



## Community Growing Spaces

**Mount Hope Community Garden**, located at 4261 Market St., is an urban agrarian wellness space which houses an emerging food forest, apothecary, and fruit tree orchard; and cultural learning and sharing experiences. For more information, visit [projectnewvillage.org/our-projects/growing-spaces/](http://projectnewvillage.org/our-projects/growing-spaces/) or @ProjectNewVillage on Instagram.



**Ocean View Growing Grounds**, located at 4540 Ocean View Blvd., is a community garden in Southeastern San Diego. For more information, visit [theglobalactionresearchcenter.org/](http://theglobalactionresearchcenter.org/) or @theovgg on Facebook and Instagram.



**About the San Diego Promise Zone:**  
The San Diego Promise Zone is a federal designation that convenes cross-sector stakeholders with shared goals to co-create a collaborative ecosystem of opportunity and investment. The San Diego Promise Zone works to address systemic racism and inequities to improve the quality of life of more than 85,000 Promise Zone residents across Barrio Logan, Logan Heights, Southeastern, Encanto, and East Village.

**About the Healthy Communities Working Group:**  
As the working group of the Promise Zone that promotes access to health care and healthy food, the Healthy Communities working group's goals include building resident capacity and leadership through the creation of healthy food choices and an accessible food system and championing practices and policies that promote a healthy food system. The working group holds monthly meetings on the third Thursday of every month from 1 p.m. to 2:30 p.m.

**SD PromiseZone**  
Contact Xiomalys Crespo, San Diego Promise Zone Manager at [XCrespo@sandiego.gov](mailto:XCrespo@sandiego.gov) for more information.



# Grow Your Own Food, Flowers and Trees:

## Resources to Garden at Home and in Your Community



**D**o you want to grow your own food, flowers, or trees? Are you interested in connecting with community members who grow their own food? This flyer offers resources for the residents of Barrio Logan, Logan Heights, Encanto, Southeastern, and parts of East Village to grow food in their own yard and community.



## Seed Libraries

**San Diego Public Libraries** offer FREE seeds through their seed library program. For more information, visit [sandiego.gov/sdplseedlibraries](http://sandiego.gov/sdplseedlibraries).

**San Diego Audubon** provides information on making your own native seed library. For more information, visit [sandiegoaudubon.org/what-we-do/native-seed-libraries.html](http://sandiegoaudubon.org/what-we-do/native-seed-libraries.html)





## At Home Growing Resources

**San Diego Co-Harvest** offers free to low-cost installation and upkeep support to families who want to grow their own food (also called micro-farming!). Their other programs include Food Donations and Fresh Food Delivery. For more information, visit [sdcoharvest.com](http://sdcoharvest.com), @SD\_CoHarvest on Facebook, @coharvest\_sd on Instagram, and @SDcoharvest on Twitter, or email [info@coharvestfoundation.org](mailto:info@coharvestfoundation.org).



## School Gardens

Did you know many area schools offer gardens and garden classes for their students? If you're interested in volunteering, contact your neighborhood school or go to [BarrioBotany.org](http://BarrioBotany.org) and select the "Volunteer" button.



## Grow Trees

**Kate Sessions Commitment** offers free to low-cost trees, education and assistance to help residents bring more life to their yard and neighborhood. For more information, visit [katestrees.org](http://katestrees.org) or @KatesTrees on Facebook.



**The Branch Out San Diego** project provides private residential land tree planting and educational tree care program to promote community engagement and environmental awareness. Project materials are available in both English and Spanish. For more information, please visit [branchoutsandiego.org](http://branchoutsandiego.org).

**The San Diego Chapter of the California Rare Fruit Growers** does activities and holds meetings related to growing rare, unusual, and exotic fruits trees. Membership to the San Diego County chapter of CRFG is a \$12 annual fee for regular membership or a \$20 family membership for three named individuals. For more information, please visit [californiararefruitgrowerssandiegochapter.wildapricot.org/](http://californiararefruitgrowerssandiegochapter.wildapricot.org/).



## Educational Resources and Workshops

To learn more general information about gardening, visit the City of San Diego Urban Farming website at [sandiego.gov/urban-farming](http://sandiego.gov/urban-farming).

## Connect with Community Members Who Grow Food

**Project New Village** facilitates a Neighborhood Growers Network to connect residents of the greater Southeastern San Diego area. For more information, visit [projectnewvillage.org/our-projects/neighborhood-growers/](http://projectnewvillage.org/our-projects/neighborhood-growers/) or @ProjectNewVillage on Instagram.

**The San Diego Gardener Facebook Group** is a great community forum to connect with other individuals gardening in San Diego County. To join the group, visit [facebook.com/groups/SDGardener](http://facebook.com/groups/SDGardener).



To attend presentations and monthly Zoom meetings about gardening, visit the San Diego Horticultural Society website at [sdhort.org/Events](http://sdhort.org/Events).

To learn about other community gardens in San Diego, visit the San Diego Community Garden Network at [sdcg.org](http://sdcg.org) or @SDCGN on Facebook.

To learn how to test the quality of your soil, visit the Soil Management Guide at [mastergardenerssandiego.org/schools/gardenbook/soil\\_management/testing.html](http://mastergardenerssandiego.org/schools/gardenbook/soil_management/testing.html) by Master Gardeners of San Diego. Follow @MGASDC on Facebook to stay updated.

**Paradise Gardeners** offers meetings, projects, and events for plant enthusiasts who are passionate about positive impact in Southeastern San Diego. Paradise Gardeners is a membership club (\$15/annually), but membership is not required to attend our meetings. For more information, visit [paradisegardeners.org/](http://paradisegardeners.org/).



**Victory Garden San Diego offers several online educational guides for gardening:**

**GARDENING 101**  
How to Grow Your Own Food available at [victorygardenssandiego.com/resources/vgsd\\_g101\\_english\\_complete.pdf](http://victorygardenssandiego.com/resources/vgsd_g101_english_complete.pdf)

**GARDENING 201**  
How to Start and Manage Community Gardens available at [victorygardenssandiego.com/resources/vgsd\\_g201\\_english\\_complete.pdf](http://victorygardenssandiego.com/resources/vgsd_g201_english_complete.pdf)

**GARDENING 301**  
How to Start and Sustain a School Gardening Program available at [victorygardenssandiego.com/resources/vgsd\\_g301\\_english\\_complete.pdf](http://victorygardenssandiego.com/resources/vgsd_g301_english_complete.pdf)