**Dates:** April 5 - June 21  
**Class #:** 121063  
**Fee:** \$242.00

# Tierrasanta Youth Programs

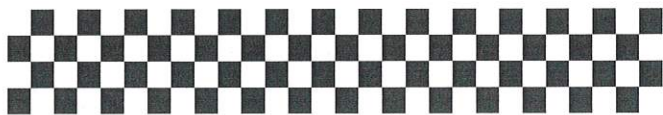
## Fine Arts

(Independent Contractor)

Enjoy learning new art techniques: drawing, watercolor and collage; dragons, dinos, and mermaids. Bonus: Learn acrylic painting.. Art supplies included.

**Age:** 5 - 8 years old  
**Days:** Thursday  
**Time:** 3:30 pm - 4:15 pm  
**Dates:** April 10 - May 8  
**Class #:** 121077  
**Fee:** \$86.00

**Ages:** 9 - 12 years old  
**Days:** Thursday  
**Time:** 4:30 pm - 5:15 pm  
**Dates:** April 10 - May 8  
**Class #:** 121078  
**Fee:** \$86.00



## Sports for Newbies

Hello Sports Newbies!

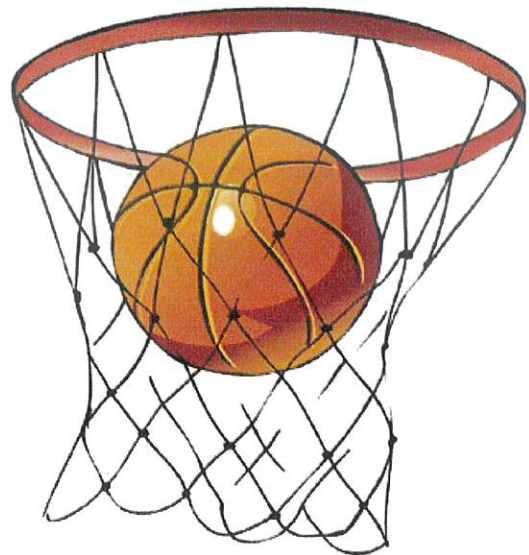
Are you ready to make new friends playing sports? Come out and join us to learn to play soccer, basketball, and kickball. You will become a team player and learn the rules of each sport.

**Ages:** 9 - 12 years old  
**Days:** Thursday  
**Time:** 3:30 pm - 4:30 pm  
**Dates:** March 6 - March 27  
**Class #:** 121081  
**Fee:** \$5.00

## Basketball Skills and Drills

Our Skills and Drills program covers fundamentals such as passing, shooting, dribbling, footwork, and conditioning. Our coaches will also help develop social skills, teamwork, and self-confidence through a mix of hard work and fun on the court. This program is for boys and girls.

**Age:** 8 - 12 years old  
**Days:** Wednesday and Friday  
**Time:** 5:30 pm - 6:30 pm  
**Dates:** April 16 - May 30  
**Class #:** 121904  
**Fee:** \$40.00



***Basketball . . .  
It's a way  
of life!***



# Tierrasanta Adult Activities



# SPRING



## AYSO

[www.ayso152.org](http://www.ayso152.org)

## Tierra Canyon Softball

[www.tierrasantasoftball.org](http://www.tierrasantasoftball.org)

## Tierrasanta Community Council

[www.tierrasanta.cc.org](http://www.tierrasanta.cc.org)

## Tierrasanta Foundation

[www.tierrasantafoundation.org](http://www.tierrasantafoundation.org)

## Tierrasanta Tennis Club

[www.tierrasantatennisclub.net](http://www.tierrasantatennisclub.net)

## Tierrasanta American Youth Football

[info@tierrasantacougars.com](mailto:info@tierrasantacougars.com)

## Tierrasanta Junior Women's Club

(858) 573-2643

## Tierrasanta Kiwanis

[www.tierrasantakiwanis.org](http://www.tierrasantakiwanis.org)

## Tierrasanta Little League

[www.tierrasantalittleleague.org](http://www.tierrasantalittleleague.org)

## Vapor Trails #203 Toastmasters

[www.vaportrailstm.com](http://www.vaportrailstm.com)

\*\*The City of San Diego neither sponsors nor endorses these permitted organizations or this information or activities. Distribution of this material is provided by the City as a community service. Any questions or comments should be directed to the sponsoring agency or instructor.

## Get Fit

(Independent Contractor)

Three welcoming, safe, and enjoyable classes from which to choose that can be enjoyed at any age.

**Fee:** \$99.00/1x week  
\$176.00/2x week  
\$231.00/3x week

**Class #:** 121065/1x week  
121066/2x week  
121067/3x week

## Gentle Yoga & Pilates

Yoga and Pilates are complimentary workouts, and they both offer mind and body benefits. In this class yoga poses are performed at a slower pace, with less intense positions, and with time included for relaxation. Pilates concentrates on core strength and stability and will improve muscular endurance and flexibility.

**Monday** 6:00 pm - 7:00 pm

**Dates:** March 3 - May 19

(No class March 31, April 7)

## Cardio Dance

Become one with the music in this dance class that borrows music and moves from styles such as Zumba™, hip hop, jazz, kickboxing, funk, and disco. Get a great workout with dance routines that have been choreographed specifically to the words and rhythm of the songs, followed by core exercise to trim and tone.

**Thursday** 6:00 pm - 7:00 pm

**Dates:** March 6 - May 22

(No class April 10)

## Strength & Balance

This class is a combination of strength training and basic movements to improve balance and flexibility. A portion includes simple movements for cardiovascular fitness.

**Saturday** 9:00 am - 10:00 am

**Dates:** March 8 - May 24

(No class April 12)

# Tierrasanta Open Play

Open play schedules are subject to change without notice. Facility is closed on all City of San Diego holidays.

## Open Play Basketball

Monday	11:00 am - 3:30 pm (two courts)
Tuesday	10:00 am - 3:30 pm (court #1) 10:00 am - 7:30 pm (court #2)
Wednesday	11:30 am - 7:30 pm (court #1) 4:00 pm - 5:00 pm (court #2)
Thursday	10:00 am - 7:30 pm (court #1)
Friday	12:00 pm - 4:30 pm (court #2)
Saturday	No Open Play
Sunday	12:00 pm - 3:00 pm (court #1)



## Open Play Volleyball

Friday	12:00 pm - 3:30 pm (court #1)
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## Open Play Pickleball

Wednesday	11:30 am - 3:30 pm (court #2)
Thursday	10:00 am - 2:30 pm (court #2)
Sunday	12:15 pm - 1:30 pm (court #2)



***We enrich lives through quality  
parks and programs***



**SPRING**

**KIDS CRAFT**

The City of

**WORKSHOP**

**SAN DIEGO**

**Tierrasanta**  
**RECREATION CENTER**



1:30pm-3:00pm

\*Flower Pot Craft for Kids all  
supplies provided!

**APRIL 12, 2025**

11220 Clairemont Mesa Blvd, San Diego 92124

FOR MORE INFORMATION PLEASE CALL (858) 573-1393

**WWW.SANDIEGO.GOV**

**ALL CITY SAN DIEGO PARKS AND  
BEACHES ARE SMOKE FREE**



AS A RECIPIENT OF FEDERAL FUNDS, THE CITY OF SAN DIEGO CANNOT DISCRIMINATE AGAINST ANYONE ON THE BASIS OF RACE, COLOR, GENDER, RELIGIOUS BELIEF, MARITAL STATUS, SEXUAL ORIENTATION, ANCESTRY, NATIONAL ORIGIN, AGE, MENTAL OR PHYSICAL DISABILITY, MEDICAL CONDITION (INCLUDING HIV, AIDS & AIDS-RELATED COMPLEX), OR ANYONE BELIEVES HE OR SHE HAS BEEN DISCRIMINATED AGAINST. HE OR SHE MAY FILE A COMPLAINT ALLEGING THE DISCRIMINATION WITH EITHER THE CITY OF SAN DIEGO PARK AND RECREATION DEPARTMENT (CONTACT THE DISTRICT

**Free**  
AGES: 2-14 YEARS OLD  
REGISTER WITH THIS CODE:  
**121269**



# VOLUNTEER OPPORTUNITIES

## ALLIED GARDENS RECREATION CENTER

(619)235-1129

Shane Masek SMasek@sandiego.gov  
Center Director

Yolanda Harris YHarris@sandiego.gov  
Assistant Center Director

## SAN CARLOS RECREATION CENTER

(619)527-3443

Alissa Cordova ACCordova@sandiego.gov  
Center Director

Dulce Sandoval SandovalD@sandiego.gov  
Assistant Center Director

## TIERRASANTA RECREATION CENTER

(858)573-1393

Kelley Clark KLClark@sandiego.gov  
Center Director

Jia Arnell JArnell@sandiego.gov  
Assistant Center Director

The City of San Diego is looking for dedicated volunteers to coach youth flag football, basketball, volleyball, soccer, and cheerleading teams! Help make a difference in your community by mentoring young athletes and promoting teamwork, sportsmanship, and fun.

If you're interested, visit your neighborhood recreation center to pick up a volunteer application. All volunteers must pass a background check before they begin.  
Join us in creating a positive and active experience for our youth!

## YOUTH SOCCER

Join us in coaching recreational youth soccer for ages 5-12!

The season runs April – June 2025.

Apply to volunteer by March 6, 2025



## YOUTH VOLLEYBALL

Join us in coaching recreational youth volleyball for ages 10-16!

The season runs April – June 2025.

Apply to volunteer by March 6, 2025



## YOUTH BASKETBALL

Join us in coaching recreational youth basketball for ages 5-14!

Summer season runs June – August 2025 & Winter season runs December – March 2026

Apply to volunteer by May 9, 2025 for summer and November 7, 2025 for winter

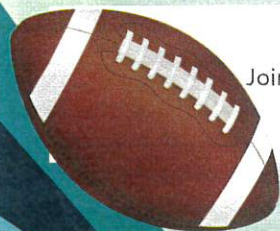


## YOUTH FLAG FOOTBALL

Join us in coaching recreational youth Flag Football for ages 5-14!

The season runs September – December 2025.

Apply to volunteer by August 1, 2025



## YOUTH CHEERLEADING

Join us in coaching recreational Cheerleading for ages 5-12!

The season runs September – December 2025.

Apply to volunteer by August 1, 2025



The City of San Diego is committed to providing an equitable and inclusive environment for all individuals. Consistent with these principles and applicable laws, it is the City's policy not to discriminate on the basis of any protected classification, including age, ancestry, color, creed, physical or mental disability, gender, gender identity, gender expression, genetic information, marital status, medical condition, veteran or military status, national origin, pregnancy (including childbirth, breastfeeding, or related medical conditions), race, traits historically associated with race (including hair texture and protective hairstyles such as braids, locks, and twists), religion, religious belief or observance, religious creed, sex, sex stereotype, sexual orientation, transgender status or transitioning, or any other classification protected by federal, state, or local law (including being perceived or regarded as or associated with any protected classification). If anyone believes they have been discriminated against, they may file a complaint alleging the discrimination with either the City of San Diego, Parks and Recreation Department District Manager at (619) 235-1130, or the California Department of Fair Employment and Housing (DFEH) at (800) 884-1684. This information is available in alternative formats upon request.