

Tierrasanta Pool

11238 Clairemont Mesa Boulevard
San Diego Ca. 92124

858-636-4837
www.sandiego.gov



Fall 2018 | Spring 2019

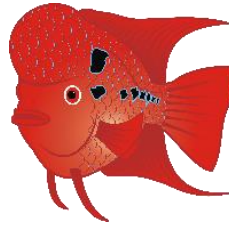
September 4, 2018 - June 16, 2019

FACILITY ADMISSION

Adults (16 years & up) \$4.00
Child/Senior/Disability \$2.00

DISCOUNT PASS FEES

Adults (16 years & up) \$85 / 30 swims
\$30 / 10 swims
Child/Senior/Disability \$40 / 30 swims
\$15 / 10 swims



**Limited space available; sharing & circle swimming may be required and appreciated*

LAP SWIM

Monday/Wednesday/Friday 10:00am-1:00pm
2:00pm-6:30pm
Tuesday/Thursday 10:00am-1:00pm
3:00pm-8:00pm
Saturday 10:00am-3:00pm

RECREATIONAL SWIM

Monday-Friday 10:00am-1:00pm
Saturday 12:00pm-3:00pm

Childrens Pool

Tuesday/Thursday 10:00am-1:00pm
Saturday 11:30am-2:45pm

HOLIDAY HOURS 12:00pm-4:00pm

November 23, 2018 & May 27, 2019

All Aquatic Programs, Schedules and Fees may change due to enrollment and/or be cancelled without notice.

YOUTH SWIM TEAM (6-17 years)

Enrollment is available upon successful completion of Competitive Skills or Pool Manager's approval.



Mon/Wed/Fri 4:45pm-5:45pm \$27 /month

No practice October 15-December 2, 2018

YOUTH WATER POLO (9-17 years)

Participants must be able to swim 200 yards continuously and tread water for one minute.



Tuesday/Thursday 4:45pm-6:15pm \$27 /month

No practice October 15-December 2, 2018

WATER FITNESS

Deep Water Workout- Includes warm-up, cardio-respiratory, strengthening, abdominal work & cool down. Class conducted in deep water, no swimming skills required.

Mon/Wed/Fri/Sat 10:30am-11:30am

Adults/Seniors DISCOUNT PASS
\$3.50 / class \$30 / 10 classes

No class October 15-December 2, 2018

Annual Pool Closure

October 15 - December 2, 2018

To see details about all City of San Diego's Swimming Pools visit:

<http://www.sandiego.gov/park-and-recreation/centers/aquatics/index.shtml>

POOL CLOSED for the following Holidays and Staff Trainings :

November 12, 22, December 25, 2018

January 1, 21, February 18, April 1, May 9 & June 8 2019

DID YOU KNOW...

- Passes expire one year from the date of issue and can be used at any City Pool.
- All persons entering the facility during Recreation and Lap Swim times MUST pay the admission fee and wear proper swim attire at all times. Non-paying patrons must remain in the designated spectator area. **No re-entry is allowed.**
- A paying adult in a swimsuit must accompany children under 7 years of age or less than four feet tall & must remain within arm's reach of the child.

ONLINE REGISTRATION

Online and Walk-in registration begins at 12:00 p.m. on the registration dates listed next to the session dates. To view class times and to create an account log on to the registration site **SDRecConnect.com**

Prior to registering, all participants need to confirm prerequisite eligibility with pool staff. *If prerequisites are not met, Activenet will not allow you to register for any upper level lessons.*

To view session dates, registration dates, class times and classes available please call staff or go to **SDRecConnect.com** and filter by the "Tierrasanta Pool".

Large Group	\$54	8/ 40 minute classes
Private	\$181	5/ 30 minute classes
Semi-Private	\$151	5/ 30 minute classes

REFUND / CLASS CANCELLATIONS POLICY

There are **NO REFUNDS**. Full refunds will only be granted only if class is cancelled by the Pool Manager. Aquatic Programs are run assuming minimum numbers are met. If registration does not meet the stated minimum, the program will be cancelled. In this case you will be notified and staff will try to find another class that will meet your needs or you can apply for a full refund.

SOME THINGS TO KNOW BEFORE YOUR LESSON

- An appropriate swimsuit is always required. Swim diapers are required for children under 4 years old regardless of toilet training.
- If you have a child under the age of 7, a parent or responsible adult must always stay in the spectator area during swimming lessons and swim team practice.
- Patrons are not permitted to swim in the pool if they are suffering from an illness that causes diarrhea or have had diarrhea in the past two weeks. You can spread germs in the water and make other people sick.

ADAPTED AQUATICS

Swimming lessons for individuals with disabilities, ages four and older. Lessons based on students abilities. inclusion support is available for those who are able to participate in the regular scheduled group lessons. Please contact the following pools for more information.

Carmel Valley (858)552-1623	Colina Del Sol (619)235-1147	Kearny Mesa (858)573-1389
Martin Luther King (619)527-3451	Ned Baumer (858)538-8083	Vista Terrace (619)424-0469

NOW HIRING!

Are you interested in becoming a Pool Guard for the City of San Diego? The Aquatics district hires year-round, with interviews every few months. Contact your local Pool Manager for details or take one of our classes offered below!

LIFEGUARDING CLASSES

Want to learn how to save a life and get certified to work as a Pool Guard for the City of San Diego? The WAVE/SAVE Lifeguarding classes are designed to offer individuals training at an affordable cost. Contact the Pool Manager if interested in more information!

\$85 (\$50 class fee & \$35 Red Cross certification)

W.A.V.E. PROGRAM



Colina Del Sol Pool

Saturdays & Sundays September 28-November 9, 2018
Tryouts @ CSD Pool 5:00pm September 28
Colina Del Sol Pool 619-235-1147

S.A.V.E. PROGRAM



Martin Luther King Jr. Pool

Saturdays & Sundays February 2-March 3, 2019
Tryouts @ MLK Pool 9:00am February 2
MLK Pool 619-527-3451

RENTALS: All City Pools are available to rent for exclusive or shared use. For more information, please contact the Pool Manager.

SAFETY CHECKS: There may be ten-minute safety checks conducted every half hour or every hour during Recreational Swim hours.

EMERGENCY TESTING: All City pool personnel are subject to emergency testing at any time. Patron patience and cooperation during these drills are greatly appreciated.

VOLUNTEERS NEEDED! Call the Volunteer Office at (619)533-4017 or visit <http://www.sandiego.gov/park-and-recreation/general-info/employment/volunteer/index.shtml>

DONATIONS: For more information on how you can make a donation, please contact David Monroe, Deputy Director, CPII Division, (619)525-8235

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