



Commission on Gang Prevention and Intervention

Youth Sub-Committee

September 10, 2016

11:00 am - 1:00 pm

Location: Sure Harvest Church of Encanto
6540 Brooklyn Avenue
San Diego, CA 92114

(Go to end of cul-de-sac and turn into parking lot from Brooklyn. Sure Harvest Church is behind main church.)

- Welcome & Introductions
- Icebreaker
- What is *Community Trauma*? What is *Community Healing*?
- [Youth Empowerment 15 minute video clip](#)
- Vision of youth-led Youth Sub-Committee
- [Resilience Blooms by Filmmaker Rita Grant](#)
- Impact of Trauma on our Brain
- [What you should know about ACEs \(Adverse Childhood Experiences\)](#)
- How Stress Affects our Well-Being
- Next meeting: School to Prison Pipeline w/reality and solutions
- Once per month meetings/**2nd Saturday 11:00 am - 1:00 pm**